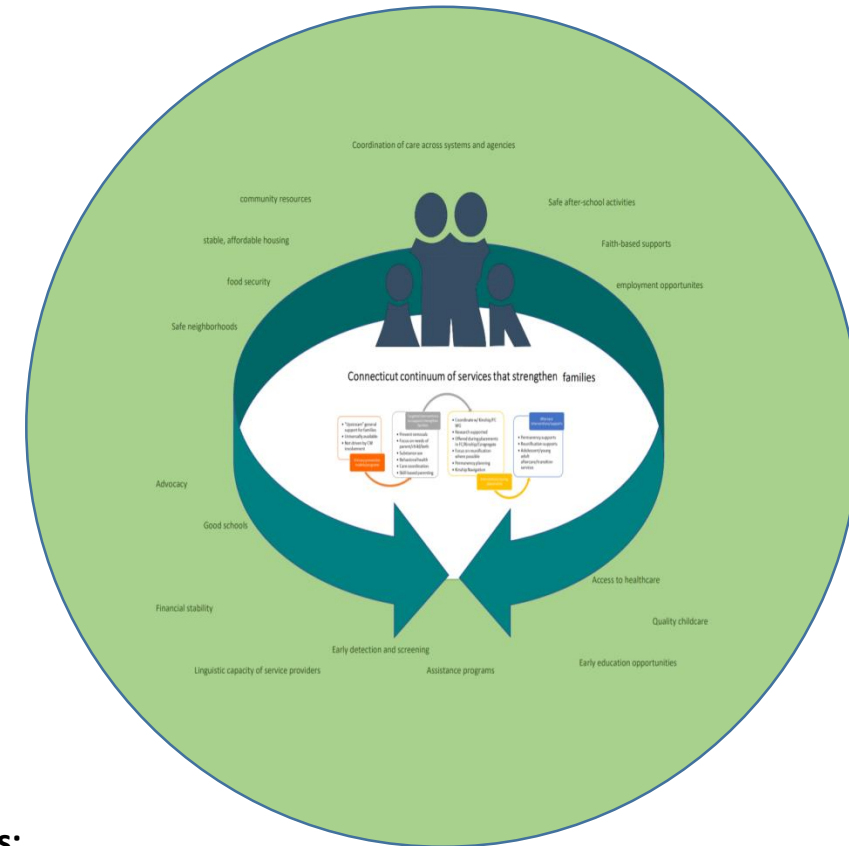


CT Families First Program & Service Array Workgroup

*Progress to Date & Workgroup Re-launch
10/8/2020*



**Workgroup Co-Chairs:
Elizabeth Duryea
Elisabeth Cannata**

Today's Agenda:

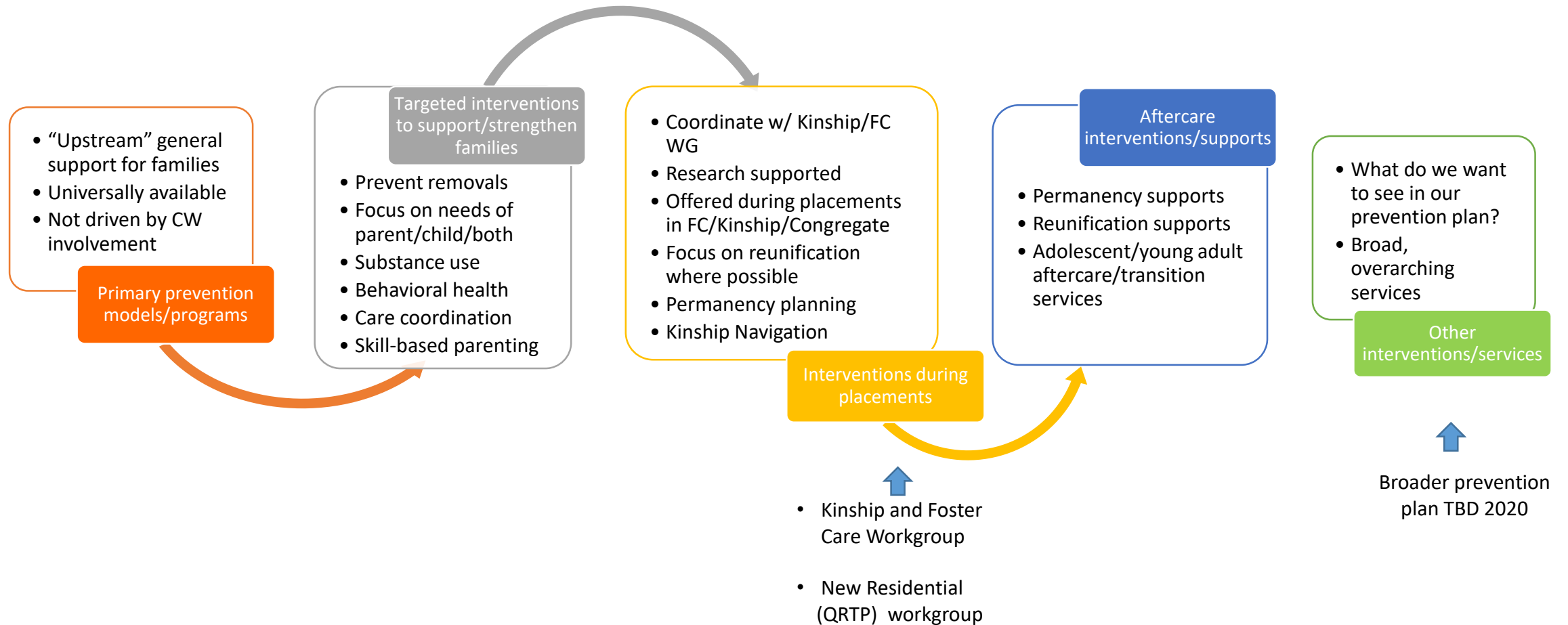
- Introductions Co-Chairs
- Review revised CT Families First submission timeline & relaunch DCF FFPSA Leads
- National updates on FFPSA Chapin Hall
- Review workgroup progress through March 2020 Co-Chairs
- Start to review service alignment mapping by candidacy groups Co-Chairs
- Discuss orientation session for new workgroup members Co-Chairs
- Discuss ongoing model review & empirical support needed for candidacy plan recommendations Co-Chairs & Chapin Hall
- Review meeting schedule and planning logistics Co-Chairs

