

# Substance Use Resource Guide

## FOR FIRST RESPONDERS

This document is intended to inform First Responders and other key partners on harm reduction, treatment and recovery services in Connecticut. There are various treatment options for individuals struggling with opioid use disorders. Paths to recovery include medications, inpatient treatment, 12-step programs, counseling and more. These resources aim to address substance use-related crises, prevent overdose deaths, and provide compassionate, evidence-based care.

### Key Resources and Tools:

Connecticut's 24-hour Hotline: To get connected with a treatment provider, call **1-800-563-4086**

	<h4>Harm Reduction Services</h4> <p>Support individuals and communities in overdose prevention, syringe services and sexual health practices.</p>
	<h4>Substance Use Disorder Walk-In Assessment Centers</h4> <p>Dedicated centers where trained professionals provide compassionate and confidential evaluations for individuals seeking help with substance use issues, without the need for an appointment.</p>
	<h4>Methadone Treatment Programs</h4> <p>Methadone is a long-acting opioid antagonist that reduces opioid withdrawal symptoms and cravings, making it easier for individuals to engage in recovery activities.</p>
	<h4>HUSKY Provider Map - Medications for Substance Use Treatment</h4> <p>Find Behavioral Health Medicaid Providers who offer medications for substance use disorder treatments by name, city or medication.</p>

### Naloxone and Opioid Overdose Rescue Kits

Naloxone is a life-saving medication that can reverse the effects of an opioid overdose. To get trained on how to recognize and respond to an opioid overdose and obtain a free naloxone kit, contact your local Regional Behavioral Health Action Organization (RBHAO).





## Region 1: Catalyst CT | The Hub

Serving Southern CT Towns: Bridgeport, Darien, Easton, Fairfield, Greenwich, Monroe, New Canaan, Norwalk, Stamford, Stratford, Trumbull, Weston, Westport, Wilton.

**Website** [www.catalystct.org/the-hub](http://www.catalystct.org/the-hub)

**Phone Number:** 203-579-2727



## Region 2: Alliance for Prevention & Wellness (APW)

Serving Southcentral CT Towns: Ansonia, Bethany, Branford, Chester, Clinton, Cromwell, Deep River, Derby, Durham, East Haddam, East Hampton, East Haven, Essex, Guilford, Haddam, Hamden, Killingworth, Madison, Meriden, Middlefield, Middletown, Milford, New Haven, North Branford, North Haven, Old Saybrook, Orange, Portland, Seymour, Shelton, Wallingford, Westbrook, West Haven, Woodbridge.

**Website:** [www.apw-ct.org](http://www.apw-ct.org)

**Phone Number:** 203-736-8566



## Region 3: SERAC CT

Serving Eastern CT Towns: Ashford, Bozrah, Brooklyn, Canterbury, Chaplin, Colchester, Columbia, Coventry, East Lyme, Eastford, Franklin, Griswold, Groton, Hampton, Killingly, Lebanon, Ledyard, Lisbon, Lyme, Mansfield, Montville, New London, North Stonington, Norwich, Old Lyme, Plainfield, Pomfret, Preston, Putnam, Salem, Scotland, Sprague, Sterling, Stonington, Thompson, Union, Voluntown, Waterford, Willington, Windham, Woodstock.

**Website:** [www.seracct.org](http://www.seracct.org)

**Phone Number:** 860-848-2800



## Region 4: Amplify, Inc.

Serving North Central CT Towns: Andover, Avon, Berlin, Bloomfield, Bolton, Bristol, Burlington, Canton, East Granby, East Hartford, East Windsor, Ellington, Enfield, Farmington, Glastonbury, Granby, Hartford, Hebron, Kensington, Manchester, Marlborough, New Britain, Newington, Plainville, Plymouth, Rocky Hill, Simsbury, Somers, South Windsor, Southington, Stafford, Suffield, Tolland, Vernon, West Hartford, Wethersfield, Windsor, Windsor Locks.

**Website:** [www.amplifyct.org](http://www.amplifyct.org)

**Phone Number:** 860-267-5439



## Region 5: Western CT Coalition

Serving Western CT Towns: Barkhamsted, Beacon Falls, Bethel, Bethlehem, Bridgewater, Brookfield, Canaan, Cheshire, Colebrook, Cornwall, Danbury, Goshen, Hartland, Harwinton, Kent, Litchfield, Middlebury, Morris, Naugatuck, New Fairfield, New Hartford, New Milford, Newtown, Norfolk, North Canaan, Oxford, Prospect, Redding, Ridgefield, Roxbury, Salisbury, Sharon, Sherman, Southbury, Thomaston, Torrington, Warren, Washington, Waterbury, Watertown, Winchester, Winsted, Wolcott, and Woodbury.

**Website:** [www.WCTCoalition.org](http://www.WCTCoalition.org)

**Phone Number:** 203-743-7741

