

Substance Abuse & Family Violence Services

Rev. 1.29.13

	Program Type	Brief Description	EBP	Target Population	Catchment Area	Average LOS & Annual Capacity
FAMILY VIOLENCE	Integrated Family Violence Program (IFVP)	In-home (primarily) and clinic-based services for families where domestic violence has been identified. Core services include safety planning for survivor and child, trauma focused work with children, dyad-based interventions focused on repairing and healing relationships, and batterer interventions.	No	Cases where: <ul style="list-style-type: none"> • Perpetrator likely to remain in regular contact with survivor and/or children including bio or social father. • There is a need for dyadic work between the survivor and the children. • Batterer has custody or visitation with children • There may or may not be a "no contact" civil or family court order; if there has been an arrest; if the batterer is or is not in the home or if the relationship between the parents is ending or over 	DCF Area Offices: Bridgeport, Hartford, Manchester, Milford, New Haven, Norwich, Waterbury	3 months Annual Capacity: 360
ADOLESCENT SUBSTANCE ABUSE	Adolescent Substance Abuse Outpatient / IOP Treatment	Substance abuse screening and evaluation, individual, group and family therapeutic interventions in a clinic based setting.	No	<ul style="list-style-type: none"> • Youth ages 11-17 years inclusive • Identified problems related to substance abuse with or without co-occurring mental health issues • Priority access for DCF youth 	DCF Area Offices: Bridgeport, Middletown, Milford, New Haven, Norwich, Waterbury, Willimantic	Minimum length of stay: 90 days Annual Capacity: 515
	Multi-Dimensional Family Therapy (MDFT)	Family-based intensive in-home treatment for adolescents with significant behavioral health needs and either alcohol or drug related problems, or who are at risk of substance use. Provides individual, caregiver and family therapy, and case management.	Yes	General: Children who are at imminent risk of removal from their home or who are returning home from residential care. <ul style="list-style-type: none"> • Youth ages 11-18 years • DSM-IV Axis I diagnosis • Complex substance abuse and mental health service needs 	DCF Area Offices: Bridgeport, Danbury, Hartford, New Haven, Norwalk, Manchester, Milford, Stamford, Torrington, Waterbury	4-6 months Annual Capacity: 342
	Multi-Dimensional Family Therapy - (MDFT Special Population)	Same as MDFT above.	Yes	<ul style="list-style-type: none"> • Same as above except this model serves a broader range of youth ages 9-18 years, with priority access for children involved with DCF. 	DCF Area Offices: Bridgeport, Danbury, Hartford, Meriden, Middletown, Milford, New Britain, New Haven, Norwalk, Manchester, Stamford, Torrington, Waterbury	4-6 months Annual Capacity: 486

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ADOLESCENT SUBSTANCE ABUSE	Multi-Systemic Therapy (MST)	Intensive family- and community-based treatment program that addresses environmental systems that impact chronic and violent juvenile offenders -- their homes and families, schools and teachers, neighborhoods and friends.	Yes	<p>General: Children who have returned or are returning home from out-of-home care or who are at imminent risk of placement due to substance abuse, risk of substance abuse, or conduct disorders.</p> <ul style="list-style-type: none"> • Children ages 12 -17 (18 years olds accepted on case-by-case basis) • DSM-IV Axis 1 Diagnosis • Identified substance abuse problem and Conduct Disorder 	<p>DCF Area Offices:</p> <p>Bridgeport, Hartford, Manchester, Milford, New Britain, New Haven, Norwich, Waterbury, Willimantic</p>	<p>3-5 months</p> <p>Annual Capacity: 212</p>
ADOLESCENT SUBSTANCE ABUSE: PAROLE RE-ENTRY	Re-entry and Family Treatment (RAFT)	Enhanced MDFT, an intensive home-based service, for youth involved with Parole who have problems related to substance use and who are reentering their communities after a year or more in a controlled environment. Referrals must be made at least 30 days prior to anticipated or scheduled release from the controlled environment.	Yes	<ul style="list-style-type: none"> • Youth on Parole ages 12 -17 years inclusive • Committed delinquent to DCF • DSM-IV Axis I diagnosis • Using or are at risk of using substances • Exhibit complex behavioral health needs • Reentering their communities after at least one year of incarceration 	<p>DCF Area Offices:</p> <p>Bridgeport, Hartford, Meriden, Milford, New Britain, New Haven and Waterbury.</p>	<p>4-6 months</p> <p>Annual Capacity: 60</p>
	Multi-Systemic Therapy Family Integrated Transitions (MST-FIT)	Intensive in-home family re-entry service for youth on Parole and their families. Integrated individual and family services provided during the period of re-entry from residential or juvenile justice facilities back into their communities. Referrals must be made at least 60 days prior to anticipated or scheduled release from the controlled environment.	Yes	<ul style="list-style-type: none"> • Youth on Parole ages 12-17 ½ years • Has a co-occurring mental health and substance use disorder • Has a committed caregiver • Currently living in a residential or juvenile justice facility and scheduled to return home within 2 months • Youth has received DBT therapy while in placement 	<p>DCF Area Offices:</p> <p>Hartford, Manchester, Middletown, New Britain, Torrington, Waterbury</p>	<p>6 months</p> <p>Annual Capacity: 60</p>

