

Baby is a

Safe Sleeper

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Connecticut Office of
Early Childhood



Baby is a safe sleeper.





**Baby sleeps on their back,
in their own crib.**





**Baby sleeps without
toys, blankets, bumpers
or pillows.**



**Breastfeeding is great
for baby. Mommy, make
sure you stay awake!**





**It is good for Baby to play on
their tummy. Watch Baby
carefully during tummy time!**





**Keep Baby away from
people who are smoking,
using drugs or alcohol.**



My Safe Sleeper

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