

*John S. Martinez Fatherhood Initiative of Connecticut*  
**2014 FAMILY SERVICES DIRECTORY**



**Teach** • **LOVE** • *Inspire*





teach · love · inspire  
FATHERHOOD INITIATIVE  
OF CONNECTICUT

Dear Colleagues:

As we enter our fifteenth year promoting the *John S. Martinez Fatherhood Initiative of Connecticut* across the state, I am extremely encouraged by the many lives we have touched and the accomplishments we have made together.

We continue to work to support and promote the positive interaction of fathers with their children, understanding that fathers are critical forces in their children's lives, and that they must be acknowledged and assisted with the important role they play -- fathers are a source of love, nurturance and guidance, as well as financial and emotional support.

Fathers in Connecticut should know that they have choices and resources to help them to be part of their children's lives. The Department partners with a wide range of programs and services to assist communities and agencies in identifying and addressing the needs of fathers and families by focusing our efforts on four proven systems change strategies:

- capacity-building in existing programs;
- infusing father-friendly principles and practices into existing systems;
- media advocacy to promote responsible fatherhood; and
- recommending social policy change to strengthen families

I would like to thank the many staff, providers, volunteers, and others who tirelessly work to change state systems and to promote the importance of the positive relationships of fathers with their children. We rely heavily on these unsung heroes to make Connecticut a place where fathers and families are fully supported.

We are pleased to provide you with the 2014 edition of the *Fatherhood Initiative of Connecticut Family Services Directory*. This important resource lists many fatherhood providers, support groups, web-based sites and other resources at the state and local levels that support fatherhood-related issues.

As always, I would like to thank you for your continuing interest in and support of the Fatherhood Initiative.

Best regards,

Anthony Judkins  
Program Manager  
*John S. Martinez Fatherhood Initiative of Connecticut*

**TOLL-FREE INFORMATION AND REFERRAL LINE:  
1-866-6-CTDADS (1-866-628-3237)**

# **John S. Martinez Fatherhood Initiative of Connecticut**

## **Goal**

The goal of Connecticut's Fatherhood Initiative (*Initiative*) is to promote the positive involvement and interaction of fathers with their children. The *Initiative* is a broad-based, statewide program led by the Department of Social Services that is focused on changing systems to improve fathers' ability to be fully and positively involved in the lives of their children.

## **Objectives**

- Promote public education concerning the financial and emotional responsibilities of fatherhood;
- Assist men in preparation for the legal, financial and emotional responsibilities of fatherhood;
- Promote the establishment of paternity at childbirth;
- Encourage fathers, regardless of marital status, to foster their emotional connection to and financial support of their children;
- Establish support mechanisms for fathers in their relationship with their children, regardless of their marital and financial status; and
- Integrate state and local services available for families.

## **Fatherhood Advisory Council Membership**

Chaired by the Commissioner of the Department of Social Services, Council membership includes various divisions of DSS, the Department of Children & Families, Department of Correction, Department of Labor, Department of Mental Health & Addiction Services, Department of Public Health, and the State Department of Education; Juridical Branch Court Support Services, Support Enforcement Services and Family Support Magistrate Divisions; community-based agencies/programs serving fathers and families; faith-based partners; experts in child development; women's and men's advocates; domestic violence experts; the Children's Trust Fund; Greater Hartford Legal Aid; community technical colleges; and Commission on Children; and The Consultation Center at Yale University.

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## FATHERHOOD RESOURCES

### CONNECTICUT

*Connecticut Clearinghouse*

[www.ctclearinghouse.org](http://www.ctclearinghouse.org)

[www.ctparenting.com](http://www.ctparenting.com)

*A Service of the Department of Children and Families*

*John S. Martinez Fatherhood Initiative of Connecticut*

1-866-6-CTDADS

(1-866-628-3237)

[www.ct.gov/fatherhood](http://www.ct.gov/fatherhood)

*Unity Way of Connecticut*

2-1-1

[www.infoline.org](http://www.infoline.org)

### NATIONAL/OTHER STATES

*American Coalition for Fathers & Children*

1-800-978-3237

[www.acfc.org](http://www.acfc.org)

*Center on Fathers, Families & Public Policy*

(608) 257-3148

[www.cffpp.org](http://www.cffpp.org)

*Children's Rights Council*

(301) 459.1220

[www.crckids.org](http://www.crckids.org)

*Men's Health Network*

(202) 543-6461 ext. 101

[www.menshealthnetwork.org](http://www.menshealthnetwork.org)

*National Center for Children in Poverty*

(646) 284-9600

[www.nccp.org](http://www.nccp.org)

*National Center for Fathering*

1-800-593-DADS

(1-800-593-3237)

[www.fathers.com](http://www.fathers.com)

*National Center for Strategic Non-Profit  
Development & Community Leadership*

(202) 429-2027

1-888-775-6725 (toll free)

[www.npcl.org](http://www.npcl.org)



*National Fatherhood Initiative*

(301) 948-0599

[www.fatherhood.org](http://www.fatherhood.org)

*National Fathers' Network*

(425) 653-4286

[www.fathersnetwork.org](http://www.fathersnetwork.org)

*National Healthy Marriage Resource Center*

[www.healthymarriageinfo.org](http://www.healthymarriageinfo.org)

*National Responsible Fatherhood  
Clearinghouse*

1-877-4DAD411

[www.fatherhood.gov](http://www.fatherhood.gov)

*University of Minnesota  
Children, Youth & Family Consortium*

(612) 625-7849

[www.cyfc.umn.edu/family/index.html](http://www.cyfc.umn.edu/family/index.html)

*US Department of Health & Human Services*

(202) 619-0257

1-877-696-6775 (toll free)

[www.fatherhood.hhs.gov](http://www.fatherhood.hhs.gov)



## STATEWIDE PROGRAMS/SERVICES

### **COMMUNITY ACCOUNTING AID AND SERVICES, INC. (CAAS)**

965 East Main Street  
Meriden, CT 06450

Telephone: (203) 235-2333 x7146

Contact: Jack Collins

E-mail: [ctcaas@hotmail.com](mailto:ctcaas@hotmail.com)

Website: [www.ctaccountingaid.org](http://www.ctaccountingaid.org)

#### **Overview of Services/Program**

Community Accounting Aid and Services, Inc. (CAAS) is a private not-for-profit corporation whose purpose is to provide free accounting and financial counseling to qualified economically disadvantaged businesses, individuals and not-for-profit organizations in Connecticut who are not currently being served by an accountant.



### **CONNECTICUT CLEARINGHOUSE**

334 Farmington Avenue, Plainville, CT  
06062

Telephone: (860) 793-9791 (Voice/TTY) or  
1-800-232-4424 (toll free)

Fax: (860) 793-9813

Website: [www.ctclearinghouse.org](http://www.ctclearinghouse.org)

#### **Overview of Services/Programs**

Connecticut Clearinghouse is the state's premier library and resource center for information on mental health, substance use disorders, prevention and health promotion, treatment and recovery, wellness and other related topics. Resources and services are available to anyone who lives or works in the state. Connecticut Clearinghouse's collection includes books, videos, curricula, DVDs for loan; pamphlets, posters, and reproducible fact sheets for distribution. All resources are accessible through our online resource catalog (visit [www.ctclearinghouse.org](http://www.ctclearinghouse.org) and click on "Resource Catalog"), and may be either picked up at the Clearinghouse or mailed to you. In addition, Connecticut Clearinghouse provides the following services: quarterly Courier newsletter; statewide email listserv; regular educational programs and events including the First Friday Film Festivals; expert research assistance; customized bibliographies; conference room facility available for trainings and other meetings; government documents, statistical data and other reference materials. Hours: M, T, W, F 8:30 a.m. – 5:00 p.m.; Th 8:30 a.m. – 7:30 p.m. A drop box is available in the front of the building to return materials when the Clearinghouse is closed.

## CT COMMISSION ON CHILDREN

18-20 Trinity Street, Hartford, CT 06106

Telephone: (860) 240-0290

Fax: (860) 240-0248

Contact: Elaine Zimmerman, Executive Director

E-mail: [elaine.zimmerman@cga.ct.gov](mailto:elaine.zimmerman@cga.ct.gov)

Website: <http://www.cga.ct.gov/coc/>

### Overview of Services/Program

This fatherhood-advocacy initiative strives to augment understanding of the special role fathers have in the healthy development of their children. The Commission also advocates on the state and national levels for increased funding and for the development of policies/programs to support fathers.



## CT DEPARTMENT OF CHILDREN & FAMILIES

DCF Hotline: 1-800-842-2288

Contact: Brett S. Rayford, Psy.D., MBA  
Director of Adolescent and Juvenile Justice Services

E-mail: [brett.rayford@ct.gov](mailto:brett.rayford@ct.gov)

Website: [www.ct.gov/dcf/site](http://www.ct.gov/dcf/site)

### Overview of Services/Programs

The central focus of the Department of Children and Families (DCF) is to work together with families and communities to improve child safety, ensure that more children have permanent families and advance the overall well-being of children. DCF implements the Connecticut Comprehensive Outcomes Reviews (CCOR) includes components specific to examining the agency's efforts and effectiveness to serve Connecticut birth fathers giving DCF the unique ability to collect and analyze data for the purposes of informing practice and systemic enhancements. In 2008, DCF developed and implemented an Engaging Fathers in-service training curriculum available to all levels of staff. Further, DCF has implemented the Fatherhood Matters Initiative. The goal of the initiative is to promote father effective practices and includes strategies for raising awareness, developing and maintaining a birth father specific service array, and creating forums for dialogue to incorporate various stakeholder perspectives. This effort includes a focus on incarcerated fathers with children in care as well as services designed to enhance the parenting and self-sufficiency skills of adolescent fathers in the Juvenile Justice and Child Welfare systems. As the fatherhood field evolves with new and promising family centered programs, services and initiatives on the horizon, DCF will continue to integrate best practices, and form partnerships with key stakeholders including birth parents, community providers, and organizations in an effort to promote the safety, permanency, and well-being for the children and families of Connecticut.

## **CT DEPARTMENT OF CORRECTION**

*Offender Programs and Victim Services*

24 Wolcott Hill Road, Wethersfield, CT

Telephone: (860) 692-7691

E-mail: [patricia.kupec@ct.gov](mailto:patricia.kupec@ct.gov)

Contact: Patricia Kupec

Website: [www.ct.gov/doc](http://www.ct.gov/doc)

### **Overview of Services/Program**

The Connecticut Department of Correction is committed to supporting the successful reintegration of offenders into their home communities as a means of reducing recidivism and enhancing public safety. While still incarcerated, toward the end of their sentence, offenders are offered extensive assistance with such issues as employment, housing, identification and family matters. The agency also endeavors to provide, for appropriate offenders, a period of supervision in the community prior to the end of sentence that further bridges their transition back into law abiding society.

## **CT DEPARTMENT OF MENTAL HEALTH & ADDICTION SERVICES**

[www.ct.gov/dmhas](http://www.ct.gov/dmhas)

Contact: Carol Meredith, MPA

Assistant Director, Prevention & Health Promotion Unit

Email: [carol.meredith@ct.gov](mailto:carol.meredith@ct.gov)

Telephone: (860) 418-6826

### **Overview of Services/Program**

The Department of Mental Health and Addiction Services (DMHAS) promotes and administers comprehensive, recovery-oriented services in the areas of mental health treatment and substance abuse prevention and treatment throughout Connecticut. While the Department's prevention services serve all Connecticut citizens, its mandate is to serve adults (over 18 years of age) with psychiatric or substance use disorders, or both, who lack the financial means to obtain such services on their own. DMHAS also provides collaborative programs for individuals with special needs, such as persons with HIV/AIDS infection, people in the criminal justice system, those with problem gambling disorders, substance abusing pregnant women, persons with traumatic brain injury or hearing impairment, those with co-occurring substance abuse and mental illness, and special populations transitioning out of the Department of Children and Families. DMHAS operates on the belief that most people with mental illnesses and/or substance use disorders can and should be treated in community settings, and that inpatient treatment should be used only when absolutely necessary to meet the best interests of the patient. Effective care requires that services such as residential, supportive, rehabilitative and crisis intervention programs are available within their local communities.

