

# CONNECTICUT CHILDREN'S BEHAVIORAL HEALTH PLAN



## WHAT

### Connecticut Children's Behavioral Health Plan

#### **PUBLIC ACT 13-178**

- Blue print to improve the child behavioral health system to prevent or reduce the long-term negative impact of mental, emotional and behavioral health issues on Connecticut's children
- Developed in the wake of the Newtown tragedy
- Informed through extensive input from families, providers and other stakeholders

## WHO

### Implementation Advisory Board

#### **PUBLIC ACT 15-27**

- Mandated representatives from 12 state agency partners, families of children with behavioral health needs, providers, advocates and certain other community stakeholders
- Entity charged to advise regarding execution of the Plan and related implementation activities
- Submits annual progress reports to the Children's Committee of the General Assembly

## VISION

### Connecticut Children's Behavioral Health System Will:

- Promote the wellbeing of *all* of Connecticut's children through prevention, early detection and access to responsive and effective services
- Provide a broad array of services through a coordinated and integrated system that maximizes available resources
- Empower and support families to raise healthy and happy children
- Reduce racial and ethnic disparities in outcomes for children and families of color

## SELECTED ACCOMPLISHMENTS TO DATE

- Participation by all 12 state agency partners in fiscal mapping activities and annual reporting
- Multi-agency cooperation in the collection of data on early screening tools and practices
- Increased level of cross-agency collaboration on initiatives to address behavioral health needs
- Multiple system improvements that address specific service needs and gaps identified in the plan
- Identification of gaps in available data and challenges to interagency data collection and sharing
- Continuation of community conversations to include family voice in shaping the system

## LOOKING AHEAD

Full implementation of the Plan will require additional time and resources for further analysis of the multiple fiscal and structural interdependencies within Connecticut's complex and dynamic child behavioral health system. Key recommendations from the Advisory Board's 2018 annual progress report to the Children's Committee include:

- More detailed analysis of behavioral health expenditures by service type and level of intervention, race and ethnicity *across the system*
- Increased coordination with workgroups, task forces and boards addressing issues with an impact on the children's behavioral health system
- Inclusion of commercial insurance data

# CONNECTICUT CHILDREN'S BEHAVIORAL HEALTH SYSTEM



## SYSTEM OF CARE BASED ON VALUES AND PRINCIPLES OF A FULL SPECTRUM OF EFFECTIVE, COMMUNITY-BASED SERVICES

for children and youth with, or at risk for, mental health or other challenges and their families. This system is a coordinated network that builds meaningful partnerships with families and youth, and addresses their cultural and linguistic needs to help them function better at home, school, in the community, and throughout life.

## STATE AGENCY PARTNERS

Department of Children and Families (DCF)  
Department of Developmental Services (DDS)  
Department of Social Services (DSS)  
Department of Public Health (DPH)  
Department of Mental Health and  
Addiction Services (DMHAS)  
Connecticut Insurance Department (CID)

Connecticut State Department of Education (CSDE)  
Office of Early Childhood (OEC)  
Office of the Child Advocate (OCA)  
Office of the Healthcare Advocate (OHA)  
Judicial Branch Court Support Services Division (JBCSSD)  
Commission on Women, Children and Seniors (CWCS)

To review the *Connecticut Children's Behavioral Health Plan*, members of the *Implementation Advisory Board* and *Annual Progress Reports* please visit:

[plan4children.org](http://plan4children.org)

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Children and Families to Care

