

## SAFE Family Recovery: Multidimensional Family Recovery (MDFR)

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### Program Overview

Multidimensional Family Recovery (MDFR) is a family-focused service delivered weekly in the family's home. MDFR can help caregivers with things like getting and staying in substance use and mental health treatment, completing a parenting program, and demonstrating that they are able to provide a healthy environment for children. MDFR works with the whole family to support substance use recovery and to increase the child(ren)'s well-being.

### Target Population

Adult caregivers ages 18 and older who are connected to DCF and could benefit from help getting to and staying in substance use treatment and other services.

### Length of Service

MDFR is a six-month service initially providing twice weekly home visits.

### Program Coverage and Providers

SAFE-FR MDFR is available to families statewide through geographically dispersed teams among five different agencies. Each team covers a larger region of surrounding towns. Choose the team closest to your location.

<b>Geographic Region</b>	<b>Agency Contact</b>
<b>Bridgeport, Norwalk</b>	Clifford Beers Contact: 475-241-2482
<b>New Haven, Milford</b>	CommuniCare Contact: 475-239-2479
<b>Middletown, Norwich, Willimantic</b>	Community Health Resources Contact: 860-510-8568
<b>Hartford, Manchester</b>	Wheeler Health Contact: 860-256-1172
<b>Waterbury, Danbury, Torrington</b>	Advanced Behavioral Health Contact: 860-463-5752
<b>Meriden, New Britain</b>	Wheeler Health Contact: 860-681-1692

### Referrals

DCF Social Workers will submit a referral form and release of information to the DCF Gatekeeper. Other referral sources will submit a referral form and release of information directly to the provider.

### Program Contact

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