**SBIRT Training Schedule and Training Descriptions**

CT Department of Children and Families

***Updated August 5, 2024***

**Schedule**

**SBIRT Foundational Training: Adults and Adolescents**

* September 17, 2024 9am-12pm

<https://events.teams.microsoft.com/event/981db817-bf65-44b8-b515-abbf660c6ffe@c0c09837-6254-45f5-9f31-80f0815bd6eb>

* October 30, 2024 12pm-3pm

<https://events.teams.microsoft.com/event/1249fc8f-7170-490e-bbf0-56c698fd52c3@c0c09837-6254-45f5-9f31-80f0815bd6eb>

* December 11, 2024 9am-12pm

<https://events.teams.microsoft.com/event/3fe0fbd0-f5e3-4d94-bfe4-39e6ca4ca359@c0c09837-6254-45f5-9f31-80f0815bd6eb>

**Motivational Interviewing (MI) Refresher**

Topic 3: Eliciting "Change Talk" and Commitment

* August 7, 2024 1-2pm (Adult and Adolescent Combined)***(updated)***

<https://events.teams.microsoft.com/event/ce7f7770-f481-47b5-b361-bb326edb402d@c0c09837-6254-45f5-9f31-80f0815bd6eb>

* September 10, 2024 12-1pm (Adult)

<https://events.teams.microsoft.com/event/07ab06ec-c601-473e-a2f4-0aebd09e4104@c0c09837-6254-45f5-9f31-80f0815bd6eb>

* September 12, 2024 12-1pm (Adolescent)

<https://events.teams.microsoft.com/event/84822bdc-82f0-4d46-9a4d-53a1a08bdfcd@c0c09837-6254-45f5-9f31-80f0815bd6eb>

**Training Descriptions**

1. **SBIRT Foundational Training: Adults & Adolescents**

**Description:** Sessions are offered **quarterly** to provide an overview of Substance Use Screening, Brief Intervention, and Referral to Treatment (SBIRT) to support DCF staff in gaining the knowledge, skills, and abilities to interpret screening scores, conduct brief interventions and referral to treatments, using motivational interviewing techniques.

**Format:** Virtual, Didactic, video demonstrations, role-play practice exercises

**Training Objectives:** At the end of this training participants will be able to:

* Understand the unique impact substance use has on the adolescent brain
* Define Screening, Brief Intervention, and Referral to Treatment (SBIRT)
* Explain Screening for substance use
* Identify motivational interviewing skills
* Explain the six steps of a Brief Negotiated Interview (BNI)
* Identify best practices for making a Referral to Treatment

1. **Motivational Interviewing (MI) Refresher**

**Description:** Sessions are offered **quarterly** to support ongoing training on motivational interviewing techniques and offer participants an opportunity to refine and advance their Motivational Interviewing (MI) skills and techniques. Sessions will be both didactic and engage in case studies and role-playing exercises to apply MI concepts to real-life scenarios. These sessions can also serve as an opportunity to provide and receive constructive feedback from peers to enhance MI skills and approaches. Each provider is required to attend at least 1 session each quarter.

**Format:** Virtual, Didactic, practice activities

**Training Objectives:** Gain a deeper understanding of MI skills and techniques to enhance positive change in the clients they serve.