

# CT Family First - Programs & Service Array Workgroup

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JANUARY 28, 2021

CO-CHAIRS: ELISABETH CANNATA & ELIZABETH DURYEA

# PSAWG Meeting Agenda: January 28<sup>th</sup>, 2021

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1. Welcome
2. Governance Committee Updates
3. PSAWG Workplan through April
4. Update/Review Models Newly Approved to FFPSA Clearinghouse
  - Fit/Feasibility exercise to submit to Fiscal Workgroup
5. Next Steps
  - Adjustments to meetings

# Desired Results for Today:

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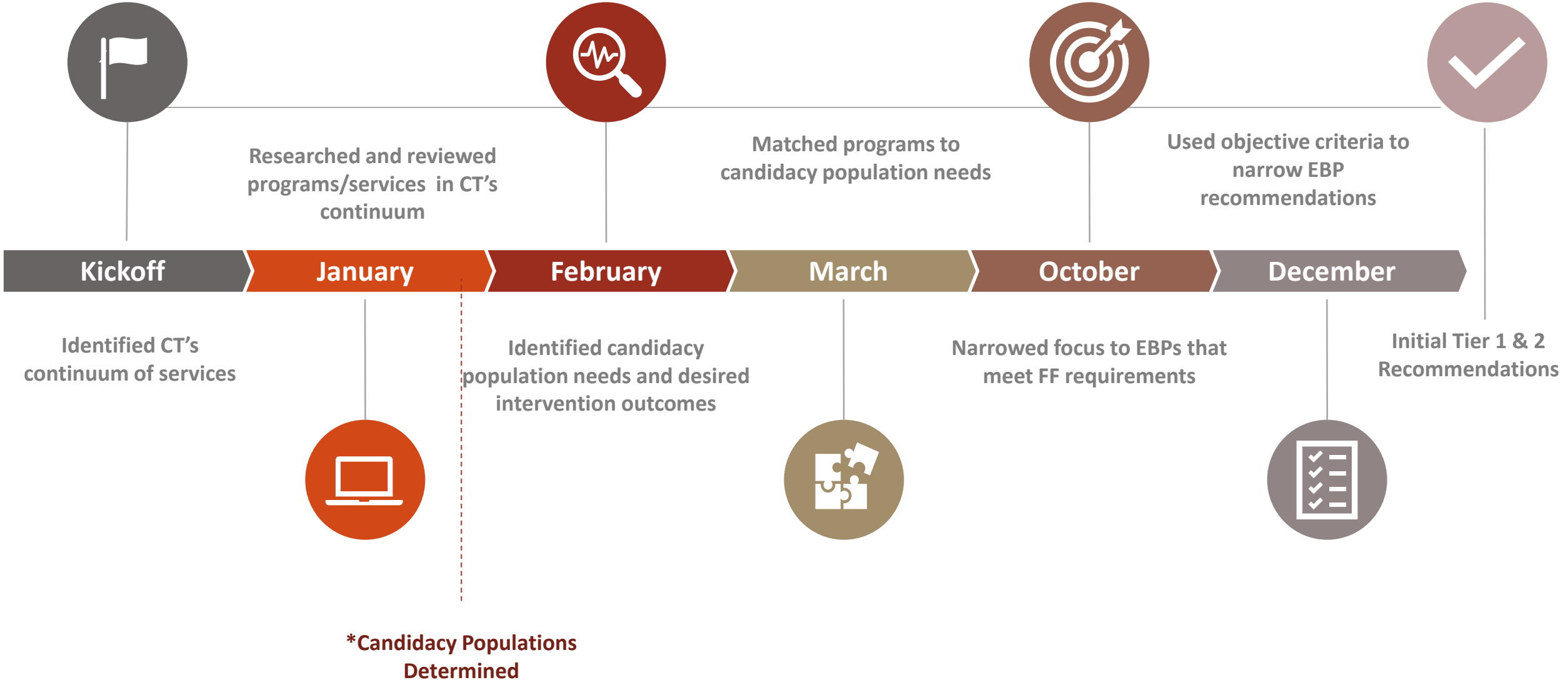
1. Share update from Governance and next steps with other workgroups
2. Discuss fluidity of Title IV-E Clearinghouse and ongoing EBP review
3. Review newly added Tier 2 models for fit/feasibility to assess additions to our initial recommendations and work ahead with Fiscal Workgroup
4. Discuss timeline for review process for Tier 3 and Tier 4 models and identified gaps

# Governance Updates

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- Highlighted PSAWG Model Review Process
- Presented Initial Recommendations from Tier 1 & 2 Model Review
- Discussed Emerging Candidacy Group Service Gaps
- Outlined Next Steps
  - Continue Review for Newly Added Models
  - Convene Smaller Working Group for further analysis around fiscal considerations
  - Support Work needed to address gaps in broader prevention planning

