

SAFE Family Recovery: Recovery Monitoring and Support (RMS)

Program Overview

Recovery Monitoring and Support (RMS) offers regular in-person, virtual, or telephone “check-ins” for six months after substance use treatment ends – regardless of whether the full treatment was completed by the client. RMS staff helps clients to set recovery goals or manage urges to use substances, and link clients to community resources and services that can help them maintain or grow their long-term substance use recovery. RMS can keep working with clients when they re-enter treatment.

Target Population

Adult caregivers ages 18 and older who: 1) are connected to DCF; 2) have a history of prior substance use treatment; and 3) could benefit from support to maintain or grow their recovery from substance use.

Length of Service

RMS is a six-month service providing weekly telephone, video or in-person check-ins.

Program Coverage and Providers

SAFE-FR MDRF is available to families statewide through geographically dispersed teams among five different agencies. Each team covers a larger region of surrounding towns. Choose the team closest to your location.

Geographic Region	Agency Contact
Bridgeport, Norwalk	Clifford Beers Contact: 475-241-2482
New Haven, Milford	CommuniCare Contact: 475-239-2479
Middletown, Norwich, Willimantic	Community Health Resources Contact: 860-510-8568
Hartford, Manchester	Wheeler Health Contact: 860-256-1172
Waterbury, Danbury, Torrington	Advanced Behavioral Health Contact: 860-463-5752
Meriden, New Britain	Wheeler Health Contact: 860-681-1692

Referrals

DCF Social Workers will submit a referral form and release of information to the DCF Gatekeeper. Other referral sources will submit a referral form and release of information directly to the provider.

Program Contact

Ines Eaton, ines.eaton@ct.gov