Workgroup overview

- Kick-off session: December 13, 2019
- 6 meetings on bi-weekly basis
 - 3 hour meetings
- 70+ workgroup members representing cross-section of partners:
 - Providers
 - Model developers
 - Community partners
 - Advocates
 - Other agencies
- First deliverable: Candidacy plan program/service recommendations
 - Original target date - April 2020
 - Revised target date – December 2020

Guiding Conceptualization: Where we started in January!

Connecticut Continuum of Services that Strengthen Families



Primary prevention models/programs

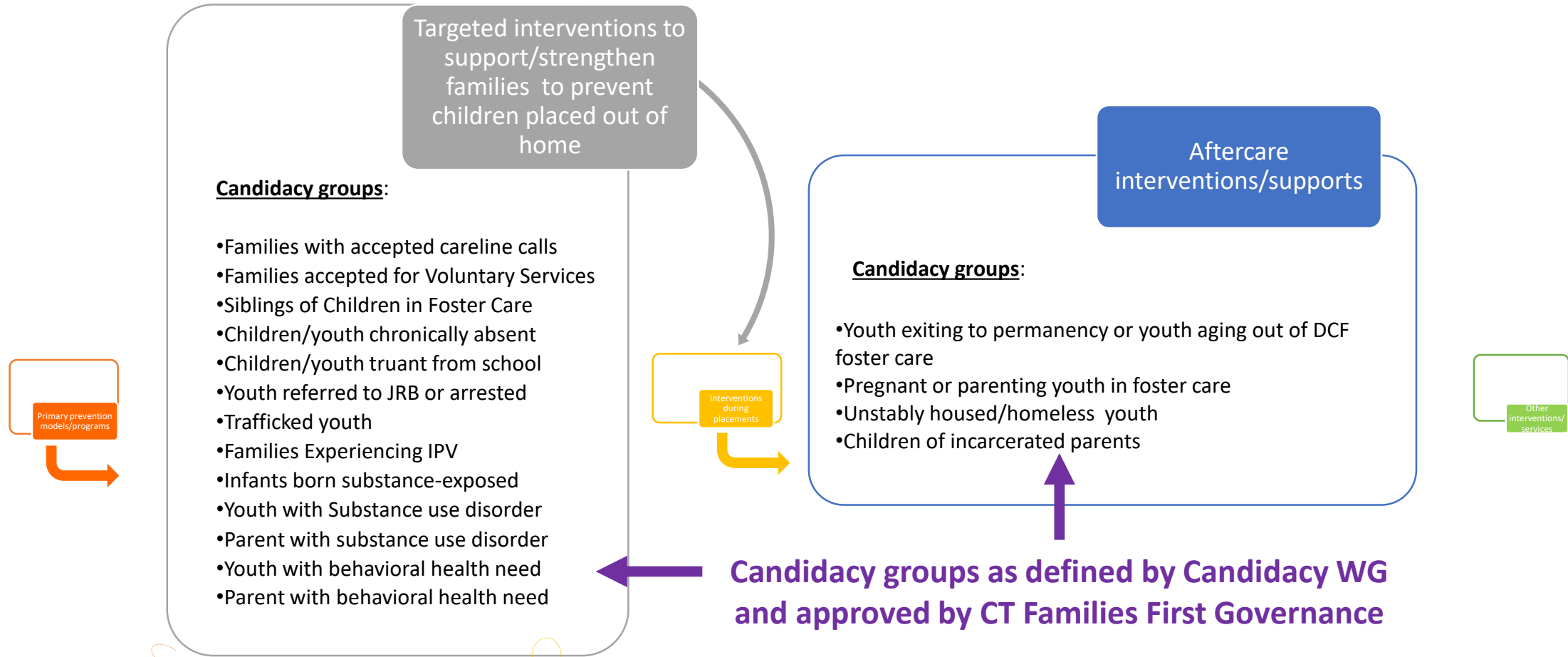
Primary care screening for ACES	Widely available/Statewide	1,2,3,4	
Assistance for children in Transition		1,2,3,4	Needs clarification; Specific program or model?
Recreational Afterschool Programs	Limited availability	1,2,3,4	Specific program or model?
Parenting Support Services (PSS)	Widely available/Statewide	1,2,3,4	Parenting skills
Triple P	Widely available/Statewide	1,2,3,4	FFPSA pending - Parenting skills
Circle of Security	Widely available/Statewide	1,2,3,4	Parenting skills
Mindfulness Based Stress Reduction	Limited availability	1,2,3,4	Parenting skills
FAVOR - Family Peer Support Program	Limited availability	1,2,3,4	Parenting skills
Child First		1,2,3,4	Parenting skills
Nurturing Families		1,2,3,4	
Birth to Three		1,2,3,4	
Parents As Teachers (PAT)			
Head Start			
Parent/Child Interaction Therapy (PCIT)			FFPSA approved - Parenting skills
Nurse-Family Partnership			FFPSA approved - Parenting skills
STRIVE			Parenting skills
Be Proud/Be Responsible		1,2,3,4	Parenting skills
Caregiver Support Teams			