# Workgroup Timeline and Process – What we’ve done!



# PSAWG 2021 Goals, Deliverables, & Deadlines

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- 1/28 workgroup meeting
  - Review newly added Tier 2 EBPs
- February (offline work)
  - Present initial recommendations to the fiscal workgroup (Feb. 4<sup>th</sup>)
  - Review considerations for Independent Systematic Review, for initial recs
  - Develop criteria for review of Tier 3 services
  - Hybrid workgroup: ensure the fiscal workgroup has necessary information for elevating particular models as fiscal review is underway
- 2/25 workgroup meeting
  - Review Tier 3 recommendations
  - Develop plan to consider services for remaining candidacy populations outside of title IV-E
- TBD
  - Consider Tier 4
  - Develop strategies for addressing gaps
  - Review existing CT initiatives to build upon

# Remaining Gaps

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From PSAWG Phase 1 review, here are identified where Tier 1 & 2 models do not address candidacy needs:

- Housing
- Caregivers and/or children with Intellectual/developmental disabilities
- Parents or caregivers with mental health disorders
- Parents and caregiver substance use disorders
- Families with IPV
- Children with incarcerated parents
- Mental health needs of very young children



# FFPSA-Eligible EBPs

Evidence Tiers	Prevention Plan CQI/Evaluation Requirement	# of EBPs Reviewed
<b>Tier 1:</b> Rating of “Well Supported” on FFPSA title IV-E Clearinghouse	CQI with Evaluation Waiver	8
<b>Tier 2:</b> Rating of “Supported” or “Promising” on title IV-E Clearinghouse or has an Independent Systematic Review	Full Evaluation	17*
<b>Tier 3:</b> Rated on CEBC or has strong body of evidence, but is not on title IV-E Clearinghouse	Independent Systematic Review + Full Evaluation	73
<b>Tier 4:</b> Effective services, but not on CEBC or title IV-E Clearinghouse	N/A (Likely not viable for Plan inclusion)	





# Selection Criteria to Refine Initial EBP Recommendations

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## **Fit:**

- Prioritized EBPs that met 3 or more candidacy populations
- Evidence of research for EBPs with communities of color, as evidenced by studies reviewed on the CEBC or the title IV-E Clearinghouse\*

