

# MOBILE CRISIS INTERVENTION SERVICE (MCIS)

---

## Program Overview

[Mobile Crisis Intervention Service](#) (MCIS) provides emergency services including mobile response; psychiatric assessment; medication consultation, assessment, and short-term medication management; behavioral management services; substance misuse screening and referral to traditional and non-traditional services for any family with a child in crisis.

MCIS delivers a range of crisis response and crisis stabilization services to children, youth, their families and caregivers including children residing in relative, adoptive and foster care homes. For children currently involved in clinical treatment, MCIS first assesses the capability of that clinical service to handle the intervention. The MCIS provider is responsible for assuring that the client receives appropriate care during the crisis period.

## Target Population

MCIS is available for any child in CT birth to 18 years (or under age 19 if still in school) who is experiencing a behavioral or emotional crisis for which an immediate response is required and who can safely be treated in the community or home setting. Children and youth currently residing in a psychiatric inpatient, subacute or residential treatment facility are not eligible for MCIS intervention.

## Length of Service and Interventions

MCIS is an immediate, brief crisis service typically lasting one week. MCIS can extend for up to 45 days. Families can call 2-1-1 at any time to reconnect to the service.

After the initial crisis assessment, MCIS develops a follow-up crisis plan with the family/caretaker and provides it to all other appropriate care providers (e.g., family/caretaker, therapist, case manager, school staff, etc.). MCIS provides follow-up care within one week of original contact (but often within a day) to support continued stabilization of the youth in the community, and reinforce linkages to longer-term services and supports.

## Program Coverage and How to Get Connected

MCIS is available statewide by dialing 2-1-1. (There will be additional prompts to dial 1 - and then 1 again for MCIS)

- MCIS is available 24 hours/7 days a week, 365 days of the year. MCIS hours of mobility are: M-F 6:00 AM to 10:00 PM; Sat. Sun. and Holidays 1:00 PM to 10:00 PM.
- During hours of mobility, MCIS Crisis Clinicians are dispatched to the child/youth's home, school, or other community location within 45 minutes of the initial call.

## Program Contact

Yvette Cortez, [Yvette.cortez@ct.gov](mailto:Yvette.cortez@ct.gov)