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ADOLESCENT SUBSTANCE ABUSE: PRIORITY POPULATIONS	Multi-Systemic Therapy Transition Age Youth (MST-TAY)	Intensive home-based service for older adolescents who are involved with the juvenile or criminal justice system. Services focused on fostering skills of independent living and addressing problems that impact functioning as an emerging adult.	Yes	<ul style="list-style-type: none"> Youth aged 17-19 years inclusive Serious mental health condition and/or substance abuse disorder, AND Involvement with JJ or CJ system 	DCF Area Offices: Bridgeport, Meriden, Milford, New Haven, Waterbury	Clinical Services: 4-8 months Life Coaching: Up to 14 months Annual Capacity: 30
	Multi-Systemic Therapy Problem Sexual Behavior (MST-PSB)	Intensive in-home family service with clinical interventions for adolescents returning home from out of home placement that has provided sex offender specific treatment, or for adolescents with problem sexual behaviors living in the community who are at high risk for incarceration or residential treatment if intensive community based services are not provided.	Yes	Adolescents 10-17.5 years (exceptions for older youth on a case-by-case basis): <ul style="list-style-type: none"> Convicted and committed to DCF as delinquent due to a sexually abusive offense and who require sex offender specific treatment; or Convicted and committed to DCF as delinquent and who display sexually aggressive/inappropriate behavior and who require sex offender specific treatment; or Not convicted for sexual abuse specific offenses but this issue has been identified and other inclusion/ exclusion criteria are met. 	Statewide	5-7 months Annual Capacity: 80

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CAREGIVER & FAMILY SUBSTANCE ABUSE	Substance Abuse Family Evaluation (Project SAFE)	Single point of entry for evaluations, toxicology screening, OP/IOP treatment services, and recovery supports. Jointly funded by DCF and DMHAS. Administered by ABH.	No	Adult caregivers with problems related to substance use and child maltreatment. Available to families involved with DCF.	Statewide	LOS variable depending on services received. Capacity: N/A
	Recovery Case Management (RCM)	Specialty service available through Project SAFE. Intensive recovery support services and case management for DCF involved families.	No	DCF involved families with: <ul style="list-style-type: none"> • Problems related to substance use, and • Child(ren) at home but who are at risk of removal 	DCF Area Offices: Bridgeport, Hartford, Middletown, New Britain, Norwalk, Norwich, Willimantic	6-9 months Annual Capacity: 330* <i>*Capacity includes RCM and RSVP slots combined</i>
	Recovery Specialist Voluntary Program (RSVP)	Specialty service available at the time of an OTC. Intensive recovery support services, case management and random observed alcohol and drug screenings.	No	DCF involved families who have had: <ul style="list-style-type: none"> • A child(ren) removed under an OTC, and • Caregiver substance use cited as a factor in the removal 	DCF Area Offices: Bridgeport, Hartford, Norwalk, New Britain, Willimantic	Average length of service is 8 months. Annual Capacity: 330* <i>*Capacity includes RCM and RSVP slots combined</i>
	Family Based Recovery (FBR)	Intensive in-home family treatment that combines an evidence-based substance abuse treatment (Reinforcement Based Therapy) with a preferred practice to enhance parenting and parent-child attachment. The combination has not yet been validated as an EBP.*	No*	Families who have: <ul style="list-style-type: none"> • An infant (birth – 3 years) who is at risk of an out-of-home placement due to parental substance abuse. • A parent who has used substances within past 30 days 	Statewide	7 - 18 months. Variable depending upon needs of the family. Annual Capacity: 144
	Multi-Systemic Therapy Building Stronger Families (MST-BSF)	Intensive in-home treatment for families with child maltreatment and substance use problems. Combines two evidence-based practices (MST-Child Abuse Neglect and Reinforcement Based Therapy) but combination is not yet an EBP.*	No*	Families who have: <ul style="list-style-type: none"> • A child between 6 - 17 years old. • An allegation of abuse or neglect within past 180 days, and • At least one caregiver with alcohol or drug abuse related problems 	DCF Area Offices: Meriden, New Britain	6-8 months Annual Capacity: 20