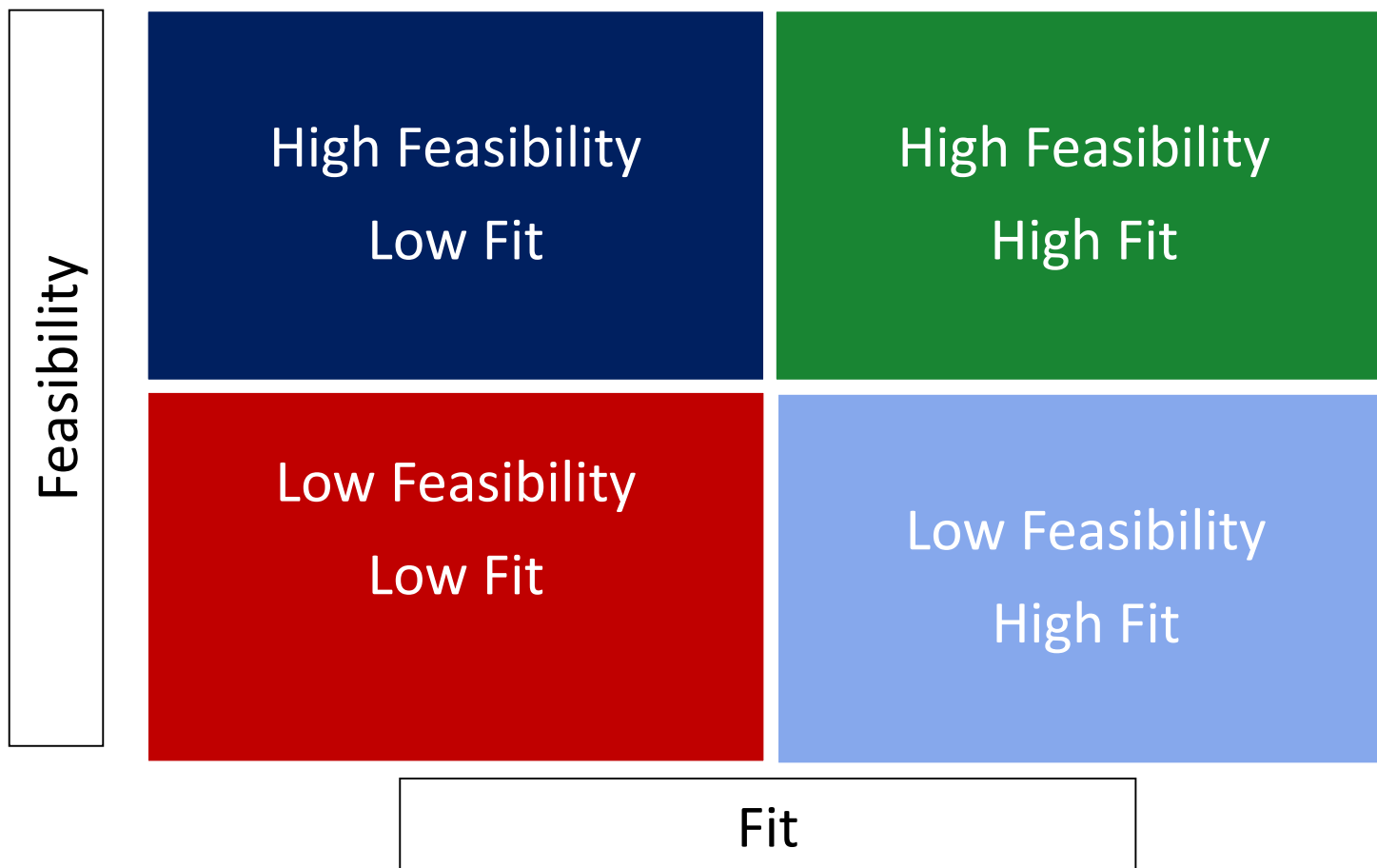
## **Feasibility:**

- The level of evidence, as determined by the title IV-E Clearinghouse (*only Tier 1 and Tier 2 considered at this time*).
- Availability in Connecticut, as defined by existing within 3 or more regions.

*\*Recognizing there may be other sources of research for consideration*



# Fit & Feasibility Matrix



### High Fit/Feasibility:

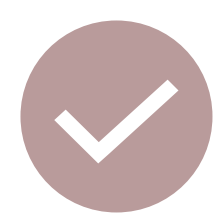
- EBPs with all 4 criteria met (*likely recommended*)

### High Fit/Low Feasibility:

- EBPs that met both fit criteria and 1 feasibility criterion (*recommendation considered*)

### High Feasibility/Low Fit and Low Fit:

- EBPs that met fewer than 3 candidacy populations or are not researched with communities of color: (*likely excluded*)



# Criteria Summary for Initial EBP Recommendations for Further Consideration

*All recommended EBPs were researched with communities of color*

## Tier 1 –

- Functional Family Therapy (FFT)
- Motivational Interviewing (MI)
- Multi-systemic Therapy (MST)
- Nurse Family Partnership (NFP)
- Parents As Teachers (PAT)
- Parent-Child Interaction Therapy (PCIT)
- Brief Strategic Family Therapy (BSFT)
- Healthy Families America (HFA)

## Tier 2 –

- Methadone Maintenance Therapy (MMT)
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- Triple P
- Multi Dimensional Family Therapy (MDFT)
- Wraparound

Not Yet Available in CT	Some Availability in CT	Widely Available in CT
Brief Strategic Family Therapy	Healthy Families America	All Other Tier 1 and Tier 2 Recommended EBPs



# FFPSA Clearinghouse – What's New?

## High Feasibility/Low Fit:

## High Fit/Feasibility:

## Low Fit/Low Feasibility:

- Incredible Years – School Age Basic Program
- Incredible Years – Toddler Basic Program
- Interpersonal Psychotherapy

## High Fit/Low Feasibility:

- Adolescent Community Reinforcement Approach (ACR-A)
- Child-Parent Psychotherapy
- Intercept
- SafeCare
- Sobriety Treatment and Recovery Teams
- TRBI 101
- Trust-Based Relational Intervention – Caregiver Training
- **Iowa Parent Partner Approach**

# High Fit/Low Feasibility EBPs

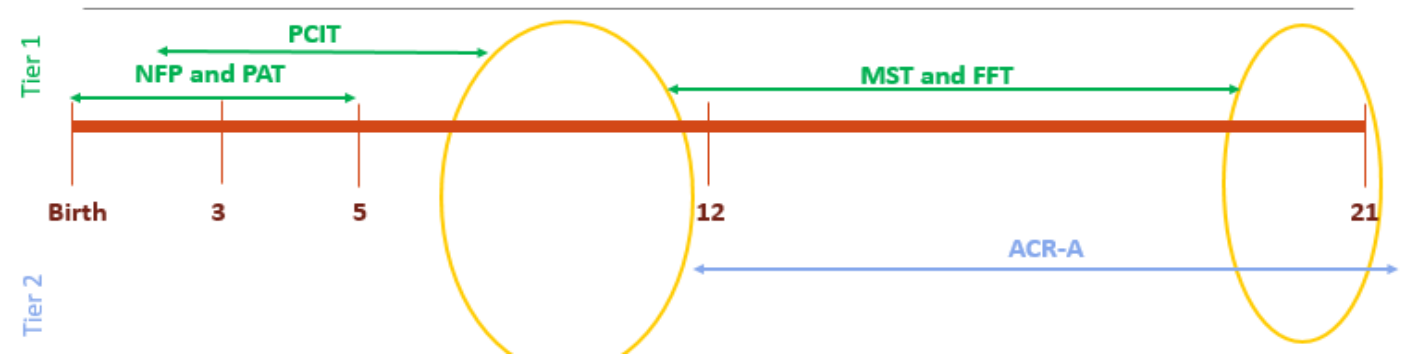
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- Adolescent Community Reinforcement Approach (ACR-A)
- Child-Parent Psychotherapy
- Intercept
- SafeCare
- Sobriety Treatment and Recovery Teams
- TRBI 101
- Trust-Based Relational Intervention – Caregiver Training
- Iowa Parent Partner Approach

