

**REGION 3  
EARLY CHILDHOOD RESOURCE DIRECTORY**

<b>Program</b>	<b>Priority Target Population/Age Range</b>	<b>Primary Treatment Focus &amp; Length of Treatment</b>	<b>Geographic Coverage</b>	<b>Organization</b>	<b>Contact Information</b>
<b>Advocacy Info</b>	Children with disabilities	Provides advocacy information for parents of children with disabilities	Statewide	CT Parent Advocates Center	1-800-445-2722
<b>Birth to Three</b>	Developmental concerns for children ages birth to 3	Home visiting by developmental specialists for children who screen in as developmentally delayed	Statewide	Various agencies	211 Infoline or Birth23.org
<b>Building Bridges Program</b>	Prenatal to age 5	Free home visit services	Windham, Danielson, Killingly, Plainfield, Willimantic, Putnam	Generations Family Health Center	Willimantic - 860-450-0585 x 6507 and Putnam - 860-963-7917 x4141
<b>Child First</b>	Pregnant women and families with children up to age 6	A home visiting program that seeks to develop secure attachments by strengthening the caregiving relationships	Region-wide	Middlesex Hospital UCFS Child & Family Agency	Daphne Donahue 860-358-4069 Karen Viggiani 860-822-4766
<b>Circle of Security</b>	Parents of young children	A relationship-based early intervention program designed to enhance attachment security between parents and children. May be offered in groups or individually; usually 8 weeks in duration.	Norwich area Statewide	Madonna Place DCF	Wendy Yagarich 860-886-6600 Charlie Slaughter 860-550-6682
<b>Early Head Start</b>	Low income families with child prenatal through 3 years of age	Weekly home visits focus on parent education, support, parent-child interaction, child development, community referrals.	Middletown, Portland, Cromwell, Old Saybrook, Clinton, Westbrook	ACES/Middlesex Hospital	Becky Cuevas 860-704-0725

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<b>ECCP (Early childhood Consultation Partnership)</b>	Families with children B-5	Mental Health Consultation program designed to meet the social and emotional needs of children B-5 in early care or education settings. Provides support, education, and consultation to caregivers in order to promote enduring and optimal outcomes for young children.	Statewide	Statewide	860-704-6378 or eccpct.com
<b>EMPS</b>	Youth in crisis	Immediate help with any emotional or behavioral crisis at home, in school, by telephone or in the community. 24/7/365	Statewide	Statewide	211
<b>EvenStart</b>	Parents with children 3 years of age or younger without HS diploma	Provides comprehensive family-centered education programs to improve children's academic success and increase parent's economic opportunities through parent education, early childhood education and home visits	Middletown, Portland	Middletown BOE	Elizabeth Frasier 860-343-6046
<b>Family Based Recovery</b>	Families with co-occurring caregiver substance abuse and infants age B-2 who are at risk of removal from their homes *Need DCF referral	An intensive in-home program to provide parent-child related interventions and sobriety-related interventions to ensure that children develop optimally in drug-free, safe, and stable homes with their parents, siblings, and family	Region-wide	UCFS CHR	860-822-4266 John Eckstein, 860-221-9774

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<b>Family Resource Centers</b>	Families with children birth to K	Enrichment programs for families, caretakers, and young children	Region-wide	Middletown BOE Norwich Public Sch. Willimantic	Amy Waterman 860-638-3742 lvdepina@norwichpublicschools.org
<b>Family Wellness</b>	Families with children ages birth to 5 years	Primary focus on enrichment programs for parents and children including support groups, playgroups, parenting education	Centers in Middletown, New Britain, Meriden, and New London County	CHC Madonna Place	860-347-6971 x3662 860-886-6600
<b>Headstart</b>	Preschool program (ages 3-5) offered on a sliding scale for low-income families	Provides center-based programs and some home visiting	Statewide	Multiple agencies	Lisa Golibiewski 860-346-1284 (Middletown) Hampton - Hillary Murtagh 860-455-1586 Killingly - Dawn McQuade 860-779-0410 Plainfield - Jessica Haeseler 860-564-7787 Putnam- Teresa Lambert 860-963-5357 Windham - Nusie Halpine 860-465-2627 New London - 860-889-1365 or 211
<b>Help Me Grow</b>	Birth to age 5	Ensures that children and their families have access to a system of early identification, prevention and intervention services. Links child health providers, parents and service providers with existing community resources. Also Ages and Stages Monitoring Program	Statewide	Child Development Infoline	800-505-7000