**Above all, children need our unconditional love, whether they succeed or make mistakes; when life is easy and when life is tough.**

**~ Barack Obama**

## CONNECTICUT OFFICE OF EARLY CHILDHOOD

Division of Family Support Services  
25 Sigourney Street, Hartford, CT 06106  
Telephone: (860) 424-5623  
Fax: (860) 424-4966  
Contact: Karen Foley-Schain  
E-mail: [karen.foley-schain@ct.gov](mailto:karen.foley-schain@ct.gov)  
Website: [www.ct.gov/oec](http://www.ct.gov/oec)

### Overview of Services/Programs

The Division of Family Support Services provides a comprehensive approach to preventing child abuse and neglect to ensure the health, well-being and positive growth and development of all young children in Connecticut. The division identifies and supports the most effective means of assisting and strengthening families, communities, and human services workforce in order to prevent child abuse and neglect. To do this, staff provide training and contract for direct services to help: parents become effective caregivers and develop nurturing relationships with their children (i.e. through home visiting and creating single points of access to services in communities); communities and human service staff become more responsive to the needs of children and support their positive growth and development (i.e. truancy prevention, child development system building, provider trainings in maternal and child health, developmental screening); families find resources in time of need.

## CT DEPARTMENT OF PUBLIC HEALTH

Family Health Section  
Telephone: (860) 509- 8074  
Contact: Rosa Biaggi  
Email: [rosa.biaggi@ct.gov](mailto:rosa.biaggi@ct.gov)  
Website: [www.ct.gov/dph/site](http://www.ct.gov/dph/site)

### Overview of Services/Program

The Family Health Section (FHS) within the DPH improves the health of CT's residents across the lifespan through culturally appropriate surveillance, public education, family-centered interventions and preventions through community-based capacity building. The Family Health Section (FHS) goal is to optimize the health of families with a vision that all individuals and families achieve optimal health through appropriate and comprehensive health services. FHS oversees children/youth with special health care needs, newborn hearing screening, family planning, perinatal case management services, fetal/infant/maternal mortality surveillance, school based/community health centers, intimate partner and sexual violence prevention, Primary Care Office activities such as shortage designations and National Health Service Corps applications, women's health collaborations, and perinatal depression. Call for more information.





## CT DEPARTMENT OF SOCIAL SERVICES

*John S. Martinez Fatherhood Initiative of Connecticut*

Central Office

25 Sigourney Street, Hartford, CT 06106

Telephone: (860) 424-5696

Fax: (860) 951-2996

Contact: Anthony Judkins

E-mail: [anthony.judkins@ct.gov](mailto:anthony.judkins@ct.gov)

DSS Website: [www.ct.gov/dss](http://www.ct.gov/dss)

Fatherhood Initiative Website:

[www.ct.gov/fatherhood](http://www.ct.gov/fatherhood)

Toll free number: 1-866-6-CTDADS

### Overview of Services/Programs

The Department of Social Services (DSS) provides a broad range of services to the elderly, persons with disabilities, families, and individuals who need assistance in maintaining or achieving their full potential for self-direction, self-reliance and independent living. It administers over 90 legislatively authorized programs and one-third of the state budget. DSS administers most of its programs through offices located throughout the state. Within the department, the Bureau of Rehabilitation Services provides vocational rehabilitation services for eligible individuals with physical and mental disabilities at 23 offices throughout the state. For the other programs, services are available through 11 offices located in the three regions, with central office support located in Hartford. In addition, many services funded by the agency are available through community-based agencies. Many of the services provided by the Department are available via mail or phone call. In accordance with Public Act No. 99-193, the Department of Social Services serves as lead agency for the implementation of the *John S. Martinez Fatherhood Initiative of Connecticut*. DSS works with community-based partners throughout Connecticut and sponsors/participates in events that support father involvement.

## CT JUDICIAL BRANCH, COURT SUPPORT SERVICES DIVISION

*Family Services*

Joseph DiTunno, Program Manager

Telephone: (860) 721-2167

Fax: (860) 258-8976

E-mail: [Joseph.DiTunno@jud.ct.gov](mailto:Joseph.DiTunno@jud.ct.gov)

Website: [www.jud.ct.gov/CSSD/](http://www.jud.ct.gov/CSSD/)

### Overview of Services/Programs

The Court Support Services Division (CSSD) was established in February 1999, to respond to the changing needs of judges, attorneys, litigants, defendants, and communities, while providing on-going public safety. Judges now have all available pre-trial services, family services, offender sentencing and supervision options for adults and juveniles, as well as juvenile detention services, coordinated through the single CSSD division and managed from a central office. The CSSD established five regional service areas that closely resemble those of the Executive Branch for more efficient integration of its treatment planning and service delivery efforts with the state's human service agencies. CSSD incorporates Family Civil Services that assist the court and clients in the resolution of family and interpersonal conflicts with negotiation, mediation, and evaluation and education services in each Judicial District. Family Criminal Court services provided by CSSD's Family Services Unit include comprehensive assessment and interventions that address domestic violence cases and victim/complainants in each geographical area court site. In recognition of the distinct needs of adults and juveniles, two separate but parallel, service delivery systems were developed. CSSD Juvenile Probation provides a full continuum of monitoring, supervision and referral services for Delinquency, Judicial and Non Judicial Cases, and Families with Service Needs (FWSN) juveniles. Addresses and phone numbers for local offices can be located on the website. CSSD administers Juvenile Detention services in state run Centers that it operates in Hartford, New Haven and Bridgeport. The CSSD also administers contracts for three privately run all girls' detention centers located in Hartford, Hamden and Norwalk.

## CT JUDICIAL BRANCH, COURT SERVICE CENTERS

Contact: Priscilla Arroyo

Court Planner

Telephone: (860) 515-5153

E-mail: [priscilla.arroyo@jud.ct.gov](mailto:priscilla.arroyo@jud.ct.gov)

Website: [www.jud.ct.gov/csc/](http://www.jud.ct.gov/csc/)

### Overview of Services/Program

Court Service Centers provide services for self-represented parties, members of the bar, and the community at large. They are located within Judicial District Courthouses, and are staffed by Judicial Branch employees trained to assist all court patrons. Several Court Service Centers have bilingual staff. Court Service Centers are located in Superior Courthouses, and are open in most locations from 9:00 a.m.-5:00 p.m. weekdays, except on legal holidays. Services include: Statewide Calendar and Docket Information (Civil and Family cases); Court Forms and Judicial Publications; Public Use Computers and Printers with Internet Access and Word Processing; Electronic Filing; Printers; Copiers; Fax Machines; Phones; Work Space; Staff Assistance; Notary Public Services. Call your local service center for more information.

<b>Ansonia-Milford Judicial District courthouse</b> , 1st floor	(203) 283-8260
<b>Danbury Judicial District courthouse</b> , Lower Level	(203) 207-8766
<b>Fairfield Judicial District courthouse; 2 locations:</b> 1061 Main Street, Bridgeport, 1st floor	(203) 579-7210
One Lafayette Circle, Bridgeport	(203) 576-3602
<b>Hartford Family Court</b> , 2nd floor	(860) 706-5064
<b>Meriden Judicial District courthouse</b> , 2nd floor	(203) 238-6499
<b>Middlesex Judicial District courthouse</b> , 1st floor	(860) 343-6499
<b>New Britain Judicial District courthouse</b> , 2nd floor	(860) 515-5153
<b>New Haven Judicial District courthouse</b> , 1st floor	(203) 503-6819
<b>Norwich Judicial District courthouse</b> , 2nd floor	(860) 823-0857
<b>Stamford Judicial District courthouse</b> , 4th floor	(203) 965-5297
<b>Tolland Judicial District courthouse</b> , 1st floor	(860) 896-4945
<b>Waterbury Judicial District courthouse</b> , 1st floor	(203) 591-3308

To the world you may be one person  
but to one person you may be the world.

~ Bill Wilson

## **CT JUDICIAL BRANCH, SUPPORT ENFORCEMENT SERVICES**

SES Administration

287 Main Street

East Hartford, CT 06118

Telephone: (860) 569-6233 x3004

Fax: (860) 569-6557

Contact: Dalia Panke, Deputy Director,  
Community and Program Initiatives

E-mail: [dalia.panke@jud.ct.gov](mailto:dalia.panke@jud.ct.gov)

Website: [www.jud.ct.gov/childsupport](http://www.jud.ct.gov/childsupport)

Child Support Call Center, toll free:

1-800-228-KIDS (5437)

### **Overview of Services/Program**

Support Enforcement Services (SES) is part of the Judicial Branch, Court Operations Division. We work closely with state and federal agencies to operate the Connecticut Child Support Enforcement Program. Our primary job is to help parents enforce and modify their child support orders. SES is committed to providing accurate information and appropriate services in a prompt, courteous and professional manner. Our mission is to assist parents in securing financial and medical support for their children by providing quality services and information to parents, the court and the community in a courteous, efficient and effective manner that is sensitive to the contributions both parents make to their children's development. Services are provided through 12 regional offices across the state.



## **CT STATE DEPARTMENT OF EDUCATION**

*School-Family-Community Partnerships Project*

25 Industrial Park Road

Middletown, CT 06457

Telephone: (860) 807-2122

Fax: (860) 807-2127

E-mail: [judy.carson@ct.gov](mailto:judy.carson@ct.gov)

Website: [www.sde.ct.gov/sde](http://www.sde.ct.gov/sde)

### **Overview of Services/Programs**

The Connecticut State Department of Education is the administrative arm of the Connecticut State Board of Education. Through leadership, curriculum, research, planning, evaluation, assessment, data analyses and other assistance, the Department helps to ensure equal opportunity and excellence in education for all Connecticut students. The Department is responsible for distributing funds to the state's 166 school districts. The Department also operates the Connecticut Technical High School System. Family & Community Involvement and youth Development Programs include After School Initiatives; 21st Century Community Learning Centers; Extended School Hours Programs; Faith Based Programs; Family Resource Centers; Family Literacy; Homeless Education; Learn and Serve America; School-Family-Community Partnerships; Supports for Pregnant and Parenting Teens Program; Young Parents Programs; and Youth Service Bureaus.

The School-Family-Community Partnerships help educators, parents and community members develop partnerships by providing training, workshops, a newsletter, and a collection of books, videos and other resources. The project is designed to promote policies and programs at the local level and to increase public awareness of the positive impact of child-family-school partnerships on student learning.

## **STATEWIDE LEGAL SERVICES OF CONNECTICUT**

424 Main Street

Middletown, CT 05457

Client Hot line: 1-800-453-3320

Admin Telephone: (860) 344-8096

Fax: (860) 344-1918

Contact: Janice J. Chiaretto, Director

E-mail: [jchiaretto@slsct.org](mailto:jchiaretto@slsct.org)

Website: [www.probono.ctlawhelp.org](http://www.probono.ctlawhelp.org)

### **Overview of Services/Programs**

SLS is the legal aid advice and referral center for low income people of Connecticut with civil legal needs. Major Areas covered: Family, Housing, Public Benefits, Consumer. SLS charges no fee for its services.

## **THE CONNECTICUT PARENT ADVOCACY CENTER, INC. (CPAC)**

**Main Office:** 338 Main Street, Niantic, CT 06357

Telephone V/TTY: (860) 739-3089

Toll-free Telephone: 1-800-445-CPAC (2722)

Fax: (860) 739-7460

Fair Haven Community Health Center Satellite Office Telephone: (203) 776-3211

E-mail: [cpac@cpacinc.org](mailto:cpac@cpacinc.org)

Website: [www.cpacinc.org](http://www.cpacinc.org)

Spanish-Speaking Staff Available

### **Overview of Services/Program**

CPAC is a statewide, nonprofit organization that offers information and support to families of children and young adults – from birth to age 26 – with any disability or chronic illness. CPAC believes that parents can be the most effective advocates for their children, given the confidence that knowledge and understanding of special education laws and what their procedures can do. CPAC is staffed by parents of children with disabilities who have training in, and personal experience with, the law and disability issues. CPAC conducts in-service presentations for schools, teachers-in-training and service providers; speaks with parents on a daily basis; and serves on numerous statewide committees.

***My father gave me the greatest gift anyone could give another person, he believed in me.***

**~ Jim Valvano**



## PROGRAMS/SERVICES: FAIRFIELD COUNTY

Serving Berkshire, Bethel, Branchville, Bridgeport, Brookfield, Byram, Cos Cob, Cranbury, Danbury, Darien, Easton, Fairfield, Georgetown, Glenville, Greenfield Hill, Greenwich, Hawleyville, Huntington, Long Hill, Lyons Plain, Mill Plain, Monroe, New Canaan, New Fairfield, Newtown, Nichols, Noroton, Noroton Heights, Norwalk, Redding, Redding Ridge, Ridgefield, Riverside, Round Hill, Sandy Hook, Saugatuck, Shelton, Sherman, Southport, Stafford, Stamford, Stepney, Stratford, Trumbull, Weston, Westport, Wilton, Winnipauk

### **A.B.C.D. Inc.**

Early Learning Division - *Fantastic Fathers Are Concerned Too*

1070 Park Avenue

Bridgeport, CT 06604

Telephone: (203) 366-8241

Fax: (203) 337-6200

Contact Person: Monette Ferguson, Early Learning Director

E-mail: [mferguson@abcd.org](mailto:mferguson@abcd.org)

#### **Overview of Services/Program:**

ABCD, Inc. provides early learning services to children ages 6 weeks to 5 years old.

