## STANDARD PROCEDURES ALGORITHM FOR CONNECTICUT PHARMACIST PRESCRIBING OF CONTRACEPTIVES

## 1) Pregnancy Screen Evaluate the responses to the Connecticut Routine Hormonal Contraceptive Self-**Possible** Screening Questionnaire Pregnancy IF "YES" TO AT LEAST ONE and free of pregnancy symptoms, proceed to next step. IF "NO" TO ALL of these questions, pregnancy CANNOT be ruled out. - Do not prescribe contraceptive. REFER TO PRACTITIONER Patient is not pregnant 2) Health and History Screen Review Hormonal Contraceptive Self-Screening Questionnaire Contraindicating To evaluate health and history, refer to the USMEC. Condition(s) If ALL Scores are: 1 or 2 (green boxes) - Hormonal contraception indicated, proceed to next step. If ANY Score: 3 or 4 (red boxes) - Hormonal contraception is contraindicated. - REFER **NO** Contraindicating Conditions 3) Medication Screen (Questionnaire #20)? Caution: anticonvulsants, antiretrovirals, antimicrobials, barbiturates, herbs & supplements including but not limited to: Contraindicating carbamazepine lamotrigine primidone topiramate lumacaftor/ivacftor Medication(s) felbamate rifampin/rifabutin oxcarbazepine grisofulvin phenytoin phenobarbital ritonavir St. Johns Wort (Always utilize most current USMEC) **NO** Contraindicating Conditions 4) Blood Pressure Screen Is the patient's blood pressure <140/90? BP>140/90 Note: Pharmacist may choose to take a 2nd reading if the initial result is high. Blood Presssure < 140/90 REFER to 5) Evaluate patient history, preference and current therapy for selection of treatment. Practitioner Not currently on birth control Currently on birth control 5b) Choose Contraception 5a) Choose Contraception Initiate contraception with a maximum 12-Continue contraception with a maximum 12-month supply if no change necessary; month supply based on patient preferences, -or-Alter therapy based on patient concerns (side effects) or refer if adherence and history for new therapy. appropriate. Discuss Initiation Strategy for Initial Treatment/Change in Treatment (as applicable) a. Counseling - Quick Start - Instruct patient she can begin contraceptive today; use backup method for 7 days. b. Counseling - Discuss management and expectations of side effects (bleeding irregularities, etc.).

## 7) Discuss and Provide Referral/Visit Summary to Patient

c. Counseling - Discuss adherence and expectations for follow-up visits.

Encourage: Routine health screens, STI prevention and notification to care provider.