

Screening to Brief Intervention (S2BI)

The following questions ask about your use, if any, of alcohol, tobacco, and other drugs.
Please answer every question by checking the box next to your choice.

IN THE PAST YEAR, HOW MANY TIMES HAVE YOU USED:

Tobacco?

- ☐ Never
- ☐ Once or twice
- ☐ Monthly
- ☐ Weekly or more

Alcohol?

- ☐ Never
- ☐ Once or twice
- ☐ Monthly
- ☐ Weekly or more

Marijuana?

- ☐ Never
- ☐ Once or twice
- ☐ Monthly
- ☐ Weekly or more

STOP if answers to all previous questions are “never.” Otherwise, continue with the questions on the right.

Prescription drugs that were not prescribed for you (such as pain medication or Adderall)?*

- ☐ Never
- ☐ Once or twice
- ☐ Monthly
- ☐ Weekly or more

**or used drugs that were prescribed to you in ways other than as prescribed.*

Illegal drugs (such as cocaine or Ecstasy)?

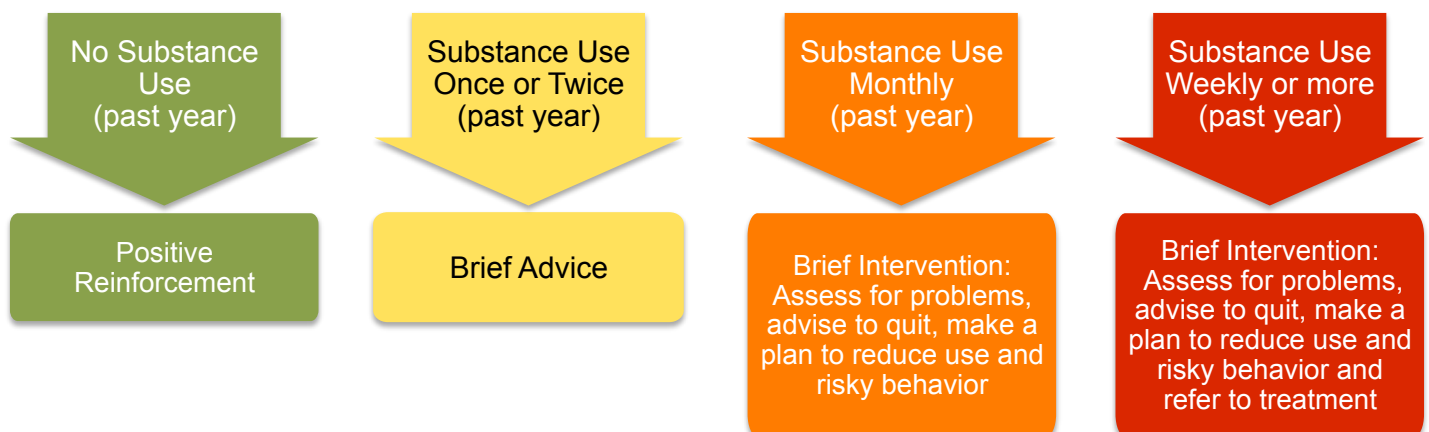
- ☐ Never
- ☐ Once or twice
- ☐ Monthly
- ☐ Weekly or more

Inhalants (such as nitrous oxide)?

- ☐ Never
- ☐ Once or twice
- ☐ Monthly
- ☐ Weekly or more

Herbs or synthetic drugs (such as salvia, “K2” or bath salts)?

- ☐ Never
- ☐ Once or twice
- ☐ Monthly
- ☐ Weekly or more



BRIEF INTERVENTION

Ask questions to identify common problems (ask CRAFT questions); explore pros & cons

Use problems as a pivot point in the conversation; provide feedback

Give clear advice to stop, while acknowledging agency

Target highest risk behaviors; assess readiness; negotiate action plan

Ask permission to include parents in discussion

Invite back for follow-up

Assess for need; make referral to treatment if necessary



Have you ever ridden in a **CAR** driven by someone (including yourself) who was "high" or had been using alcohol or drugs?



Do you ever use alcohol or drugs to **RELAX**, feel better about yourself, or fit in?



Do you ever use alcohol or drugs while you are by yourself, **ALONE**?



Do you ever **FORGET** things you did while using alcohol or drugs?

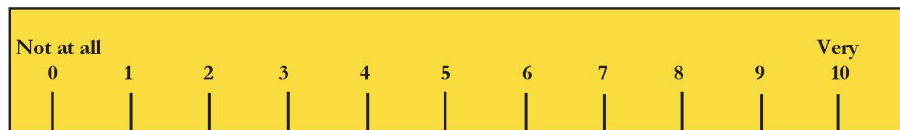


Do your family or **FRIENDS** ever tell you that you should cut down on your drinking or drug use?



Have you ever gotten into **TROUBLE** while you were using alcohol or drugs?

Readiness Ruler



WHAT'S A STANDARD DRINK?



Note: some beers and coolers have more alcohol than one standard drink.

WHAT'S MORE THAN A STANDARD DRINK?