Programs are provided at 13 learning sites in the greater Bridgeport area and are available on a low cost or free sliding scale. Full and part day programs include free meals and snacks with comprehensive services for families including health, nutrition, child development and mental health/disabilities. ABCD Inc. encourages and supports male involvement in all aspects of the program and aims to strengthen family engagement by offering a variety activities and events. Positive males are encouraged to engage in all areas of learning, join committees, participate in Policy Council, and take part in volunteer opportunities.

### **CENTRAL HIGH SCHOOL**

*Support For Pregnant and Parenting Teens*

1 Lincoln Boulevard

Bridgeport, CT 06606

Telephone: (203) 332-3347

Contact: Michele Neary, Social Worker

Email: [mneary@bridgeportedu.net](mailto:mneary@bridgeportedu.net)

#### **Overview of Services/Program**

SPPT is a school-based system for pregnant and parenting teens in grades 9-12. The program focuses on improving the health, education and social outcomes for pregnant/parenting students and their children. Some of the services that are provided include flexible quality schooling, case management and family support, referrals to health services, home visiting, quality childcare for children, parenting, life skills education and support services, and father involvement services and support. SPPT services teen moms, teen dads, their children and their immediate families.

### **CAREER RESOURCES, INC.**

*Fathers For Life Program*

350 Fairfield Avenue

Bridgeport, CT 06604

Telephone: (203) 953-3247 or -3269

Fax: (203) 334-0058

Contact Person: Rosa J. Correa

E-mail: [correa@careerresources.org](mailto:correa@careerresources.org)

#### **Overview of Services/Program**

Fathers for Life (FFL) is a DSS-certified fatherhood program that helps noncustodial and custodial parents improve their relationship with their children. There is no fee, and no age, income or residency requirement. Programming is offered year-round, including, parenting skills (12-week, 24/7 Dad Program and the development of an individual service plan to identify and achieve parenting and other goals) and employment assistance (developing a plan for training, employment and access training scholarships and other employment resources). FFL staff also connect program participants to resources including health care, energy assistance, income tax preparation, and help with visitation, custody issues and modifying child support.

**CHILDREN'S THERAPY SERVICES  
L.L.C.**

1389 West Main St, Suite 225  
Waterbury, CT 06708  
Telephone: (203) 271-3288  
Fax: (203) 757-1474  
Contact: Cindy Jackson  
E-mail: [jackcts01@yahoo.com](mailto:jackcts01@yahoo.com)

**Overview of Services/Program**

Provider of physical therapy, occupational therapy, speech therapy, special education services to children birth to 21. State provider of birth to three services in Greater Waterbury and Greater Danbury areas.

**CHRISTIAN COMMUNITY ACTION,  
NORWALK, INC.**

98 S. Main Street, Norwalk, CT 06854  
Telephone: (203) 899-2485  
Fax: (203) 899-2487  
Contact: Christi Pope  
Website: [www.ccanorwalk.org](http://www.ccanorwalk.org)

**Overview of Services/Programs**

Food pantry weekday mornings and one Saturday each month. furniture, kitchen wares and conversational English classes are available. By application, CCA also provides: new beds for children without, holiday gifts for children, emergency financial support. CAA Norwalk serves families in the greater Norwalk area (Norwalk, New Canaan, Weston, Wilton and Westport). There are no fees associated with any services.



**CONNECTICUT COMMUNITY FOR  
ADDICTION RECOVERY**

*Bridgeport Recovery Community Center:*  
Recovery on the Sound  
49 Cannon Street, rear courtyard,  
Bridgeport, CT 06604  
Telephone: (203) 332-3303  
Fax: (203) 332-3306  
Contact: Michael Askew, Manager  
Email: [Michael@ccar.us](mailto:Michael@ccar.us)  
Website: [www.ccar.us](http://www.ccar.us)

**Overview of Services/Program**

Connecticut Community for Addiction Recovery offers a variety of recovery support services to anyone interested in recovery from alcohol and other drug addiction, including Recovery Community Centers, Telephone Recovery Support, Recovery Housing Project, The Recovery Oriented Employment Services (ROES) Program, the Recovery Training Series and Annual Recovery Walks. There are three other Recovery Community Centers operating in the state, in Hartford, New London and Willimantic.

**CONNECTICUT INSTITUTE FOR  
COMMUNITIES**

*Head Start of Northern Fairfield County*  
7 Old Sherman Turnpike, Suite 206,  
Danbury, CT 06810  
Telephone: (203) 743-3993  
Contact: Hayward McLain  
Email: [mclainh@ct-institute.org](mailto:mclainh@ct-institute.org)  
Website: [www.ct-institute.org](http://www.ct-institute.org)

**Overview of Services/Program**

Head Start of Northern Fairfield County strongly encourages fathers, grandfathers and guardians to become an active part of our program. Parents are invited to participate on all policy groups, committees, in classroom events and workshops. The Fatherhood Initiative Group meets with each other on a monthly basis for a child/father activity and dinner.

**FAMILY CENTERS, INC.**

60 Palmer's Hill Road, Stamford, CT 06902

Telephone: (203) 324-3167

Toll Free: 1-877-349-4689

Fax: (203) 358-2327

Contact: Christine Campbell

Email: [ccampbell@familycenters.org](mailto:ccampbell@familycenters.org)

Website: [www.familycenters.org](http://www.familycenters.org)

**Overview of Services/Program**

*The Young Parents Program* offers individual, family and group counseling for pregnant and parenting teens; outreach through home visits and support groups; and family-life education workshops. The *Early Care and Education* programs offer full-time care for young children at four accredited facilities in Greenwich. The *Nurturing Families Network* provides educational and family support to new parents living in lower Fairfield County. Services are free and available to all first-time parents giving birth at Stamford and Greenwich hospitals.

*Reaching Independence Through Employment* (RITE) helps low-income individuals and families attain a greater sense of self-sufficiency through counseling, goal planning, job-skills training, life skills and family support. Computer classes and job skills trainings are also available. RITE is open to residents living in Stamford and Greenwich.

The *Parenting Education Program* (PEP) helps divorcing parents foster positive parenting following a divorce. Through expert counseling, parents learn how they can help their children adjust to parent separation, provide cooperative parenting, conflict resolution and dispute management, visitation guidelines and stress reducing techniques. Call for information and to register. Also offer parenting workshops, family counseling and support groups in Greenwich, Stamford and Darien.

**FAMILY MATTERS COMMUNITY CENTER**

755 Clinton Avenue (driveway located on Beachwood. Entrance is to the left.)

Bridgeport, CT 06604

Contact: Brenda Stapleton, Director

E-mail: [goldfish203@aol.com](mailto:goldfish203@aol.com)

Facebook: "Family Matters Community Center – Bridgeport, CT"

**Overview of Services/Program**

A safe place for parents, guardians, caregivers and their children (ages birth to 5) to come together for fun, friendship and learning. We offer a structured program Monday - Wednesday from 9:30 to 11:30 AM. Curriculum includes circle time, singing, dancing, interactive play, snack time, a children's library, arts and crafts, and weather permitting, an outdoor playground. Special trips include visits to the Harbor Yard Arena and Quassy Amusement Park. Birth-to-Three may offer consultations at Family Matters as needed.

**FAMILY REENTRY, INC.**

9 Mott Avenue, Suite 10

Norwalk, CT 06850

Telephone: (203) 838-0496

Fax: (203) 866-9291

Contact Person: Milena Kotara

E-mail: [milenakotara@familyreentry.org](mailto:milenakotara@familyreentry.org)

**Overview of Services/Program**

Our mission is to *develop, implement, and share innovative, sustainable, cost-effective solutions to the unprecedented numbers of people involved in the criminal justice system.*" Since 1984, Family ReEntry's effective community-based programs have significantly reduced the likelihood that a client will re-offend, be re-arrested, or be re-incarcerated. Reductions in recidivism resulting from cost-effective programs increase public safety, improve quality of life, and reduce the financial burden on taxpayers. We have increased our impact by developing model programs, engaging in comprehensive research, and advocating for effective policy/practice in criminal justice. Program focus includes: 1) Prevention (Youth Mentoring), 2) Intervention (Domestic Violence) and 3) Reentry.

**GBAPP, INC.***Teen Fathers Program*

1470 Barnum Avenue, Suite 301  
 Bridgeport, CT 06610  
 Telephone: (203) 366-8255 ext. 108  
 Cell: (718) 753-2920

Contact: Saleh Hanaif, Program  
 Coordinator

E-mail: [shanaif@gbapp.org](mailto:shanaif@gbapp.org)

Also on youtube at [gbapp teen fathers program](#)

**Overview of Services/Program**

The focus of this program is to have young men connect with their children, to involve them in the child-rearing process, and to help young males see themselves as nurturing parents. The program assists young men by providing comprehensive support services and strengthening employment skills. We serve young parents at GBAPP, Bassick High School, Central High School, Harding High School, Park City Academy, and Bullard Heaven Technical High School.

**KINSHIP ACADEMY, INC.**

1027 Fairfield Avenue  
 Bridgeport, CT 06605  
 Telephone: (203) 908-4200  
 Fax: (203) 345-4201

E-mail: [jdenny@kinshipacademy.org](mailto:jdenny@kinshipacademy.org)

Website: [www.kinshipacademy.org](http://www.kinshipacademy.org)

Contact: Jaime Denny

**Overview of Services/Program**

The Community Training Network is comprised of work-readiness, vocational training and support services for adults. Training programs are designed to increase marketable skills that lead to employment and self-sufficiency. Programs meet weekly, followed by job placement assistance and follow-up. A major focus of the network is self-assessment, self-awareness and change.

**NORWALK HOUSING AUTHORITY (NHA)**

24½ Monroe Street  
 Norwalk, CT 06854

NHA Telephone: (203) 838-8471 x176  
 Learning Centers: (203) 852-1144 x123  
 Fax: (203) 838-6535

Contact: Carla Conway, Family Outreach  
 Coordinator

Email: [cconwa@norwalkha.org](mailto:cconwa@norwalkha.org)

Website: <http://www.norwalkha.org>

**Overview of Services/Program**

These support and recreation programs offer computer skills for parents coupled with an after-school program for the children. Five after-school academic learning centers serving youth grades 1 through 12 are offered free of charge, and include academic support, computer technology and instruction. In addition, the NHA 20 West Avenue Learning Center provides support for teens, some programming for adults and support for college bound teens and adults. Call (203) 852-1144 for more information.



## **SUPPORT FOR PREGNANT AND PARENTING TEENS**

1 Lincoln Boulevard, Bridgeport, CT 06606

Telephone: (203) 332-3347

Contact: Michele Neary, Social Worker

Email: [mneary@bridgeportedu.net](mailto:mneary@bridgeportedu.net)

### **Overview of Service /Program:**

SPPT is a school based support system for pregnant and parenting teens in grades 9-12. The program focuses on improving the health, education and social outcomes for pregnant and parenting students and their children. Some of the services that are provided include flexible quality schooling, case management and family support, referrals to health services, home visiting, quality childcare for children, parenting, life skills education and support services, and father involvement services and support. SPPT services teen moms, teen dads, their children and their immediate families.

Your children need  
**YOUR PRESENCE**  
more than your  
**PRESENTS.**

~ Jessie Jackson

## **THE CIRCLE OF FRIENDS**

40 King Street, Norwalk, CT 06851

Telephone: (203) 293-8837

E-mail: [circlefriendsct@gmail.com](mailto:circlefriendsct@gmail.com)

Website: [www.circleoffriends.org](http://www.circleoffriends.org)

### **Overview of Services/Programs**

The Circle of Friends is a volunteer organization that reaches out to families with children and teens with special needs and involves them in a full spectrum of social experiences, home visits and play dates. Our innovative programming is designed to foster a relationship between children and teens with special needs and community teenage volunteers. The Circle of Friends is non sectarian.

## **UNIVERSITY OF CONNECTICUT COOPERATIVE EXTENSION SYSTEM**

*Expanded Food and Nutrition Education  
Program (EFNEP)*

Fairfield County Extension Center

67 Stony Hill Road

Bethel, CT 06801

Main: (203) 207-8440

Fax: (203) 207-3273

Contact: Heather Peracchio

Telephone (203) 207-3266

e-mail: [heather.peracchio@uconn.edu](mailto:heather.peracchio@uconn.edu)

website:

[www.caq.uconn.edu/nutsci/nutsci/outrch](http://www.caq.uconn.edu/nutsci/nutsci/outrch)

### **Overview of Services/Program**

Community-based food and nutrition education for low-income families and youth to help them learn food shopping and preparation skills to save money and improve nutrition. Series of at least four small group classes are interactive, usually organized with a community-based agency.