# Adolescent Community Reinforcement Approach

## Criteria:

- Met 5 candidacy populations
- **Tier 2**
- Researched with communities of color
- Widely available in CT



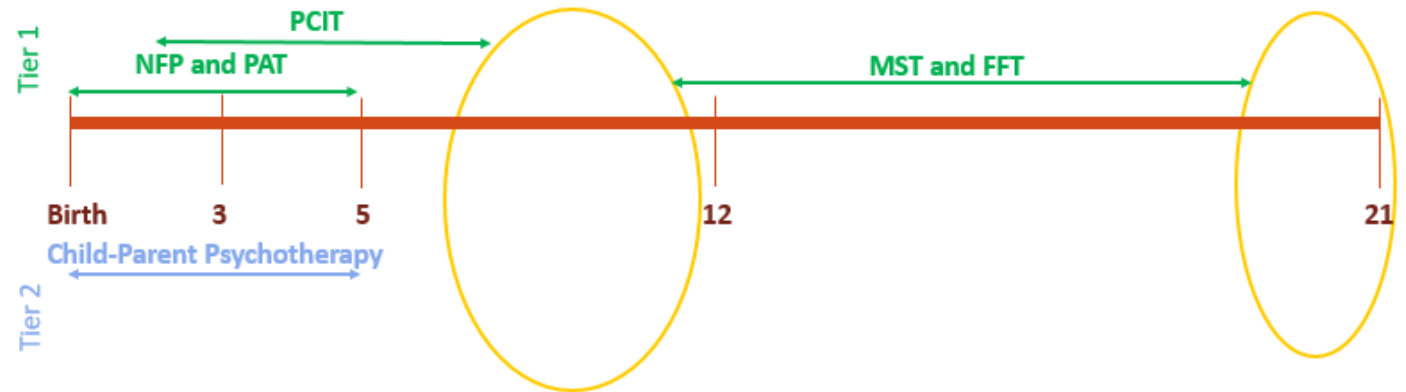
## Gaps to Fill:

- Age range: Age 7-12 are unmet by High Fit/High Feasibility EBPs, ACR-A serves youth 12-24

# Child-Parent Psychotherapy

## Criteria:

- Met 5 candidacy populations
- **Tier 2**
- Researched with communities of color
- Widely available in CT



## Gaps to Fill:

- Addresses the mental health needs of very young children
- Age range: Age 7-12 are unmet by High Fit/High Feasibility EBPs, Child-Parent Psychotherapy serves youth 0-5

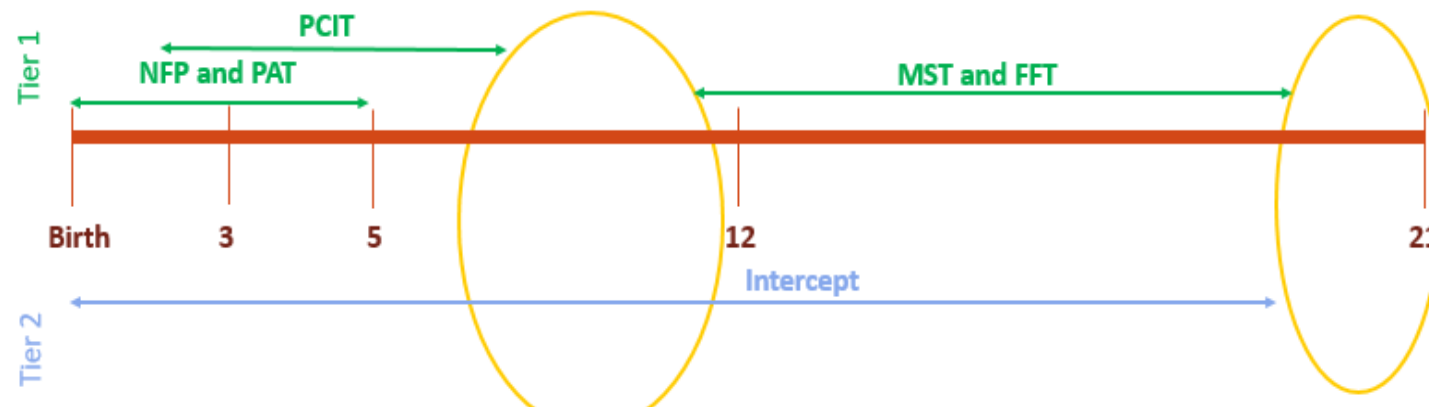
# Intercept

## Criteria:

- Met 7-11 candidacy populations
- **Tier 2**
- Researched with communities of color
- ***Not widely available in CT***

## Gaps to Fill:

- Age range: Age 7-12 are unmet by High Fit/High Feasibility EBPs Intercept serves youth 0-18





