



## DEPARTMENT of CHILDREN and FAMILIES

*Making a Difference for Children, Families and Communities*



Vannessa L. Dorantes  
Commissioner

Ned Lamont  
Governor

The facility is responsible for ensuring that youth are provided with appropriate nutritional care. A Registered Dietitian is available for evaluation and counseling of youth and works in collaboration with the Pediatrician/APRN/MD, nursing staff, and Food Services to ensure that nutritional standards are met, as outlined by state, federal and regulatory bodies.

Meal patterns follow the National School Breakfast and Lunch Program under the guidance of the United State Department of Agriculture (USDA) and the State of Connecticut Department of Education. The facility also participates in the Department of Defense (DoD) produce program. Most meals are created using natural ingredients to control salt and sugar intake and also use local product when available.

For more information regarding meal patterns and special diets parents and guardians make contact the following:

Director of Food Services: Sarsfield Ford  
[Sarsfield.ford@ct.gov](mailto:Sarsfield.ford@ct.gov) 860-704-4166 or 860-292-4008

Dietitian: Carolyn Hogrefe  
[Caroyn.hogrefe@ct.gov](mailto:Caroyn.hogrefe@ct.gov) 860-704-4173

For more information regarding meal patterns:

[www.usda.gov/topics/food-and-nutrition](http://www.usda.gov/topics/food-and-nutrition)

[www.healthiergeneration.org](http://www.healthiergeneration.org)



**Albert J. Solnit Children's Center - South Campus**  
915 River Road, PO Box 2797, Middletown, CT 06457-9297 • Phone 860 704 4000 • Fax 860 704 4123