## **PROGRAMS/SERVICES: HARTFORD COUNTY**

Serving Addison, Avon, Berlin, Bloomfield, Blue Hills, Bristol, Broadbrook, Buckingham, Burlington, Burnside, Canton, Collinsville, East Berlin, East Granby, East Hartford, East Windsor, Elmwood, Enfield, Farmington, Glastonbury, Granby, Hartland, Hartford, Hazardville, Highland Park, Hockanum, Manchester, Marion, Marlborough, New Britain, New Preston, Newington, Plainville, Plantsville, Poquonock, Rocky Hill, Scantic, Simsbury, South Glastonbury, South Windsor, Southington, Suffield, Thamesville, Thompsonville, Unionville, Warehouse Point, Weatogue, West Avon, West Granby, West Hartford, West Suffield, Wethersfield, Windsor, Windsor Locks

### **ARTIST COLLECTIVE**

1200 Albany Avenue  
Hartford, CT 06112  
Telephone: (860) 527-3205  
Contact: Cheryl Smith, Associate Director  
Email: [info@artistcollective.org](mailto:info@artistcollective.org)  
Website: [www.artistscollective.org](http://www.artistscollective.org)

#### **Overview of Services/Program**

Center offers arts and cultural training program for children and adults in the performing and visual arts with special events emphasizing the arts and culture of the African Diaspora. Also offers the Yaboo Rite of Passage Ceremony: Boys and girls ages 12-17 prepare two afternoons per week, starting in January, for Yaboo, a traditional African rite of passage ceremony to welcome youth into adulthood. The ceremony takes place in June.

### **BREAD FOR LIFE**

P.O. Box 925  
Southington, CT 06489  
Telephone: (860) 276-8389  
Fax: (860) 385-2429  
Contact: Eldon Hafford, Executive Director  
E-Mail: [exedir@southingtonbreadforlife.com](mailto:exedir@southingtonbreadforlife.com)

#### **Overview of Services/Program**

The mission of Bread for Life is to provide food, fellowship and a sense of dignity to those in need. Our vision is accomplished by providing meals, bagged lunches, a community food pantry and a meal delivery service for the homebound and seniors.

### **BRISTOL FAMILY RESOURCE CENTERS (FRCS)**

Contact Person: Linda Rich, Bristol FRCs Director  
E-mail: [lindarich@ci.bristol.ct.us](mailto:lindarich@ci.bristol.ct.us)  
Fax: (860) 584-7814

West Bristol School

*Dinner & Dads*

500 Clark Avenue

Bristol CT 06010

Telephone: (860) 584-7815, ext. 5

#### **Overview of Services/Program**

Dinner & Dads is a six-week program that offers an opportunity to discuss the challenges and joys of being a Dad. A variety of topics are discussed such as discipline, father's role in the family and ways to support their child's education.

Greene-Hills School

*Dads Of Great Students (DOGS)*

718 Pine Street

Bristol CT 06010

Greene-Hills FRC

Telephone: (860) 584-7822, ext. 5

Fax: (860) 584-7814

#### **Overview of Services/Program**

The Watch **DOGS** program meets monthly for entire school year. Fathers work together to do projects that benefit their child's school along with volunteering in the school building during day whenever they can. Both programs are facilitated by school staff who are also fathers.

## **BRISTOL HEAD START**

55 South Street/254 Lake Avenue  
Bristol, CT 06010  
Telephone: (860) 584-9307  
Fax: (860) 585-1105  
Contact: Amy Caucci  
E-mail: [acaucci@bcoct.org](mailto:acaucci@bcoct.org)  
Website: [www.bcoct.org](http://www.bcoct.org)

### **Overview of Services/Program**

Head Start services children and families of three and four year olds who fall below the Federal Poverty Guidelines. We offer a preschool education, health and dental services, nutritional needs, social services to all families, parent involvement, and welcome children with special needs. We run a yearly fatherhood program with Doug Edwards from Real Dads Forever, as well as offering a variety of family support groups.

## **CATHOLIC CHARITIES, ARCHDIOCESE OF HARTFORD**

### *Responsible Fatherhood Initiative*

Four Locations:

Asylum Hill Family Center  
60 Gillett Street, Suite 101  
Hartford, CT 06105  
Phone: (860) 244-9944

El Centro De Desarrollo y Reafirmacion Familiar  
El Paraiso Infantil  
45 Wadsworth Street  
Hartford, CT 06106  
Phone: (860) 524-6853  
Fax: (860) 293-2663

Parker Memorial Community Family Center  
2621 Main Street  
Hartford, CT 06120  
(860) 757-0827

Southside Family Center  
15 Newfield Avenue  
Hartford, CT 06106  
Phone (860) 953-0113  
Fax (860) 953-0114

### **Overview of Services/Program**

Catholic Charities' Responsible Fatherhood Initiative provides resources to help fathers become aware of the important role they play in their children's overall well-being. The program provides services through groups and case management in three primary areas: healthy marriage, responsible parenting and economic stability/employment. Services are available in English and Spanish at our four Hartford Family Centers (Asylum Hill, El Centro de Desarrollo y Reafirmation Familiar, Parker Memorial, and Southside).

### **COMMUNITY HEALTH SERVICES, INC.**

500 Albany Avenue  
Hartford, CT 06120  
Telephone: (860) 808-8710  
Fax: (860) 808-1540

Contact: Katherine Golar

Email: [Katherine.golar@chshartford.org](mailto:Katherine.golar@chshartford.org)

#### **Overview of Services/Program**

CHS provides pediatrics, adolescent, adult, dental, behavioral health, podiatry, and optometry services to patients of all ages regardless of ability to pay. There are support groups for men in recovery. Bilingual staff available.

### **COMMUNITY RENEWAL TEAM**

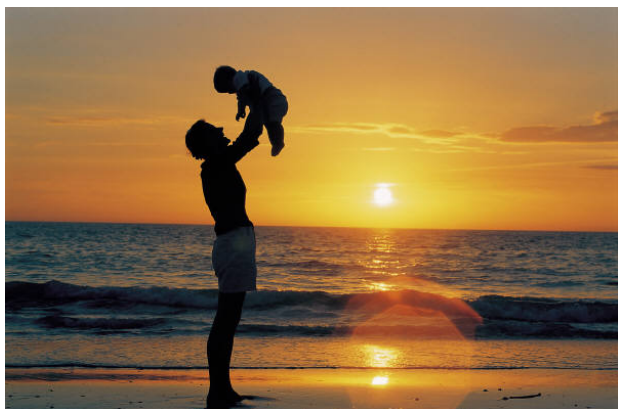
*Real Fathers, Real Men*

330 Market Street, Hartford  
Telephone: (860) 560-5765  
Fax: (860) 560-5372

Email: [fatherhood@crtct.org](mailto:fatherhood@crtct.org)

#### **Overview of Services/Program**

Fathers interested in establishing or maintaining contact with their children are welcome to this free, year-round program. Workshops twice per month, ongoing case management regarding legal issues, child support, employment, child development, partner relationships and more. Call for more information.



### **CONNECTICUT COMMUNITY FOR ADDICTION RECOVERY**

*Hartford Recovery Community Center*  
198 Wethersfield Avenue  
Hartford, CT

Telephone: (860) 244-3343

Fax: (860) 244-3363

Contact: Laurie Fresher

E-mail: [laurie@ccar.us](mailto:laurie@ccar.us)

#### **Overview of Services/Program**

Connecticut Community for Addiction Recovery offers a variety of recovery support services to anyone interested in recovery from alcohol and other drug addiction, including Recovery Community Centers, Telephone Recovery Support, Recovery Housing Project, The Recovery Oriented Employment Services (ROES) Program, the Recovery Training Series and Annual Recovery Walks. There are three other Recovery Community Centers operating in the state, in Bridgeport, New London and Willimantic.

### **EAST HARTFORD FAMILY RESOURCE CENTER**

*Silver Lane School, Mayberry Elementary School and Hockanum Elementary School*  
15 Mercer Avenue

East Hartford, CT 06118

Telephone: (860) 622-5515

Fax: (860) 622-5519

Contact: Mary Beth Kuzoian

E-mail: [kuzoian.mb@easthartford.org](mailto:kuzoian.mb@easthartford.org)

#### **Overview of Services/Program**

We provide parenting education, home visits, workshops, & playgroups. Most programs are free of charge. Please call for more information.



**EASTERN CONNECTICUT HEALTH NETWORK (ECHN)**

**FAMILY DEVELOPMENT CENTER**

71 Haynes Street

Manchester, CT 06040

Telephone: (860) 432-5278 ext. 136

Contact: Latrice Grumley, Manager

E-mail: [lgrumley@ehcn.org](mailto:lgrumley@ehcn.org)

**Overview of Services/Program**

The ECHN Family Development Center operates a number of fatherhood initiatives via five basic programs: Nurturing Families Network, Early Head Start, The Positive Parenting Program (Triple P), Family Resource Center in Manchester, Family Resource Center in Vernon, and the Maternal Infant & Early Childhood Home Visiting program.

Opportunities include: Parenting groups just for dads, home visiting for parents (including dads who are primary caregivers), single parent support group, special events for dads and their children, including playgroups, field trips and workshops. No cost for services.

**ENFIELD FAMILY RESOURCE CENTERS**

Two locations in Enfield:

Enfield Street School

1318 Enfield Street

Hazardville Memorial School

68 North Maple Street

Telephone: (860) 253-5144

Fax: (860) 741-4029

E-mail:

[familyresourcecoordinator@enfield.org](mailto:familyresourcecoordinator@enfield.org)

Contact: Amy Morales, Coordinator

Website: [www.enfield-ct.gov/frc](http://www.enfield-ct.gov/frc)

**Overview of Services/Program**

The Enfield Family Resource Centers ensure that children enter school ready to learn, and provide education and support to strengthen parents in their role as their child's first and most important teacher. Services provided include parenting education; support groups for single parents, grandparents raising grandchildren, and parents of children with autism; resource and referral services; early learning play groups and the Parents as Teachers home visiting program for families and children ages five and under; developmental screenings; and positive youth development programs. All services are provided at no cost to participants and offered year round.

**FAMILIES IN CRISIS, INC.**

60 Popieluszko Court, 2<sup>nd</sup> Floor

Hartford, CT 06106

Telephone: (860) 727-5800

Fax (860) 727-5801

Contact: Susan Quinlan, Executive Director

E-mail: [quinlan@familiesincrisis.org](mailto:quinlan@familiesincrisis.org)

**Overview of Services/Program**

Families in Crisis, Inc. is a nonprofit agency that has state-certified fatherhood programs that provides individual, family, group counseling, case management services and weekly educational groups for offenders and their family members. The agency promotes proactive interaction of noncustodial fathers and their children and offers life skills development tools such as parent education training, communication skills, conflict management, couples counseling and other related services.

**GREATER NEW BRITAIN TEEN  
PREGNANCY PREVENTION, INC.**

*Pathways/Senderos Center*

43 Viets Street

New Britain, CT 06053

Telephone: (860) 229-2776

Fax: (860) 229-8608

Contact Person: Geoff Elterich

E-mail: [gelterich@snet.net](mailto:gelterich@snet.net)

**Overview of Services/Program**

Pathways/Senderos targets 60 poverty-stricken boys and girls and their families for free long-term, year-round, comprehensive services designed ultimately to prevent teen pregnancy. Our program model includes six integrated components: academic support; career preparation; family life and sex education; recreation/lifetime sports; health care referrals; and self-esteem enhancement. Our mission is to eliminate teen pregnancy by addressing its root causes, assuring high school graduation, and promoting adult self-sufficiency. We provide long-term, comprehensive, holistic services by creating a parallel family structure with New Britain youth and parents.



**HUMAN RESOURCES AGENCY OF NEW  
BRITAIN, HEAD START**

*HRA Neighborhood Fathers Unite  
(Fatherhood Initiative Program)*

Meeting locations:

HRA Community Center

35 Oak Street

New Britain, CT 06053

Contact: Robert (Bobby) Sanchez, HRA  
Fatherhood Initiative Coordinator

Telephone: (860) 225-8601 ext: 2231

Fax: (860) 225-4843

Email: [fathersunite@hranbct.org](mailto:fathersunite@hranbct.org)

**Overview of Services/Program**

Services include support group formed by fathers to discuss and learn about child development issues. Guest speakers during support group meetings cover the following topics: Men's Health, Mental Health, Challenging Behaviors, Importance of Reading to Children, Ages and Stages, Separation issues, Domestic Violence and any other topics of interest to Fathers. Peer Support Network and Mediation, HRA services to fathers and their families and Events for Fathers and their families. Also offer 24/7 Dads AM & PM (curriculum-based) training, a unique and innovative program that focuses on the universal characteristics that every father needs so that men of all cultures, races, religions, and backgrounds can benefit from the program. Dads need to attend all 10 to 12 sessions of this program in order to benefit from it and will receive a certificate of completion at the end.

