



DEATH

Opioids can cause bad reactions that make your breathing slow or even stop, leading to

What is an opioid overdose?

Vicodin
Percocet
Oxycodone
Morphine
Codeine
Fentanyl
Dilaudid
Opana
Demerol
Heroin

**COMMON
:OPIOIDS:**

**OPIOID
SAFETY**
and
**How to Use
Naloxone**

For treatment options call:
800.563.4086



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TO AVOID AN OVERDOSE:

Don't mix opioids with alcohol, benzodiazepines (Xanax, Ativan, Valium, Klonopin), or other medicines that make you sleepy.

If you have naloxone, tell someone where it is.

Signs of Overdose:

- **Won't wake up**
- **Slow/no breathing**
- **Constricted pupils**
- **Clammy skin**
- **Blue lips/fingertips**
- **Unable to speak**
- **Limp body**

What To Do:

 **Call 911**

- **Give Naloxone**
- **Do rescue breathing**
(one slow breath every 5 seconds)
- **Stay with person until help arrives**

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HOW TO GIVE NALOXONE



Nasal Spray

Tilt person's head back, insert applicator into nostril, and press plunger. If they don't respond within 2-3 minutes, give the second dose.



Nasal Applicator

Remove yellow caps, screw on white cone (atomizer), take purple cap off naloxone and screw into applicator. Insert white cone into nostril, and give half a dose into each nostril. If they don't respond within 2-3 minutes, give second dose.



Auto injector

It contains a speaker that gives step-by-step instructions to inject naloxone into upper thigh, even through clothing.

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