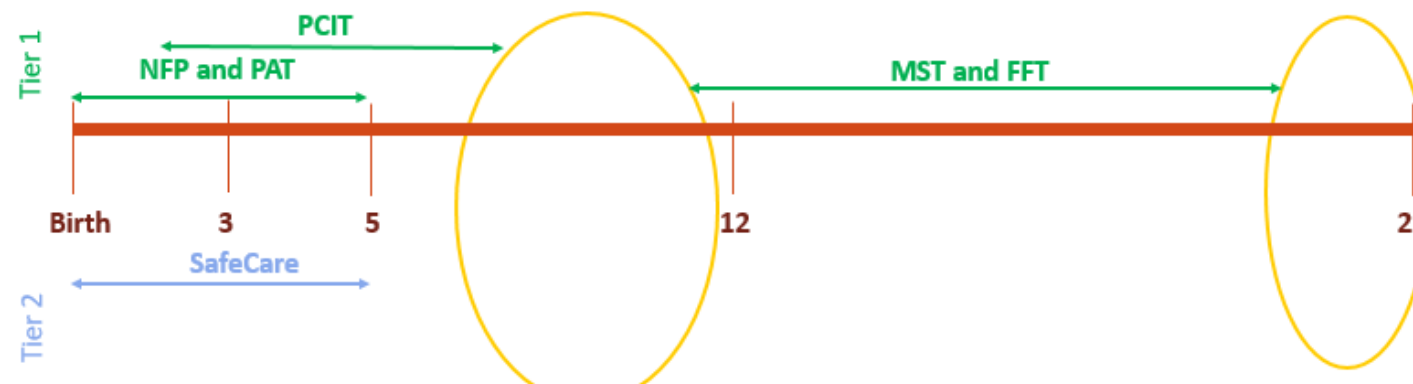
# SafeCare

## Criteria:

- Met 3 candidacy populations
- **Tier 2**
- Researched with communities of color
- ***Not widely available in CT***

## Gaps to Fill:

- Age range: Age 7-12 are unmet by High Fit/High Feasibility EBPs, SafeCare serves youth 0-5



# Sobriety Treatment and Recovery Teams

High Feasibility/Low Fit

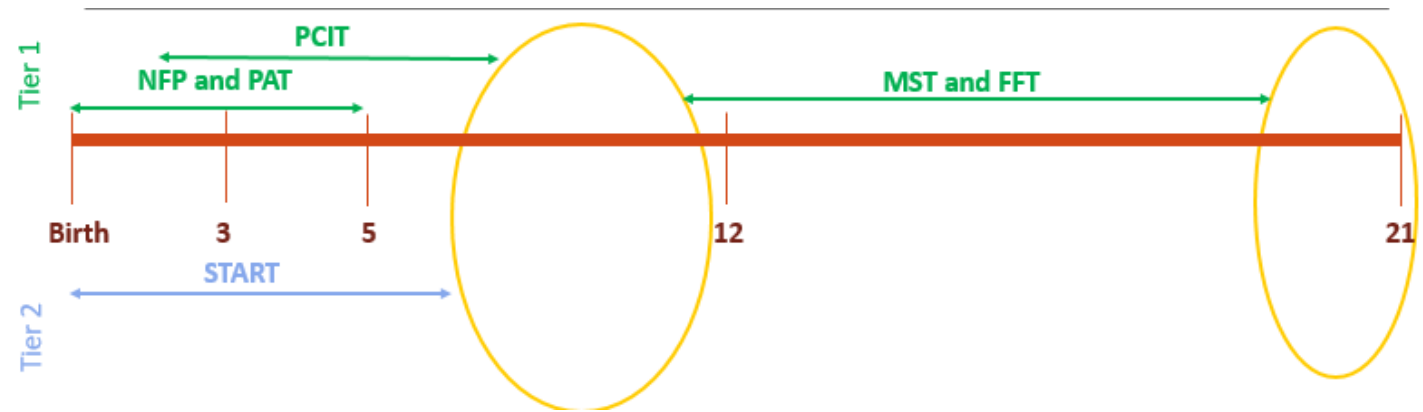
START

## Criteria:

- Met 4-6 candidacy populations
- **Tier 2**
- Researched with communities of color
- ***Not widely available in CT***

## Gaps to Fill:

- Age range: Age 7-12 are unmet by High Fit/High Feasibility EBPs, START serves families with at least one child under 6