### **MANCHESTER HEAD START**

60 Washington Street  
Manchester, CT 06042  
Telephone: (860) 647-5004  
Fax: (860) 647-5046  
Contact: Nydia Einsiedel  
Email: [bo8neins@manchester.ct.gov](mailto:bo8neins@manchester.ct.gov)

#### **Overview of Services/Program**

Manchester Head Start is a father-friendly pre-school program where significant males in each child's life are encouraged to participate in all areas of teaching and learning. Male role models can join various committees and participate in Policy Council, as well as volunteering in the classroom. Head Start supports families in locating social services available to them. We are also a part of the *Fostering Fathers and Children Together Collaboration* (FFAT); FFAT hosts special events just for dads and their children.

### **MARY HOOKER SCHOOL, FAMILY RESOURCE CENTER**

200 Sherbrooke Avenue  
Hartford, CT 06106  
Telephone: (860) 722-8938  
Fax: (860) 522-7590  
Contact: Elba Delgado, Director  
E-mail: [edelgado@villageforchildren.org](mailto:edelgado@villageforchildren.org)  
Website: [www.villageforchildren.org](http://www.villageforchildren.org)

#### **Overview of Services/Program**

The *Parents As Teachers* program provides parenting skills and child development sessions for teenagers/young dads. The curriculum affords weekly sessions to Latinos and African-American teen/young fathers age 15-25. This initiative is a joint venture with the Burns and Rambuh Resource Centers. Program activities with fathers, conducted in both English and Spanish, are often held evenings or on Saturdays. Activities include parenting classes, picnics, field trips and early education classes. Babysitting is provided as needed. Call for information and to register.

### **NEW BRITAIN FAMILY RESOURCE CENTERS**

*Jefferson FRC, Smalley FRC and Smith FRC*

145 Lincoln Street,  
New Britain, CT 06052  
Telephone: (860) 223-2716  
Fax: (860) 225-1638  
Contact Person: Kim Lawther Jackson  
E-mail: [jackson@csgnb.org](mailto:jackson@csgnb.org)

#### **Overview of Services/Program**

The Family Resource Centers offer New Britain residents parenting education, home visits, workshops, play and learn together groups, family literacy activities and early childhood programs. Programs are free of charge.

### **REAL DADS FOREVER**

P.O. Box 684  
Manchester CT 06045  
Telephone: (860) 643-7364  
Contact: Doug Edwards, Director  
E-mail: [realdadsforever@aol.com](mailto:realdadsforever@aol.com)

#### **Overview of Services/Program**

Real Dads Forever develops age appropriate, gender specific and culturally responsive fatherhood strategies that enhance the emotional, physical and spiritual relationship between fathers, and family men and their children. Our facilitated workshops explore; the impact of early formative years on life-direction, the effects of relationships (or lack thereof) with our own fathers, feeling life through the eyes of a child, the momentum and power (both positive and negative) of the family culture, moms and dads co-parenting skills, and the intentional design of a "cocoon" of family, friends and acquaintances that will be part of an asset base that supports a "fathering" man.

**THE FAMILY RESOURCE CENTER AT  
CHARTER OAK**

425 Oakwood Avenue  
West Hartford, CT 06110  
Telephone: (860) 233-4701  
Fax: (860) 232-4207  
Contact: Deborah Zipkin  
E-mail: [deborah@bridgefamilycenter.org](mailto:deborah@bridgefamilycenter.org)

**Overview of Services/Program**

The Family Resource Center offers parenting education, home visits, workshops, playgroups, family literacy activities and early childhood programs. Programs are free of charge.



**Children are poor  
men's riches.**

**~ Thomas Fuller**

**UNIVERSITY OF CONNECTICUT  
COOPERATIVE EXTENSION SYSTEM**

*Hartford EFNEP (Expanded Food and  
Nutrition Education Program)*

Hartford County Extension Center  
1800 Asylum Avenue  
University of Connecticut

West Hartford, CT 06117

Telephone: (860) 570-9061

Contact: Sharon Gray

Email: [Sharon.gray@uconn.edu](mailto:Sharon.gray@uconn.edu)

**Overview of Services/Program**

Community-based food and nutrition education for low-income families and youth to help them learn food shopping and preparation skills to save money and improve nutrition. Series of at least 4 small group classes are interactive, usually organized with a community-based agency.

**UNIVERSITY OF CONNECTICUT  
HEALTH CENTER**

*Nurturing Families Network*

263 Farmington Avenue, Dowling North  
Suite G2010

Farmington, CT 06030-1323

Telephone: (860) 679-4114

Fax: (860) 679-7012

Contact: Jennifer Vendetti, MSW

E-mail:

[jvendetti.nurturingfamilies@uchc.edu](mailto:jvendetti.nurturingfamilies@uchc.edu)

**Overview of Services/Program**

As part of a statewide initiative to nurture and support early parent-child relationships, we provide postpartum phone support, intensive home visitation, and prenatal & parenting programs for families in Farmington Valley and West Hartford. We serve first-time families and families with children age 5 and under. Programs and services are provided year-round and are of no cost to families.



## **VILLAGE FOR FAMILIES & CHILDREN, INC.**

Two Locations:

The Village Center for Community Life  
105 Spring Street  
Hartford, CT 06105

The Village South  
331 Wethersfield Avenue  
Hartford, CT 06105

Phone: (860) 297-0546

Email: [fatherworks@villageforchildren.org](mailto:fatherworks@villageforchildren.org)

Website: [www.villageforchildren.org](http://www.villageforchildren.org)

### **Overview of Services/Program**

The FatherWorks program provides young fathers with parenting guidance, help with developing a collaborative relationship with the child's mother, and stabilizing their financial situation with referrals to educational opportunities and assistance with obtaining a job and housing. This unique, innovative program is designed to reduce future unplanned pregnancies and risky sexual behaviors and help young fathers understand the joys of parenting. The program includes workshops, clinical services, case management and opportunities for paid internships. FatherWorks is open to males between the ages of 15-24 who live in the Greater Hartford area. The mother of the child must be younger than 21 and also living in Greater Hartford.

## **WHEELER CLINIC**

334 Farmington Avenue  
Plainville, CT 06062  
Telephone: (860) 793-4652  
Contact: Cathy Sisco

E-mail: [csisco@wheelerclinic.org](mailto:csisco@wheelerclinic.org)

Website: [www.wheelerclinic.org](http://www.wheelerclinic.org)

### **Overview of Services/Programs**

*Prevent Child Abuse Connecticut* is a program of Wheeler Clinic and the state chapter to Prevent Child Abuse America. As such, PCA CT provides information and resources for parenting and child abuse prevention throughout the state. Services include a statewide parenting warm-line, 1-800-CHILDREN, presentations about and dissemination of materials associated with positive parenting, fatherhood, child abuse prevention and the impacts of child abuse as well as information about the role fathers play in their children's development, educational achievement, health and well-being.

*Circle of Parents Connecticut* is the state chapter of the national organization. The program provides a network of mutual self-help parenting support groups throughout the state available to anyone in a parenting role. Additionally, the program provides the Embracing Fatherhood program: a 10-week curriculum that teaches fathers who are incarcerated how to be effective nurturing fathers to their children.

## **PROGRAMS/SERVICES: LITCHFIELD COUNTY**

Serving Bakersville, Bantam, Barkhamsted, Bethlehem, Bridgewater, Canaan, Colebrook, Cornwall, East Canaan, East Morris, Falls Village, Gaylordsville, Goshen, Harwinton, Kent, Lakeville, Litchfield, Milton, Morris, New Hartford, New Milford, Norfolk, North Woodbury, Northfield, Northville, Oakville, Pequabuck, Plymouth, Roxbury, Sharon, Terryville, Thomaston, Torrington, Warren, Washington, Watertown, Willington, Winchester, Winsted, Woodbury

### **EDUCATION CONNECTION**

*Maternal Infant Early Childhood Home Visiting (MIECHV)*

*Parents as Teachers*

350 Main Street, Suite E, Torrington CT 06790

Telephone: (860) 489-0772

Fax: (860) 567-3381

Contact: Lisa Candels

E-mail: [candels@educationconnection.org](mailto:candels@educationconnection.org)

#### **Overview of Services/Program:**

Parent coaching- support, education, information and connection with community resources- through home visits and monthly group activities. Fatherhood component with male parent educator and 24/7 Dad groups. Ongoing developmental screening of children by parents with parent educators. Mothers must enroll prenatally and services can be provided until child enters preschool or if family wants to continue until child turns 5. All services are free of charge.

*Plymouth Family Resource Center*

2 locations:

*Plymouth Center School, 107 North Street, Plymouth, CT 06782*

*H.S. Fisher Elementary School, 79 North Street, Terryville, CT 06786*

Telephone: (860) 283-6167

Fax: (860) 283-6167

Contact: Lori Borysewicz

E-mail: [plymouthfrc@educationconnection.org](mailto:plymouthfrc@educationconnection.org)

#### **Overview of Services/Program**

We provide: NAEYC-accredited inclusive Pre-K; Learn Together Groups facilitated by a certified Parent Educator; Parents as Teachers Home Visit Program; Developmental Screenings birth to five years; Parent Workshops; Support for Childcare Providers and Caregivers; and Resource and Referrals for families, parents, caregivers and children from birth to five-years-old. The Plymouth Family Resource Center operates on the Plymouth Public School Calendar (Sept - June). Learn Together Groups are free. A tuition fee applies to our NAEYC-accredited pre-k program. Financial assistance is available.

*Head Start: Prenatal to Five*

355 Goshen Road, Litchfield CT, 06759

Telephone: (860) 567-0863

Fax: (860) 567-3381

Contact: Kathi Bleacher

E-mail: [bleacher@educationconnection.org](mailto:bleacher@educationconnection.org)

#### **Overview of Services/Program**

Head Start is an income eligible program open to any family in Litchfield County. Home-based services are available for expectant families and children ages birth to three. Center based services are offered to children ages 3- 5. All programs are family focused and include comprehensive services in the areas of health, nutrition, social services, parent engagement, and education.

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*John S. Martinez Fatherhood Initiative of Connecticut*

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**FAMILY STRIDES, INC.**  
***Father Involvement Program***

350 Main Street, Suite A  
Torrington, CT 06790  
Telephone: (860) 482-3236  
Fax: (860) 482-3238  
Contact: Nicole Laracuenta  
E-mail: [nlaracuenta@familystrides.org](mailto:nlaracuenta@familystrides.org)  
Website: [www.familystrides.org](http://www.familystrides.org)

**Overview of Services/Program**

This state-certified fatherhood program promotes parenting education and support to fathers and family men through weekly groups that focus on the importance of nurturing vital to the father/child relationship, one-on-one contacts, links to community resources, assistance in navigating the court system, educational training, job readiness skills & job placement, and direct contact with business and employment agencies. Also offers relationship classes to couples. Call for info and to register.

**WINCHESTER PUBLIC SCHOOLS**

*Winsted Family Resource Center at Batcheller Early Education Center*  
201 Pratt Street  
Winsted, CT 06098  
Telephone: (860) 379-0828  
Fax: (860) 379-1301  
Contact: Ruthann Horvay  
E-mail: [ruthann.horvay@winchesterschools.org](mailto:ruthann.horvay@winchesterschools.org)

**Overview of Services/Program**

The Winsted FRC is a state funded grant program. We follow the district's calendar in addition to limited summer programming when funds permit. Our *Parents as Teachers* program offers home visits, four weekly Play & Learn groups, developmental screenings and referral services by certified parent educators free of charge to Winsted residents. We also conduct monthly preschool screenings and facilitate kindergarten transition. We provide visits to licensed home and center based child care providers and monitor state funded school readiness programs.



## **PROGRAMS/SERVICES: MIDDLESEX COUNTY**

Serving Centerbrook, Chester, Clinton, Cobalt, Cromwell, Deep River, Durham, East Haddam, East Hampton, Essex, Fenwick, Haddam, Higganum, Ivoryton, Killingworth, Lake Pocotopaug, Middlefield, Middlesex, Middletown, Moodus, Old Saybrook, Portland, Rockfall, Saybrook Point, Westbrook, Westfield, Winthrop

### **191914 MINISTRIES INC.**

#### *Teenzone*

PO Box 343, Essex, CT 06426

Telephone: (860) 995-8238

Fax: (860) 770-9721

Contact: Victoria E Taylor

Email: [vtaylor6@juno.com](mailto:vtaylor6@juno.com)

Website: [www.teenzonect.com](http://www.teenzonect.com)

#### **Overview of Services/Program**

A self-esteem program for teenage girls between the ages 13-17. The program will show teens how to value themselves, and take pride in what they do and say. Through our program we want them to be able to navigate through their teen years, understand their emotions, make positive choices and grow to be confident, successful women.

