

Helping Youth and Parents Enter (HYPE) Recovery

Program Overview

HYPE Recovery provides weekly in-home family-focused treatment for youth up to 21 years old with opioid use problems. HYPE Recovery combines three services: Multidimensional Family Therapy (MDFT), Medication Assisted Treatment (MAT), and Recovery Monitoring and Support (RMS) to reduce opioid use and commonly associated substance use problems, and offers up to 6 months of support after treatment ends. MDFT is an intensive, family-centered treatment for youth with substance use and co-occurring mental health problems. MAT for opioid use problems is available through the program for those youth who need and want it. RMS provides post-treatment recovery monitoring and re-connection to community services and peer supports. On-call clinicians are available for crisis intervention 24 hours per day, seven days a week including weekends and holidays during MDFT treatment.

Target Population

HYPE Recovery is for adolescents and young adults up to 21 years old who: 1) are living in the community with or connected to a family; and 2) have a current opioid use disorder with or without other mental health conditions. Youth who are incarcerated can be referred to HYPE Recovery 30 days prior to anticipated community release. HYPE Recovery defines family to include significant adults who provide the youth with care, basic needs, or social and emotional support.

Length of Service

The average length is up to 12 months: MDFT averages 6 months, and RMCS is up to 6 months after MDFT. MAT services may begin at any time, and continue after discharge as appropriate.

Program Coverage and Providers

HYPE Recovery is available to families in certain area by four different agencies. Each team covers a larger region of surrounding towns. Choose the team closest to your location.

| Geographic Region | Agency Contact |
|---|---|
| New London, Norwich, Willimantic | United Community and Family Services Contact: 860-705-7383 or 860-822-4766 |
| Hartford, Manchester | Community Health Resources Contact: 860-510-6308 or 860-730-8710 |
| Waterbury, Danbury, Torrington | Connecticut Junior Republic Contact: 203-558-9665 |
| Meriden, New Britain | Wheeler Clinic Contact: 860-716-1520 or 860-334-7807 |
| Bridgeport, Norwalk | Boys & Girls Village Contact: 203-690-5140 or 203-339-1835 |
| Milford, New Haven | Wheeler Clinic Contact: 203-464-5867 or 860-334-7807 |

Referrals

If you are from an agency and want to make a referral on behalf of a family, complete the referral form.

Program Contact

Ines Eaton, ines.eaton@ct.gov