Fatherhood Engagement Services (FFES)	Statewide		
24/7 Dads			

PHASE 1: COMPREHENSIVE INVENTORY: WHAT PROGRAMS & SERVICES DO WE HAVE THAT STRENGTHEN FAMILIES?

Targeted interventions for children

	widely available/Statewide	1,2,3,4	Mental health
	Widely available/Statewide	1,2,3,4	Mental health
Family Therapy (FFT)	Widely available/Statewide	1,2,3	FFPSA approved - Mental Health, Substance use
Systemic Therapy (MST)	Widely available/Statewide	1,2,3,4	FFPSA approved - Mental health, Substance use
Multidimensional Family Therapy (MDFT)	Widely available/Statewide	1,2,3	FFPSA pending - Mental health
IICAPS	Widely available/Statewide	1,2,3,4	Mental health
Early Childhood Consultation Program (ECCP)	Limited availability	1,2,3,4	Mental health
Headstart	Widely available/Statewide	1,2,3,4	Mental health
Crisis response - EMPS	Widely available/Statewide	1,2,3,4	Mental health
Modular Approach to Treat Children with Anxiety, Depression, Trauma or Conduct Problems (MATCH)	Widely available/Statewide	1,2,3,4	Mental health
Cognitive Behavioral Intervention for Trauma in Schools (CBITS)	Widely available/Statewide	1,2,3,4	Mental health
Dialectical Behavior Therapy (DBT)	Limited availability	1,2,3,4	Mental health

FOCUS JUST BEFORE HIATUS: MATCHING PROGRAMS & SERVICES TO DEFINED CANDIDACY GROUPS



BREAK-OUT GROUPS: JAN/FEB 2020

Workgroup members matched program and service models to intervention needs and Target Outcomes for each candidacy group

ONE
EXAMPLE
FROM
BREAK-OUT
GROUP B:

**Group B. Services for individuals with foster care experience. Most likely teens.
Pregnant and parenting youth in foster care**

