### ALBERT J. SOLNIT CHILDREN'S CENTER

### Albert J. Solnit Children's Center Overview

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#### **Policy**

The Department of Children and Families shall operate the Albert J. Solnit Children Center, which shall include a psychiatric hospital and two psychiatric residential treatment centers (PRTFs) for children under the age of 18 years.

Cross-reference: DCF Policy Vol. III for Solnit Hospital and PRTF procedures.

## Psychiatric Residential Treatment Facilities

Solnit Center shall include two psychiatric residential treatment facilities.

The PRTFs are designed to:

- be the bridge between hospital and home and community; and
- provide diversionary placements to avoid the need for a hospital stay.

The North Campus shall serve adolescent males between the ages of 13 and 17 with complex psychiatric needs. Contact information can be found at: <a href="http://www.portal.ct.gov/DCF/Solnit-Center/North">http://www.portal.ct.gov/DCF/Solnit-Center/North</a>

The South Campus shall serve adolescent females between the ages of 13 and 17. Contact information can be found at: <a href="http://www.portal.ct.gov/DCF/Solnit-Center/South">http://www.portal.ct.gov/DCF/Solnit-Center/South</a>

# Responsibilities of the Superintendent

The responsibilities of the Superintendent of Solnit South shall include the administration of the hospital and the psychiatric residential treatment facilities.

The responsibilities of the Superintendent of Solnit North shall include the administration the psychiatric residential treatment facilities.

### Treatment Model

The Solnit Children's Center shall utilize a strength-based, family-centered relational approach based on youth-adult partnerships. The program model shall focus treatment strategies which are trauma-informed and gender-responsive.

## Solnit Children's Center Hospital

The Solnit Children's Center includes an acute care psychiatric hospital for children. It provides comprehensive care to children and adolescents with severe mental illness and related behavioral and emotional problems who cannot be safely assessed or treated in a less restrictive setting.

# PRTF Program Components

The components of the PRTF programs include:

- comprehensive multidisciplinary assessment;
- 24-hour supervision and monitoring;
- individual, group and family therapy;
- medication evaluation and management;
- intensive case management; and
- in-home support.

The PRTFs provide educational programs, work experience opportunities and rehabilitation including therapeutic recreation and occupational and music therapies.