### **COMMUNITY HEALTH CENTER**

#### *Family Wellness Center*

635 Main Street

Middletown, CT 06457

Telephone: (860) 347-6971 x3662

Fax: (860) 347-6659

Contact: Sally Lastrini, Coordinator

Email: [lastrinis@chc1.com](mailto:lastrinis@chc1.com)

#### **Overview of Services/Program**

The Family Wellness Center offers educational, support, and recreational services for parents and their children. Primary focus is the age range birth to five years. Call for information and to register.

### **GREEN STREET ARTS CENTER**

51 Green Street, Middletown, CT 06457

Telephone: (860) 685-7871

Fax: (860) 685-7875

Contact: Sara MacSorley, Director

Email: [smacsorley@wesleyan.edu](mailto:smacsorley@wesleyan.edu)

#### *Afterschool Program*

#### **Overview of Services/Program**

Green Street provides an afterschool program in multi-disciplinary arts education for young

people to explore their creativity and develop practical skills for everyday life. It runs Monday-Friday, 3-6pm, offering homework assistance and art instruction every day. The program serves children ages 7-18 and has an active Parent Team Organization (PTO). The program follows the Middletown Public School Calendar. There are fees associated but financial aid & scholarships are available. Students may attend 1-5 days and tuition is prorated accordingly.

#### *Evening/Weekend and Homeschool Program*

#### **Overview of Services/Program**

Green Street is an arts and education center offering an array of events, exhibitions, classes and workshops for individuals and families to transform lives through the arts and foster the creativity in all of us. The program serves all ages featuring classes for adults, teens and children, as well as early childhood classes designed for parents & children. Program is seasonal: September-December, January-March, April-June, July-August. Prices vary. Many free events. Financial aid is also available.

### **PORTLAND YOUTH SERVICES**

#### *Counseling and Resource Center*

265 Main Street

Portland, CT 06480

Telephone: (860) 342-6758

Fax: (860) 342-6764

Contact: Mary Pont

Email: [mpnot@portlandct.org](mailto:mpnot@portlandct.org)

#### **Overview of Services/Program**

Portland Youth Services Counseling and Resource Center provides individual, family and couples counseling. Emphasis is on helping to develop strengths and resources within individuals and families that are being underutilized or not considered. Insurance accepted, sliding scale available for the uninsured.



## **PROGRAMS/SERVICES: NEW HAVEN COUNTY**

Serving Allington, Ansonia, Beacon Falls, Bethany, Branford, Cheshire, Derby, Devon, East Haven, Guilford, Hamden, Indian Neck, Leetes Island, Madison, Meriden, Middlebury, Milford, Monowese, Naugatuck, New Haven, North Branford, North Guilford, North Haven, Northford, Orange, Oxford, Prospect, Quinnipiac, Seymour, Short Beach, Southbury, Stony Creek, Totoket, Union City, Wallingford, Waterbury, West Haven, West Simsbury, Whitneyville, Wolcott, WoodBridge, Woodmont

### **BRANFORD FAMILY RESOURCE CENTER**

12 Melrose Avenue  
Branford, CT 06405  
Telephone: (203) 315-3799  
Fax: (203) 315-4143  
Contact: Jennifer Baglin, Director  
E-mail: [jbaglin@branford.k12.ct.us](mailto:jbaglin@branford.k12.ct.us)

#### **Overview of Services/Program**

We provide infant/toddler playgroups for ages birth through five. Playgroups are facilitated by a nationally trained parent educator and developmental screenings for children are conducted as well as home visits. Playgroups are for all families: dads and grandparents are welcome and encouraged to join us. Monday – Friday 9:30-11:30 open enrollment. Also have preschool programs for 3-5 year olds. Full and part day programming.

### **CATHOLIC CHARITIES, ARCHDIOCESE OF HARTFORD**

*Responsible Fatherhood Initiative*  
Family Service Center  
13 Wolcott Street  
Waterbury, CT 06702  
Phone (203) 596-9359  
Fax (203) 757-9753

#### **Overview of Services/Program**

Catholic Charities' Responsible Fatherhood Initiative provides resources to help fathers become aware of the important role they play in their children's overall well-being. The program provides services through groups and case management in three primary areas: healthy marriage, responsible parenting and economic stability/employment.

### **COMMUNITY MEDIATION, INC.**

*Family Mediation, Parenting Plans, Divorce and Parent/Child Mediations*

Address: 3013 Dixwell Ave., New Haven  
Telephone: (203) 782-3500  
Fax: (203) 782-3503

Contact: Joe Brummer, Associate Executive Director

E-mail: [joe@cmediation.org](mailto:joe@cmediation.org)

#### **Overview of Services/Program**

Community Mediation, Inc. provides family mediation, parenting plans/visitation schedules, parent/teen mediation, divorce mediation, and training in conflict management. Fees are based on sliding scale.

### **FAMILY CENTERED SERVICES OF CONNECTICUT**

**(Formerly Coordinating Council for Children in Crisis, Inc)**

*Nurturing Families Network*

235 Nicoll Street  
New Haven, CT 06511  
Telephone: (203) 624-2600 ext. 207  
Fax: (203) 562-6232

Contact: Galit Sharma

E-mail: [gsharma@familyct.org](mailto:gsharma@familyct.org)

#### **Overview of Services/Program**

We offer Home Visiting and Groups for Fathers. Home Visiting is a long-term program for first-time fathers and fathers parenting for the first time. Target participants are expectant fathers and fathers of infants up to six months of age. Nurturing Fathers Groups meet weekly and are open to all fathers. Both programs provide parenting education and support.

They focus on relationship building, attachment, age-appropriate expectations and co-parenting while helping fathers achieve their employment and educational goals. There is no fee to participate.

**CORNELL SCOTT – HILL HEALTH CENTER**

428 Columbus Avenue  
New Haven, CT 06519  
Telephone: (203) 503-3000  
Fax: (203) 503-3254  
Contact: Rob Rioux  
E-mail: [rrioux@hillhealthcenter.com](mailto:rrioux@hillhealthcenter.com)  
**Overview of Services/Program**  
Medical, dental, behavioral health services, and specialty services (ophthalmology, podiatry, dermatology, neurology, ear/nose/throat (ENT) and gastrointestinal (GI)) to anyone and everyone including low-income and uninsured people of all ages. Locations in Ansonia, Derby, West Haven and New Haven.

**LITERACY VOLUNTEERS OF GREATER WATERBURY, INC.**

*Adult Literacy Program*  
267 Grand Street  
Waterbury, CT 06702  
Telephone: (203) 754-1164  
Fax: (203) 574-8055  
Contact: Vanessa Vowe  
E-mail: [Lvgw-programs@waterburyct.org](mailto:Lvgw-programs@waterburyct.org)  
Website: [www.lvgwct.org](http://www.lvgwct.org)  
**Overview of Services/Program**  
Literacy Volunteers of Greater Waterbury, Inc. teaches adults to read, write, speak and understand English through the effective use of trained volunteers. LVGW also provides Family Literacy classes and events. Classes are free and available year 'round.

***You will find that if you really try to be a father, your child will meet you halfway.***

**~ Robert Brault**

**LULAC Head Start Inc.**

NAEYC Accredited Centers in two locations:

*Fay Miller Child & Family Development Center*

250 Cedar Street  
New Haven, CT 06519  
Telephone: (203) 777-4006  
Fax: (203) 777-8781  
Hours Open: 7:30AM to 5:30PM  
Part day and full day classes  
Serving Prenatal to 4 years old children

*Mill River Center*

375 James Street  
New Haven, CT 06513  
Telephone: (203) 777-7501  
Fax (203) 773-9320  
Hours Open: 7:30AM to 5:00PM  
Part day and full day classes  
Serving Prenatal to 4 years old children

Contact: Magdalena Rosales-Alban, MBA  
Executive Director

E-mail: [information@lulacheadstart.org](mailto:information@lulacheadstart.org)

**Overview of Programs/Services**

The program uses a blended program approach to serve infants, toddlers and pregnant women by offering a variety of alternatives. In addition to center-based services provided in the two above mentioned centers, LULAC offers a home-based program, prenatal services for pregnant women, and a fatherhood program. LULAC Head Start's prenatal option provides services through four phases of the birth process. In the home-based option, Parent Educators work with parents to understand the child development process, check the safety of the home environment, and stay on track with the recommended schedule for well-child checkups, including dental care. The primary goal of the fatherhood program is to provide basic infant care skills and encouragement to men on the eve of fatherhood. We aim to assist fathers in their parenting role and as leaders in their community.

### **MERIDEN SOUP KITCHEN**

First Baptist Church (lower level)  
460 Broad Street  
Meriden, CT 06450  
Telephone: (203) 980-3372  
Contact: Peter F. Meah  
Email: [meridensoupkitchen@gmail.com](mailto:meridensoupkitchen@gmail.com)

#### **Overview of Services/Program**

The Meriden Soup Kitchen serves a full meal at the mid-day, Monday through Friday from 11:00am - 12:30pm. The meal typically consists of a main course, salad, soup, bread and butter, beverage, and dessert.

### **MERIDEN YMCA**

*Head Start Program*  
398 Liberty Street  
Meriden, CT 06450  
Telephone: (203) 238-9166  
Fax: (203) 639-7876  
Contact Person: Patrick Clerkin, Family & Community Partnership Manager  
E-mail: [pclerkin@meridenymca.org](mailto:pclerkin@meridenymca.org)

#### **Overview of Services/Program**

We are a NAEYC accredited pre-school program that serves low-income families of three and four year olds living in Meriden, Wallingford, Berlin & Southington. We are a father friendly program that encourages parent/guardian involvement through classroom volunteering, take home activities & being a part of our Policy Council. We have a partnership with CHC Meri Care dental where children can get their teeth cleaned in our on-site dental office during the school day. We have full day, full year and part day, part year classrooms for parents to choose from.

### **NEW HAVEN FAMILY ALLIANCE, INC.**

*Male Involvement Network*  
370 James Street  
New Haven, CT 06511  
Telephone: (203) 786-5970  
Fax: (203) 777-5839  
Contact: Barbara Tinney, Executive Director  
E-mail: [barbara.tinney@nhfamilyalliance.org](mailto:barbara.tinney@nhfamilyalliance.org)

#### **Overview of Services/Program**

The Male Involvement Network is a DSS-certified fatherhood program. The targeted consumers are 1) noncustodial fathers who strive to be nurturing and responsible parents; 2) custodial fathers seeking support for their parenting; 3) fathers with child support, visitation or other parenting-related concerns; 4) incarcerated and post-incarcerated fathers requiring fatherhood services. The Male Involvement Network strives to dispel myths about noncustodial fathers while increasing awareness of the father's importance to a child's healthy development. Services include case management, fatherhood development educational classes, workforce development, fatherhood support group, healthy relationship classes, financial education, employment assistance and pre-release father engagement and mentoring for incarcerated fathers.



**NEW OPPORTUNITIES, INC.**

*Fatherhood Initiative Program*

232 North Elm Street, Waterbury

Telephone: (203) 575.9799 x210 or 213

Fax: (203)755-8254

Contact:

Anthony Rucker, Program Supervisor or

David Dudley, Fatherhood Specialist

E-mail: [arucker@newopportunitiesinc.org](mailto:arucker@newopportunitiesinc.org)

[ddudley@newopportunitiesinc.org](mailto:ddudley@newopportunitiesinc.org)

**Overview of Services/Program**

The *Fatherhood Initiative Program* is a DSS-certified fatherhood program. Our mission is to help the fathers to promote positive involvement and interaction with their children, and to increase their ability as fathers to meet social, emotional, financial, medical and educational needs of their children. Services include case management, educational workshops, workforce development, fatherhood support group, healthy relationships, financial education and employment assistance.

**TEAM, INC.**

*Valley Family Resource Center/ TEAM Inc*

80 Howard Avenue, Ansonia, CT 06401

Telephone: (203) 734-8609 ext. 14

Fax: (203) 735-9684

Contact: Beth Gaillard, Manager

E-mail: [twigglesworth@teaminc.org](mailto:twigglesworth@teaminc.org)

**Overview of Services/Program**

We provide a network of resources, referral, and advocacy among families and schools. The center offers: playgroups, parent workshops, newsletters and, resource and referral services. Services provided to families with children aged birth to eight years old. There are no fees for any programs. The center is open year round. Playgroups run all year, parent workshops are held Oct-June in local elementary schools. Special family events are held throughout the year.