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<b>Maternal Infant Early Childhood Home Visiting Program (MIECHV)</b>	Pregnant women/fathers, and their children	Home visiting program designed to improve birth outcomes and foster early childhood development. Services must begin in pregnancy, through age 3	Norwich, Griswold, and Sprague	Madonna Place - Great Beginnings	Anna Figueroa-Gilbert 860-886-6600
<b>Mid-Level Developmental Assessment</b>	The child assessment covers traditional developmental skill areas including gross and fine motor, cognition, adaptive, and communication and also assesses psychosocial development and behavior. Case Management services provided; children ages birth - 6 years	The assessment results in a comprehensive Service Plan for specific interventions for the child and parent/caretakers (e.g., therapy, special education, health care follow-up). Treatment length 1 - 2 office visits for assessment and 1 feedback session	Statewide	Village for Families and Children	Susan Vader or svader@villageforchildren.org
<b>Middlesex County Early Childhood Councils</b>	Prenatal through age 5	Information about programs regarding early childhood development and school readiness	Middlesex County	United Way	Chris Fahey 860-346-7354 or 860-346-8695
<b>Nurse-Family Partnership</b>	First-time mothers and their babies	Program introduces first-time parents to maternal and child health nurses, supports moms to have a healthy pregnancy, become responsible parents, and provide babies with the best possible start in life.	Region-wide	Visiting Nurse Association of Southeastern CT	860-444-1111 nursefamilypartnership.org

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<b>Nurturing Families Network- Home Visiting Parenting and Pre-natal Groups Nurturing Connections</b>	First time parents demonstrating several psychosocial risk factors; parents may enroll prenatally through 3 months post-partum	Weekly home visits focus on parent education, support, parent-child interaction, child development, community referrals. Treatment length once enrolled may be provided through primary child's fifth birthday; groups and phone support available	Region-wide	Madonna Place Middlesex Hosp. Generations Health Ctr. Day Kimball Hospital Lawrence & Memorial Hospital Generations Family Health (Windham)	Deirdre Cotter Garfield 860-886-6600 Linda McDonald 860-358-6743 Kimm Paluska 860-450-0585 Christine Millett 860-928-6541 x2077 Laurie Read 860-442-0711 . Barbara Kingsbury 860-456-6258
<b>Perinatal Case Management</b>	Pre-natal women and children ages 0-3	Provides case management, counseling, and resource connections	Middlesex County	Middlesex Hospital	Mary Doyle 860-358-6427
<b>School Readiness</b>	3 & 4 year old children	Access/resources for parents, educational opportunities, screening, and coordination of services	Middletown	Middletown BOE	Chris Fahey 860-346-7354
<b>School Readiness Councils</b>	Families with children ages 3 and 4	Access/resources for parents, educational opportunities, screening, and coordination of services	Region-wide	Children First - Norwich	Sherry Bryant 860-823-3782 or Anne Jerome 860-859-5015x149
<b>Service Review Team</b>	Families with children and youth with serious behavioral or mental health challenges	Professional assistance and guidance in a one-time group setting for parents to gain access to appropriate community services and supports	Middlesex County	Middlesex Hospital CHC	Erin Knoll 860-358-3416 860-347-6971
<b>Strong Kids</b>				Backus Hospital	<a href="mailto:Lisa.Cook@wwbh.org">Lisa Cook@wwbh.org</a> or 860-889-8331 x2135

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<b>Systems of Care</b>	Children and youth with serious behavioral or mental health challenges and their families. Birth to 18 years	A comprehensive array of mental health and non-traditional support organized into a coordinated network to meet the child's and family's needs	Region-wide	Middlesex Hospital CHC CHR	Erin Knoll 860-358-3416 860-347-6971 Willimantic - Elizabeth Slezak - 860-456-3215
<b>Triple P</b>	Primary and secondary caregivers of children ages birth to 18 - primarily DCF involved or involved with Community Support for Families	Weekly visits of up to 2 hours aimed at increasing parents' ability to deal with a full range of behavior problems (priority given to DCF families)	Middlesex County New London County Willimantic area	Middlesex Hospital Madonna Place UCFS	860-358-6426 - Ava Hart 860-886-6600 Wendy Yagarich 860-564-6110 - Debra Moyer
<b>WIC</b>	Prenatal women and children up to age 5 with limited financial resources	Provides nutritional food supplements, formula, breast feeding education and nutritional counseling	Statewide	Middlesex Hospital TVCCA Norwich Willimantic	Cathy Murphy 860-358-4086 Sarah Drake 860-425-6562 Or 211
<b>Youth Service Bureaus</b>	Families and children 0-18	Parent/child support and playgroups, parenting classes and presentations, counseling, homework help	Statewide	Municipalities	Ctyouthservices.org