

## PARENT PROBLEM CHECKLIST

Below are a list of issues over child-rearing which parents often discuss. Please (1) circle either “Yes” or “No” to indicate whether or not each issue has been a problem for you and your partner over the last 4 weeks, and (2) circle the number describing the extent to which each issue has been a problem for you and your partner in the last 4 weeks.

	HAS THIS ISSUE BEEN A PROBLEM FOR YOU AND YOUR PARTNER?		TO WHAT EXTENT HAS THIS ISSUE BEEN A PROBLEM FOR YOU AND YOUR PARTNER?						
	Yes	No	Not at All	A little	Somewhat	Much	Very Much		
1. Disagreement over household rules (e.g. bedtime, play areas)	Yes	No	1	2	3	4	5	6	7
2. Disagreement over type of discipline (e.g. smacking children)	Yes	No	1	2	3	4	5	6	7
3. Disagreement over who should discipline the children	Yes	No	1	2	3	4	5	6	7
4. Fighting in front of the children	Yes	No	1	2	3	4	5	6	7
5. Inconsistency between parents	Yes	No	1	2	3	4	5	6	7
6. Children preventing parents from being alone	Yes	No	1	2	3	4	5	6	7
7. Disagreement about sharing childcare workloads	Yes	No	1	2	3	4	5	6	7
8. Inability to resolve disagreements about childcare	Yes	No	1	2	3	4	5	6	7
9. Discussions about childcare turning into arguments	Yes	No	1	2	3	4	5	6	7
10. Parents undermining each other, (i.e. not backing each other up)	Yes	No	1	2	3	4	5	6	7
11. Parents favouring one child over another	Yes	No	1	2	3	4	5	6	7
12. Lack of discussion between parents about childcare	Yes	No	1	2	3	4	5	6	7
13. Lack of discussion about anything	Yes	No	1	2	3	4	5	6	7
14. One parent ‘soft’ one parent ‘tough’ with children	Yes	No	1	2	3	4	5	6	7
15. Children behave worse with one parent than the other	Yes	No	1	2	3	4	5	6	7
16. Disagreement over what is naughty behaviour	Yes	No	1	2	3	4	5	6	7

*Note.* From *Behavioral Family Intervention* (p. 80), by M.R. Sanders and M.R. Dadds, 1993, Needham Heights, MA: Allyn and Bacon. Copyright 1993 by Allyn and Bacon. Adapted with permission.