**THE CONSULTATION CENTER, INC.**

*Research, Policy, and Programs on Male Development*

389 Whitney Avenue

New Haven, CT 06511

Telephone: (203) 789-7645

Fax: (203) 562-6355

Contact: Derrick Gordon, Ph.D.

E-mail: [derrick.gordon@yale.edu](mailto:derrick.gordon@yale.edu)

**Overview of Services/Program**

The Research, Policy, and Program on Male Development area helps community-based programs promote healthy male development through evaluation research and consultation.

**UNITED WAY OF GREATER NEW HAVEN**

*Early Head Start*

370 James Street, Suite 403, New Haven

Telephone: (203) 691-4227

Fax: (203) 773-0332

Contact: Karen Pascale, Director

E-mail: [kpascale@uwgnh.org](mailto:kpascale@uwgnh.org)

**Overview of Services/Program**

We manage an Early Head Start program that provides full-day, full-year child care and comprehensive support services for infants and toddlers and their families. UWGNH works with two community-based organizations to implement the program: All Our Kin and LULAC Head Start Inc.

**UNIVERSITY OF CONNECTICUT COOPERATIVE EXTENSION SYSTEM**

*New Haven EFNEP (Expanded Food and Nutrition Education Program)*

New Haven County Extension Center

305 Skiff Street, North Haven, CT

Telephone: (203) 407-3169

Contact: Wanda Hamilton

Email: [wanda.hamilton@uconn.edu](mailto:wanda.hamilton@uconn.edu)

**Overview of Services/Program**

Community-based food and nutrition education for low-income families and youth to help them learn food shopping and preparation skills to save money and improve nutrition. Series of at least 4 small group classes are interactive, usually organized with a community-based agency.



## **WATERBURY CHAPTER OF THE COMPASSIONATE FRIENDS**

Senior Care Center  
900 Straits Turnpike  
Middlebury, CT 06762  
Telephone: (860) 351-5879  
Contact: Sharon Burns  
Email: [waterburychapterofcf@yahoo.com](mailto:waterburychapterofcf@yahoo.com)  
Website: [www.waterburytcf.org](http://www.waterburytcf.org)  
national website:  
[www.thecompassionatefriends.org](http://www.thecompassionatefriends.org)

### **Overview of Programs/Services**

For parents, siblings, grandparents, uncles, aunts, etc anyone that has had a child that has passed too soon. It is to help, with the loss of any child, of any age, due to accident, illness, still born, or suicide. The group meets at 7:00 PM on the 2<sup>nd</sup> Wednesday of every month. There is no cost. You may come and talk if you like or just come to listen, which ever helps the most. We have several chapters around the state and can refer you to the closest one possible. Call for more information.

## **WATERBURY PUBLIC SCHOOLS**

*Supports for Pregnant and Parenting  
Teens (SPPT)*

30-A Church Street  
Waterbury, CT 06702  
Telephone: (203) 574-2910  
Fax: (203) 573-6634  
Contact/email: Ewa Wrona, MSW;  
[ewrona@waterbury.k12.ct.us](mailto:ewrona@waterbury.k12.ct.us)  
George Hayes, MSW;  
[ghayes@waterbury.k12.ct.us](mailto:ghayes@waterbury.k12.ct.us)

**Overview of Services/Program** The Program provides comprehensive and individualized services to pregnant and parenting high school students in Waterbury and to help them complete their education, enhance their parenting skills and insure full access to health and daycare services, before, during and after pregnancy. The Program offers a variety of services such as: flexible, quality schooling, case management and family support, referrals to health services, home visiting, parenting and life skills education, father involvement services and support, assistance with transportation.

## **WOODBIDGE YOUTH SERVICES**

4 Meetinghouse Lane  
Woodbridge, CT 06525  
Telephone: (203) 389-3429  
Fax: (203) 389-3472  
Contact: Nancy Pfund  
E-mail: [npfund@woodbridgect.org](mailto:npfund@woodbridgect.org)  
Website: [www.woodbridgect.org](http://www.woodbridgect.org)

### **Overview of Services/Programs**

The Woodbridge Youth Evening Program is an evening event held on occasional Friday evenings for 7th and 8th grade residents of Bethany and Woodbridge – parents are encouraged to volunteer. Woodbridge Youth Services provides parent/student advocacy through assistance, education, and programming such as Babysitters' Training, Home Alone courses, and a Divorce Panel for Parents. Programs at local schools include Anti-Bullying, Prevention, After-School Guided Study, after-school classes in Cooking and Photography, and other Positive Youth Development programs.

## **YOUNG PARENT PROGRAM OF MILFORD**

300 Seaside Avenue  
Milford CT 06460  
Telephone: (203) 876-4285  
Fax: (203) 876-4198  
Contact: Karen Schur, Executive Director  
E-mail: [karen.schur@milfordhospital.org](mailto:karen.schur@milfordhospital.org)

### **Overview of Services/Program**

Teen pregnancy prevention program and teen parenting support services; provides confidential parenting and pregnancy prevention services to teens and young adults to promote healthy choices and responsible decision-making, healthy birth outcomes and prevention of future unwanted pregnancies. Childbirth classes and home visitation is offered. Targeted participants are parents 13-21 years old in Milford and the surrounding communities. No fees associated with services.

## **PROGRAMS/SERVICES: NEW LONDON COUNTY**

Serving Baltic, Bozrah, Colchester, East Lyme, Franklin, Gales Ferry, Griswold, Groton, Hanover, Jewett City, Lebanon, Ledyard, Lisbon, Lords Point, Lyme, Mohegan, Montville, Morningside Park, Mystic, New London, Niantic, Noank, North Lyme, North Stonington, Norwich, Norwichtown, Oakdale, Occum, Old Lyme, Pawcatuck, Preston, Salem, Sprague, Stonington, Taftville, Uncasville, Versailles, Voluntown, Waterford, Yantic

### **BRANFORD FAMILY RESOURCE CENTER**

12 Melrose Avenue  
Branford, CT 06405  
Telephone: (203) 315-3799  
Fax: (203) 315-4143  
Contact: Wendy Miller  
E-mail: [wemiller@branfordschools.org](mailto:wemiller@branfordschools.org)

#### **Overview of Services/Program**

We provide infant/toddler playgroups for ages birth through five. Playgroups are facilitated by a nationally trained parent educator and developmental screenings for children are conducted as well as home visits. Playgroups are for all families: dads and grandparents are welcome and encouraged to join us. Monday – Friday 9:30-11:30 open enrollment.

### **MADONNA PLACE, INC.**

240 Main Street  
Norwich, CT 06360  
Telephone: (860) 886-6600  
Fax: (860) 892-5411  
Contact: Wendy Yagarich, Director of Programs  
E-mail: [wyagarich@madonnaplace.org](mailto:wyagarich@madonnaplace.org)  
Website: [www.madonnaplace.org](http://www.madonnaplace.org)

#### *Fatherhood Initiative Program*

#### **Overview of Services/Program**

This state-certified fatherhood program has a mission to support fathers as they strive to meet the emotional, financial, medical, educational and physical needs of their children. The program offers case management services to promote positive interaction between fathers, mothers and children. A number of curriculum-based parenting and related groups are offered for fathers and couples. Family Development Plans are used to address fathers' strengths, challenges and goals.

#### *Nurturing Families Network*

#### **Overview of Services/Program**

Program consists of two different components, Nurturing Connections phone support and Nurturing Families Home Visiting; all components are offered to both mothers and fathers. First-time parents go through a screening to determine which component best meets their needs. We serve first-time parents that deliver at Backus in Norwich. Families who are involved with DCF are not eligible for services. All services are free, confidential and voluntary.

#### *Maternal Infant and Early Childhood Home Visiting Program (MIECHV)*

#### **Overview of Services/Program**

MIECHV is a home visiting program for pregnant women and children designed to improve maternal and child birth outcomes as well as foster positive early childhood development. The program offers support for a healthy pregnancy, parenting skills or a chance to connect with other parents. MIECHV also engages fathers and includes a fathering component led by a fathering home visitor. MIECHV serves Norwich, Griswold and Sprague.

**TOWN OF GROTON DEPARTMENT OF  
HUMAN SERVICES  
GROTON FAMILY SUPPORT CENTER (FSC)**

2 Fort Hill Road  
Groton, CT 06340  
Telephone: (860) 441-6760  
Fax: (860) 441-6766

Contact: Marjorie D. Fondulas, Director of  
Human Services

E-mail: [mfondulas@groton-ct.gov](mailto:mfondulas@groton-ct.gov)

**Overview of Programs/Services**

The Human Services Department offers guidance and support to parents, grandparents and caregivers, conducts community programs and workshops, maintains a community food locker and sponsors annual holiday food basket and toy distributions. The department provides rent, utility and fuel assistance based upon eligibility requirements and offers counseling for children and youth, crisis intervention, advocacy, case management and information and referral services. Groton residency is required for most services but some programs are open to any persons residing in the greater Groton/New London County area. All programs and services are provided free of charge.

For the following programs, contact via phone at Diane Schrage, (860) 441-6790 or email at [dschrage@groton-ct.gov](mailto:dschrage@groton-ct.gov)

Both programs are offered at the Human Services Building, 2 Fort Hill Road, Groton:  
*Grandparents Raising Grandchildren Support Group*

The group is offered monthly and open to grandparents in the greater Groton/New London County area who have temporary or permanent custody of their grandchildren. Refreshments and limited child care provided free of charge. Group meets the first Thursday of each month, 6:30-8PM.

*Parents' Craft Group*

The group is offered three Tuesday mornings/month and open to dads, moms, grandparents, and caregivers who enjoy crafts and benefit from sharing the joys and challenges of parenting. Pre-school age children are welcome and remain in the room with their families; refreshments are provided. The group is offered free of charge.

**UNITED COMMUNITY & FAMILY SERVICES**

Multiple locations in New London County:

*Edward & Mary Lord Family Health Center*  
47 Town Street, Norwich, CT 06360  
Telephone: (860) 892-7042  
Fax: (860) 886-6124

Contact Person: Michelle Wiik

E-mail: [mwiik@ucfs.org](mailto:mwiik@ucfs.org)

**Overview of Services/Program**

We provide pediatric, adult and geriatric primary care, women's health services, dental health services, community outreach services and outpatient behavioral health services.

*Rock Nook Building*

77 Town Street, Norwich, CT 06360  
Telephone: (860) 822-4272  
Fax: (860) 859-4420

Contact Person: Wendy Rein

E-mail: [wrein@ucfs.org](mailto:wrein@ucfs.org)

**Overview of Services/Program**

We provide community based behavioral health services consisting of Crisis Intervention, Intensive Family Preservation, Multidisciplinary Family Therapy, Early Childhood Consultation Partnership, Child First, Caregiver Support Team, Positive Parenting Program, Family Based Recovery, Care Coordination and Reconnecting Families.

*Griswold Health Center*

70 Main Street  
Jewett City, CT 06351  
Telephone: (860) .376-7040  
Fax: (860) 376-7045

Contact Person: Michelle Wiik

E-mail: [mwiik@ucfs.org](mailto:mwiik@ucfs.org)

**Overview of Services/Program**

We provide pediatric, adult and geriatric primary care, women's health services and behavioral health services.

*New London Office*

400 Bayonet Street, Suite 103  
New London, CT 06320  
Telephone: (860) 442-4319  
Fax: (860) 437-2334

Contact Person: Brian Tessier

E-mail: [btessier@ucfs.org](mailto:btessier@ucfs.org)

**Overview of Services/Program**

We provide individual and group counseling to adults, children and families in southeastern CT.

## **UNITED COMMUNITY & FAMILY SERVICES**

*Colchester Office*

212 Upton Road, Suite C

Colchester, CT 06415

Telephone: (860) 537-7676

Fax: (860) 537-7679

Contact Person: Ann Marie Maffuid

E-mail: [amaffuid@ucfs.org](mailto:amaffuid@ucfs.org)

### **Overview of Services/Program**

The Colchester office provides individual and group counseling to adults, children and families.

## **UNIVERSITY OF CONNECTICUT COOPERATIVE EXTENSION SYSTEM**

*Expanded Food and Nutrition Education Program (EFNEP)*

562 New London Turnpike

Norwich CT. 06360

Phone: (860) 885-2825

Fax: (860) 886-1164

Contact: Erica Benvenuti, RD, Community Nutrition Educator

e-mail: [erica.benvenuti@uconn.edu](mailto:erica.benvenuti@uconn.edu)

### **Overview of Services/Program**

Community-based food and nutrition education for low-income families and youth to help them learn food shopping and preparation skills to save money and improve nutrition. Series of at least four small group classes are interactive, usually organized with a community-based agency.