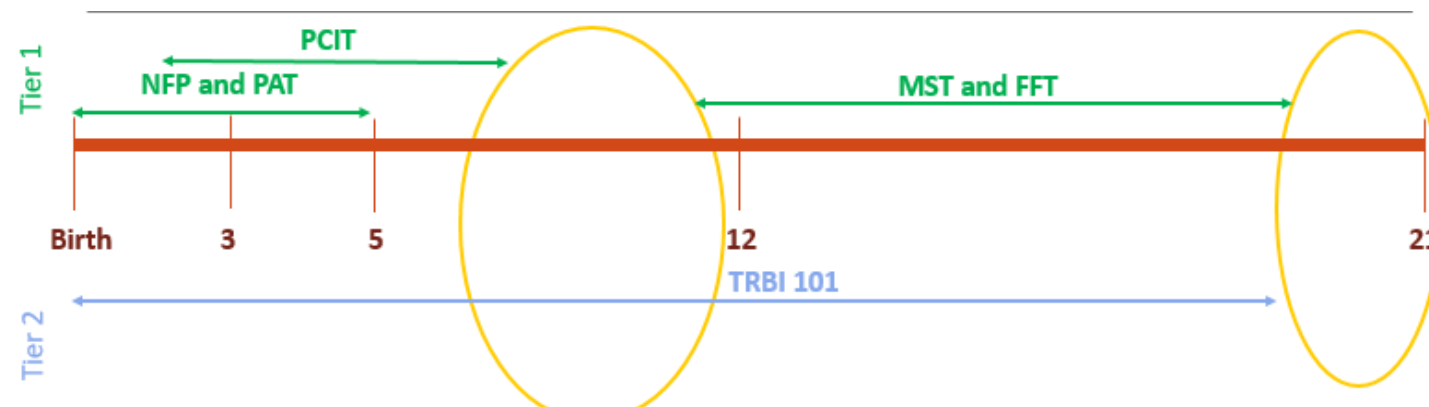
# TRBI 101

## Criteria:

- Met 3-6 candidacy populations
- **Tier 2**
- Researched with communities of color
- ***Not widely available in CT***

## Gaps to Fill:

- Age range: Age 7-12 are unmet by High Fit/High Feasibility EBPs, TRBI 101 serves youth 0-17



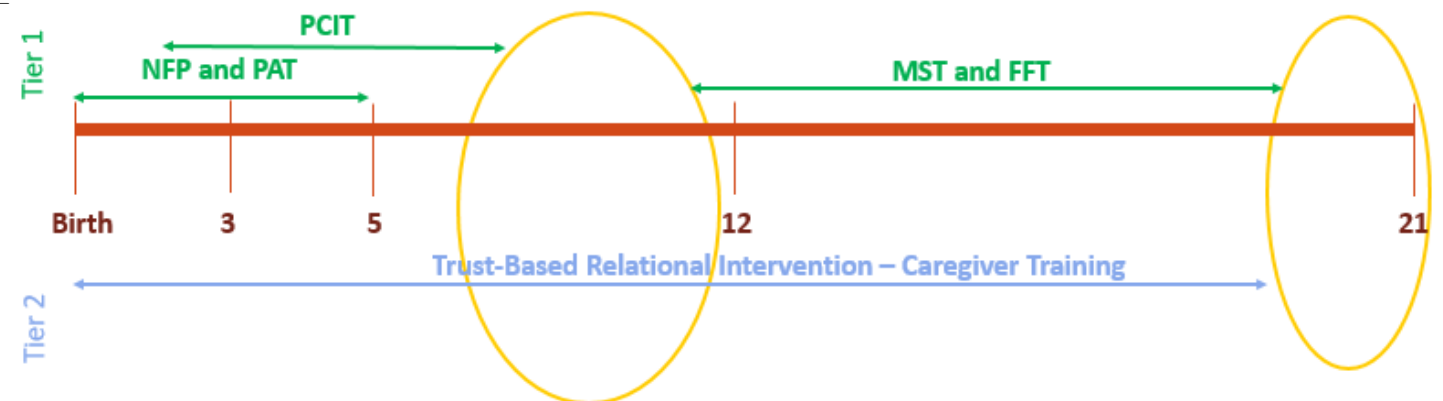
# Trust-Based Relational Intervention – Caregiver Training

## Criteria:

- Met 2-4 candidacy populations
- **Tier 2**
- **Some/limited evidence of research with communities of color**
- **Not widely available in CT**

## Gaps to Fill:

- Age range: Age 7-12 are unmet by High Fit/High Feasibility EBPs, Trust-Based Relational Intervention – Caregiver Training serves youth 0-17



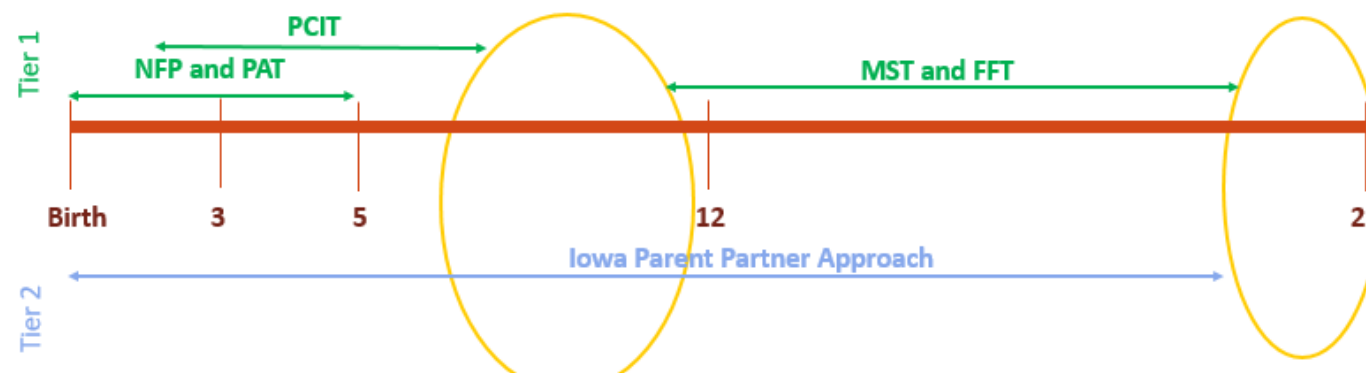
# Iowa Parent Partner Approach

## Criteria:

- Met 7 candidacy populations
- **Tier 2**
- Researched with communities of color
- ***Not widely available in CT***

