

SAFE Family Recovery: Multidimensional Family Recovery (MDFR)

Program Overview

Multidimensional Family Recovery (MDFR) is a family-focused service delivered weekly in the family's home. MDFR can help caregivers with things like getting and staying in substance use and mental health treatment, completing a parenting program, and demonstrating that they are able to provide a healthy environment for children. MDFR works with the whole family to support substance use recovery and to increase the child(ren)'s well-being.

Target Population

Adult caregivers ages 18 and older who are connected to DCF and could benefit from help getting to and staying in substance use treatment and other services.

Length of Service

MDFR is a six-month service initially providing twice weekly home visits.

Program Coverage and Providers

SAFE-FR MDFR is available to families statewide through geographically dispersed teams among five different agencies. Each team covers a larger region of surrounding towns. Choose the team closest to your location.

Geographic Region	Agency Contact
Bridgeport, Norwalk	Wheeler Clinic Contact: 860-422-3710
New Haven, Milford	CommuniCare Contact: 475-239-2479
Middletown, Norwich, Willimantic	Community Health Resources Contact: 860-510-8568
Hartford, Manchester	Wheeler Health Contact: 860-256-1172
Waterbury, Danbury, Torrington	Advanced Behavioral Health Contact: 860-463-5752
Meriden, New Britain	Wheeler Health Contact: 860-681-1692

Referrals

DCF Social Workers will submit a referral form and release of information to the DCF Gatekeeper. Other referral sources will submit a referral form and release of information directly to the provider.

Program Contact

Ines Eaton, ines.eaton@ct.gov