**There isn't any *formula...***

**You learn to **LOVE** *by loving.***

**~ Aldous Huxley**



## **PROGRAMS/SERVICES: TOLLAND COUNTY**

Serving Amston, Andover, Bolton, Columbia, Coventry, Crystal Lake, Ellington, Hebron, Mansfield, Rockville, Somers, Somersville, South Coventry, Stafford, Stafford Springs, Storrs, Talcottville, Tariffville, Tolland, Union, Vernon, Vernon Center, Willington

### **EASTERN CONNECTICUT HEALTH NETWORK (ECHN)**

#### **FAMILY DEVELOPMENT CENTER**

71 Haynes Street

Manchester, CT 06040

Telephone: (860) 432-5278 ext. 136

Contact: Latrice Grumley, Manager

E-mail: [lgrumley@ehcn.org](mailto:lgrumley@ehcn.org)

#### **Overview of Services/Program**

The ECHN Family Development Center operates a number of fatherhood initiatives via five basic programs: Nurturing Families Network, Early Head Start, The Positive Parenting Program (Triple P), Family Resource Center in Manchester, Family Resource Center in Vernon, and the Maternal Infant & Early Childhood Home Visiting program.

Opportunities include: Parenting groups just for dads, home visiting for parents (including dads who are primary caregivers), single parent support group, special events for dads and their children, including playgroups, field trips and workshops. No cost for services.

### **STAFFORD FAMILY SERVICES**

21 Hyde Park Rd

Stafford Springs, CT 06076

Telephone: (860) 684-4239

Fax: (860) 684-0511

Contact: Ramona Singleton, Director

Debi Shearer, Therapist

E-mail: [family.services@staffordct.org](mailto:family.services@staffordct.org)

#### **Overview of Services/Program**

Outpatient individual, couple & family counseling services. Substance Abuse counseling. Serving families, couples, parents, single parents, teens, and children. Fees: most insurance accepted; call to inquire. Year-round services.

### **UNIVERSITY OF CONNECTICUT COOPERATIVE EXTENSION SYSTEM**

*EFNEP (Expanded Food and Nutrition Education Program)*

State EFNEP Office

Department of Nutritional Sciences

3624 Horsebarn Road Extension

UCONN

Storrs, CT 06269-4017

\*Office locations in Hartford, New Haven and Windham counties (call for information or refer to listings under each county)

Telephone: (860) 486-1783

Fax: (860) 386-3674

Contact: Linda Drake, Program Director

E-mail: [linda.drake@uconn.edu](mailto:linda.drake@uconn.edu)

#### **Overview of Services/Program**

Community-based food and nutrition education for low-income families and youth to help them learn food shopping and preparation skills to save money and improve nutrition. Series of at least 4 small group classes are interactive, usually organized with a community-based agency.



## **PROGRAMS/SERVICES: WINDHAM COUNTY**

Serving Abington, Ashford, Ballouville, Brooklyn, Canterbury, Chaplin, Danielson, Dayville, East Brooklyn, East Killingly, East Putnam, Eastford, Fabyan, Grosvenor Dale, Hampton, Killingly, Moosup, North Grosvenor Dale, Oneco, Plainfield, Pomfret, Putnam, Putnam Heights, Quinebaug, Rogers, Scotland, South Killingly, South Windham, South Woodstock, Staffordville, Sterling, Thompson, Wauregan, Willimantic, Windham, Woodstock

### **ACCESS COMMUNITY ACTION AGENCY**

1315 Main Street, Suite 2  
Willimantic, CT 06226  
Telephone: (860) 450-7400  
Fax: (860) 450-7454

231 Broad Street  
Danielson, CT 06239  
Telephone: (860) 774-0418  
Fax: (860) 774-3347

E-mail: [www.access@accessagency.org](http://www.access@accessagency.org)

#### **Overview of Services/Program**

The Mission of the Access Community Action Agency is to create conditions that empower individuals, families, and communities to overcome the barriers that impair their ability to be economically stable. A variety of programs are offered free of charge to qualifying participants and include programs targeted to families, parents, adolescents and individuals. These programs provide food, heat, energy, housing assistance, job and life skills training, community services, mentoring and more. Call for more information or visit [www.accessagency.org](http://www.accessagency.org)

### **ASHFORD PARKS AND RECREATION COMMISSION**

5 Town Hall Road  
Ashford, CT 06278  
Telephone: (860) 487-4409  
Fax: (860) 487-4434  
Contact: Sherry York  
E-mail: [syork@ashfordtownhall.org](mailto:syork@ashfordtownhall.org)

#### **Overview of Services/Program**

Ashford Parks and Recreation provides programs and activities for various age children and families. The program offerings are listed in a seasonal program brochure called the *Ashford Activator*. It is mailed to Ashford Residents 3 times a year or can be found on the town website [www.AshfordCT.org](http://www.AshfordCT.org)

### **GENERATIONS FAMILY HEALTH CENTER**

*Building Bridges Program*

#### **Two Locations Serve Fathers:**

40 Mansfield Ave, Willimantic, CT  
Telephone: (860) 456-6296  
Fax: (860) 450-7444  
Contact: Kimberly Paluska  
E-mail: [kpaluska@genhealth.org](mailto:kpaluska@genhealth.org)

202 Pomfret St. Putnam, CT  
Telephone: (860) 963-7917 ext 4141  
Contact: Donna Johnston  
Fax: (860) 963-0015  
E-mail: [djohnston@genhealth.org](mailto:djohnston@genhealth.org)

#### **Brief Overview of Services/Program**

Generations Family Health Center offers two Home Visiting Programs and several groups for fathers. Home Visiting is a long-term, intensive individualized program for expectant fathers and fathers parenting. Target participants are fathers of infants up to three months of age and expectant fathers. The second program is a 24/7 Dads Group that meets weekly and is open to all fathers. Both the Home Visiting Programs and the 24/7 Dads Groups provide parenting education and support and focus on relationship building, attachment, age-appropriate expectations and co-parenting while helping fathers achieve their employment and educational goals. The programs also offer case management services to promote positive interaction between fathers, mothers and children. Generations also offer a number of curriculum-based parenting and related groups to fathers and couples. In addition, Generations offers monthly play groups. These playgroups provide both parents with an opportunity to meet other parents while doing a fun and free activity. All programs and groups are free and open to the public.

**NATCHAUG SCHOOL, FAMILY RESOURCE CENTER**

123 Jackson Street  
Willimantic, CT 06226  
Telephone: (860) 465-2396  
Fax: (860) 465-2383  
Contact: Barbara Hood, Coordinator  
Email: [natchagfrc@yahoo.com](mailto:natchagfrc@yahoo.com)  
**Overview of Services/Program**  
*MIKE*, or *Males Involved in Kids' Education*, began in 1999 as a support group for fathers, and now includes activities for fathers and their children. Call for information and to register.

**PUTNAM FAMILY RESOURCE CENTER**

33 Wicker Street  
Putnam CT 06260  
Telephone: (860)963-6940 x2093  
Fax: (860)963-5357  
Contact: Patricia Bryant-Beausoleil  
Website: [www.putnam.k12.ct.us/frc](http://www.putnam.k12.ct.us/frc)  
**Overview of Services/Program**  
The Putnam Family Resource Center (FRC) is designed to support Putnam children and their families. The Family Resource Center is based on the Yale "School of the 21st Century" concept developed by Dr. Edward Zigler. There are seven mandated components of an FRC: a Parents As Teachers Program, which provides support to parents prenatal through age five, Preschool Programs, School Age Child Care, Positive Youth Development, Adult Education, Support & Training for Child Care Providers, and Resource & Referral Services for families who require links to resources. In addition the FRC provides playgroups for families with children under the age of five; parent workshops and trainings to increase skills; activities to link literacy to fun family events; and a lending library of parenting resources & family materials.

**QUINEBAUG VALLEY COMMUNITY COLLEGE**

*STRIDE Program*  
742 Upper Maple Street, Danielson, CT  
Telephone: (860) 412-7320  
Fax: (860) 412-7318  
Contact: Julie Scrapchansky  
E-mail: [jscrapchansky@qvmc.comnet.edu](mailto:jscrapchansky@qvmc.comnet.edu)  
**Overview of Services/Program**

STRIDE is a unique, state-funded transitional support workforce development program operating within the College's Division of Community Engagement. The STRIDE Program serves a targeted group of incarcerated men and women both pre-and post-release from York Correctional Institute in Niantic, Niantic Annex Correctional Institution in Niantic, Bridgeport Correctional Center in Bridgeport and Corrigan-Radgowski Correctional Center in Uncasville . The class curriculum and post-release services are collaboratively designed to assist the men and women in successfully re-entering the workforce upon release and to resume their parental roles. Eligibility of criteria is as follows: must be currently incarcerated at one of the participating STRIDE correctional facilities; must be a noncustodial parent of a child under the age of 25; you or your children are now or have been recipients of any CT state assistance program such as TFA, SAGA/LIA, HUSKY, SNAP; must be committed to becoming employed and plan to remain in the state of CT; must be able to make and keep scheduled appointments with STRIDE staff, both on a pre- and post-release basis.

**UNITED COMMUNITY & FAMILY SERVICES (UCFS)**

Plainfield Health Center  
120-122 Plainfield Road, Moosup, CT  
Telephone: (860) 822-4938  
Fax: (860) 230-7080  
Contact Person: Heidi Simmons  
E-mail: [hsimmons@ucfs.org](mailto:hsimmons@ucfs.org)  
**Overview of Services/Program**  
The Plainfield Health Center provides pediatric, adult and geriatric primary care, women's health services and behavioral health services.

**UNITED SERVICES, INC.**

*Positive Parenting Program (Triple P)*

Two locations:

P.O. Box 378

303 Putnam Road, Wauregan

Telephone: (860) 564-6100

Toll free: 1-800-953-0295

Fax: (860) 564-6110

P.O. Box 200

233 Route 6, Columbia

Telephone: (860) 228-4480

Fax: (860) 228-6921

Contact Person: Debora Moyer, Parenting Services Manager

E-mail: [dmoyer@usmhs.org](mailto:dmoyer@usmhs.org)

**Overview of Services/Program**

The Positive Parenting Program (Triple P) serves parents and caretakers of children ages 0 - 17 years. Triple P is an in-home, evidenced based program that helps parents become independent, resourceful problem solvers. Parents will learn how to create positive and safe home learning environments that promote their children's emotional, behavioral, and cognitive strengths. Families will receive a thorough assessment of parent-child interaction and will be taught a parenting skills curriculum that can be used to target a broad range of behaviors. The program serves families that are referred by DCF or by the Community Support for Families (CSFF) program. Community and self-referrals are also accepted and are prioritized accordingly, with DCF and CSFF families receiving first priority for receiving services. Participation in the program is free of charge, is voluntary and operates year round. Services are available in English and Spanish. Towns Served: Ashford, Brooklyn, Canterbury, Chaplin, Columbia, Coventry, Eastford, Hampton, Killingly, Lebanon, Mansfield, Plainfield, Pomfret, Putnam, Scotland, Sterling, Thompson, Union, Willington, Windham and Woodstock. Referrals can be faxed to 860.564.6110 or mailed to P.O. Box 378, Wauregan, CT 06387

*Grandparents Raising Grandchildren Support Group*

Contact: Martha Harrison, Manager

E-mail: [gumharrsion@usmhs.org](mailto:gumharrsion@usmhs.org)

Bilingual staff available

**Overview of Services/Program**

The Grandparents Raising Grandchildren Support Group is an opportunity for grandparents to meet others in the same situation. The group, facilitated by a staff member, provides a peer environment and the opportunity to share experiences and learn new parenting skills. In addition to the much-needed social support, informational topics are discussed such as parenting issues, self-esteem, grief and loss, child development, budgeting and legal issues. Childcare is provided at no charge; refreshments are provided for all.

**UNIVERSITY OF CONNECTICUT  
COOPERATIVE EXTENSION SYSTEM  
EFNEP (Expanded Food and Nutrition  
Education Program)**

Windham County Extension Center

139 Wolf Den Road

Brooklyn, CT 06234-1729

Telephone: (860) 774-9600

\*Office locations in Hartford, New Haven and Windham counties (call for information)

Telephone: (860) 486-1783

Fax: (860) 386-3674

Contact: Linda Drake, Program Director

E-mail: [linda.drake@uconn.edu](mailto:linda.drake@uconn.edu)

**Overview of Services/Program**

Community-based food and nutrition education for low-income families and youth to help them learn food shopping and preparation skills to save money and improve nutrition. Series of at least 4 small group classes are interactive, usually organized with a community-based agency.