## Gaps to Fill:

- Age range: Age 7-12 are unmet by High Fit/High Feasibility EBPs, Iowa Parent Partner Approach serves youth 0-17



# Interpersonal Psychotherapy

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## Criteria:

- Met 2 candidacy populations
- **Tier 2**
- Researched with communities of color
- ***Not widely available in CT***

## Gaps to Fill:

- **Outcomes are for parent/caregiver mental or emotional health**
- Age range: Age 7-12 are unmet by High Fit/High Feasibility EBPs, Interpersonal Psychotherapy is designed to treat adult patients with major depression

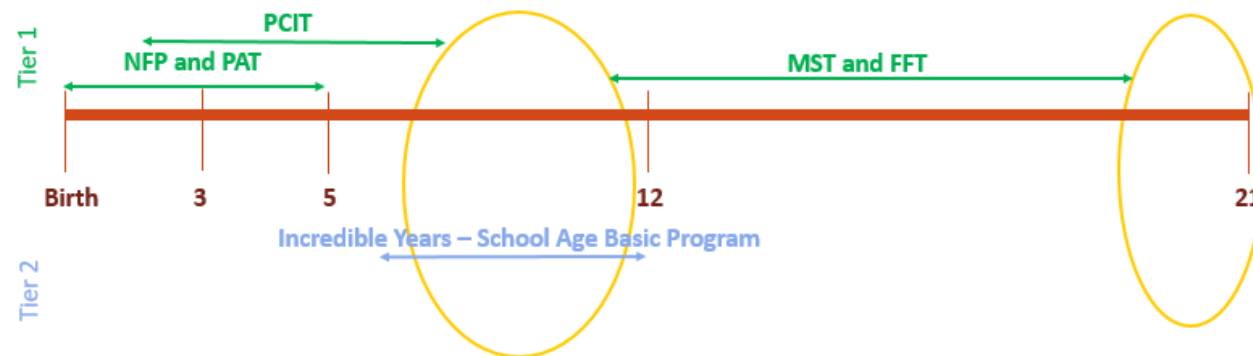
# Incredible Years – School Age Basic Program

## Criteria:

- Met 6 candidacy populations
- **Tier 2**
- *Unclear whether researched with communities of color*
- *Not widely available in CT*

## Gaps to Fill:

- Age range: Age 7-12 are unmet by High Fit/High Feasibility EBPs, Incredible Years – School Age Basic Program serves youth 6-12



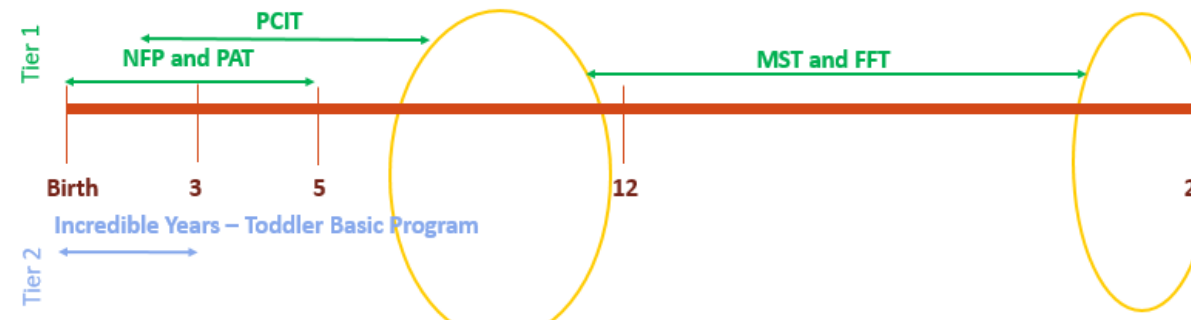
# Incredible Years – Toddler Basic Program

## Criteria:

- Met 3 candidacy populations
- **Tier 2**
- *Unclear whether researched with communities of color*
- *Not widely available in CT*

## Gaps to Fill:

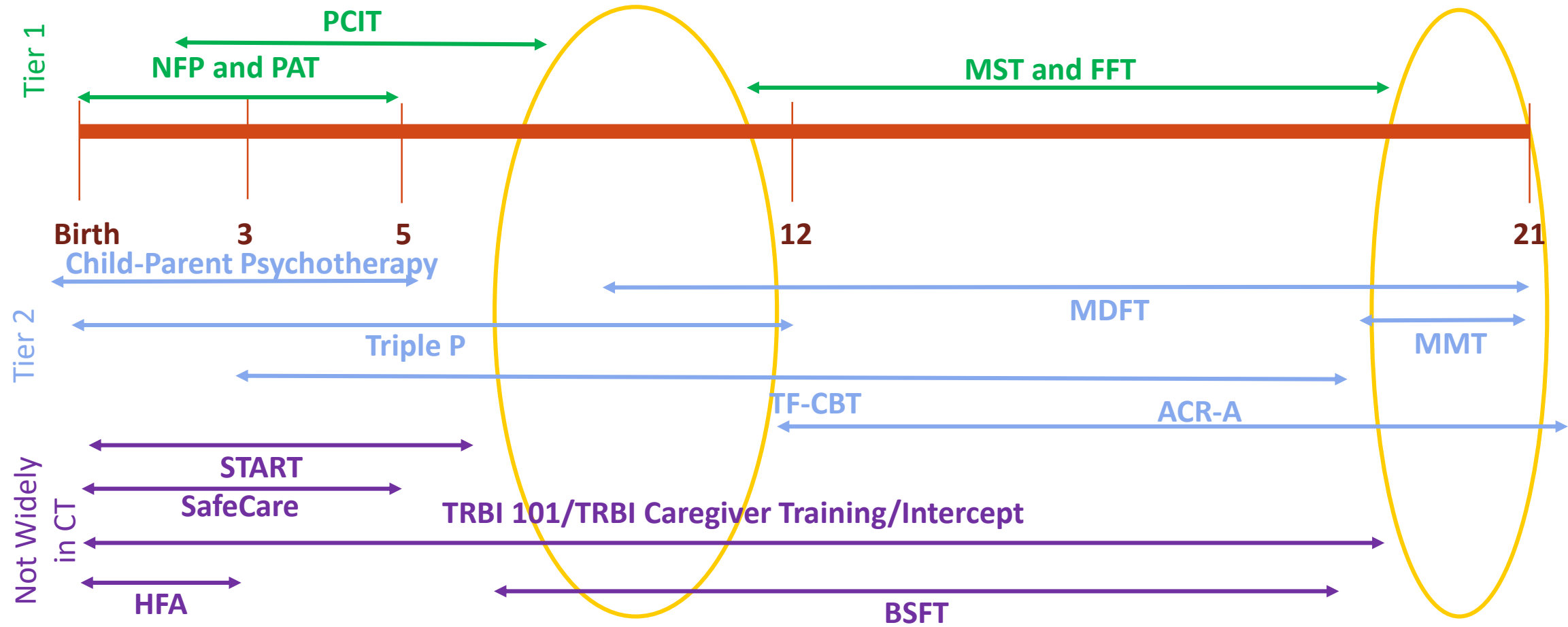
- Age range: Age 7-12 are unmet by High Fit/High Feasibility EBPs, Incredible Years – Toddler Basic Program serves parents of youth 1-3







# Age Continuum of Recommended EBPs



# Round 2 EBP Recommendations

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- Adolescent Community Reinforcement Approach (ACR-A)
- Child-Parent Psychotherapy
- Intercept
- SafeCare
- Sobriety Treatment and Recovery Teams
- TRBI 101
- Trust-Based Relational Intervention – Caregiver Training
- Iowa Parent Partner Approach
- Incredible Years --- School Age Basic Program
- Incredible Years --- Toddler Basic Program
- Interpersonal Psychotherapy

# Remaining Gaps

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From PSAWG Phase 1 review, here are identified where Tier 1 & 2 models do not address candidacy needs:

- Housing
- Caregivers and/or children with Intellectual/developmental disabilities
- **Parents or caregivers with mental health disorders**
- Parents and caregiver substance use disorders
- Families with IPV
- Children with incarcerated parents
- **Mental health needs of very young children**

# NEXT STEPS:

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- Co-Chairs Presentation to Fiscal Workgroup on FEB 4th
- Work with Chapin Hall/Fiscal/CG Workgroup re: further analysis Tier 1 & 2 models
- Next PSAWG Meeting – FEB 25<sup>th</sup>
  - Updates from February hybrid workgroups
  - Review process for additional models added to FFPSA clearinghouse
  - Tier 3 models

# APPENDICES



# CANDIDACY DEFINITIONS: APPROVED JAN 2020

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- Families with **accepted Careline calls**
- Families who have been **accepted for Voluntary Services**
- **Pregnant and parenting youth in foster care**
- **Siblings of children in foster care**
- **Youth exiting to permanency or youth aging out of DCF foster care**
- Families with certain characteristics **who are identified through a community or neighborhood pathway:**
  - Children who are chronically absent from preschool/school or are truant from school
  - Children of incarcerated parents
  - Trafficked youth
  - Unstably housed/homeless youth
  - Families experiencing interpersonal violence
  - Youth who have been referred to the juvenile review board or who have been arrested
  - Caregivers who have, or have a child with, a substance use disorder, mental health condition or disability that impacts parenting
  - Infants born substance-exposed (as defined by the state CAPTA notification protocol)