- Youth exiting to permanency or youth aging out of DCF foster care

Core elements to be addressed through evidence-based program or service (based on review of candidacy group risks/needs and desired outcomes for youth/families receiving the program or service): <i>These are desired targets to strengthen families to prevent out of home placement that will be addressed through matched research-supported programs and services that will meet rigorous criteria of FFPSA Clearinghouse to eventually gain status as "EBP" (* note any elements that MUST be addressed by selected program or service)</i>	Program or Service Specific Research-Supported Intervention matched to the identified desired outcomes	FFPSA Clearing-house? Indicate classification	Other vetting or level of empirical support	Currently available in CT?
<p>Youth exiting to permanency or youth aging out of DCF</p> <ul style="list-style-type: none"> Appropriately matched for this developmental stage Promotes Independent living skill development Assists with long-term planning (e.g. education, employment) Promotes self-sufficiency Promotes youth connections (social network and community supports) Needs Assessment and connection to services/resources (e.g. mental health or substance use treatment; entitlements; healthcare) Supports youth in finding and maintaining stable housing <p>Additional considerations:</p>	<p>Community Health Assistance Program (CHAP)</p> <p>Young Adult Services</p> <p>Life Skills Inventory (LIST)</p> <p>YV Lifeset</p>		<p>RCT Study showing housing stability and some improved wellbeing; ongoing program evaluation being conducted by</p>	<p>Yes</p> <p>Yes</p> <p>Yes</p> <p>yes</p>

RESEARCH & REVIEW: FEB/MARCH

WG volunteers helped with research & review for inventory of programs and services according to FFPSA criteria for EBP status

Review Grid: Evidence-Based and Promising Practice Programs & Services for Families First Planning

Title IV-E Prevention Services Clearinghouse Areas of Focus: <ul style="list-style-type: none"> • Mental Health Prevention & Treatment (parent or child) • Substance Abuse Prevention & Treatment (parent or child) • In-Home Parent Skill-Based Programs & Services 	Required Outcome Domains <ul style="list-style-type: none"> • Child Safety • Child Permanency • Child Well-Being • Adult Well-Being
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Model	Candidacy Group Match	Target Population	Level of Empirical Support	Research-Supported Outcomes	Provider Qualifications	Training and Supervision	Service Location
Functional Family (FFT)	C, E,F	11 to 18 year old youth who have been referred for behavioral or emotional problems by juvenile justice, mental health, school, or child welfare systems. Family discord is also a target factor for this program.	Well Supported Title IV Prevention Services Clearinghouse	Child well-being: Behavioral and emotional functioning Child well-being: Substance use Child well-being: Delinquent behavior Adult well-being: Family functioning	Masters level clinicians	Sites that deliver FFT engage in three phases of training: clinical, supervision, and maintenance. In the clinical training phase, local clinicians are trained on the FFT model through weekly consultations and activities (typically over the span of 12 to 18 months). In the supervision phase, a local site staff is trained to serve as their FFT supervisor through a one-day onsite training, two two-day trainings, and monthly consultations.	Conducted in clinic and home settings. It can also be delivered in schools, child welfare facilities, probation and parole offices, aftercare systems, and mental health facilities.

MARCH: WG established growing inventory of program/services matched to identified needs

Program/Service Model	Research Base Level	CG 1: Accepted Careline Calls	CG 2: Accepted V/S	CG 3: Pregnant/Post-part Youth	CG 4: Siblings of Ch in TC	CG 5: Youth existing to family/living out	CG 6: Community Pathway (see subgroup)	CG 6(A)(1): Ch chronically absent	CG 6(A)(2): Ch who are truant	CG 6(B): Ch with incarcerated parents	CG 6(C): Trafficked Youth	CG 6(D)(1): Unably Home-ed/Homesless Youth	CG 6(D)(2): Unably Home-ed/Homesless Youth	CG 6(E): Families with IPV	CG 6(F): Youth referred to JJ/JRB/arrested	CG 6(G)(1): Caregiver w/ SUD/occurring cond. Impact parenting	CG 6(G)(2): Families w/ Youth w/ SUD/occurring cond. Impact parenting	CG 6(G)(3): Caregivers w/ BI/occurring cond. Impact parenting	CG 6(G)(4): Youth w/ BI/occurring cond. Impact parenting
Community Behavioral Interventions for Trauma in Schools (CBITS)	CCEB																		
Child & Family Traumatic Stress Intervention (CFTSI)	CCEB	X	X		X				X	X	X	X		X					
Community Health Assistance Program (CHAP)	Does not meet FFPSA					X													
CHEER	Does not meet FFPSA					X													
Child First	Potential FFPSA	X	X	X										X		X	X	X	X
CHOICES	Does not meet FFPSA													X					
Circle of Security	CCEB			X	X											X			
Cognitive Behavioral Therapy (CBT)	CCEB													X					
Community Based Life Skills (CBLS)	Does not meet FFPSA									X									
DBT																			
Eat Sleep Console	Does not meet FFPSA								X										X
Eye Movement Desensitization & Reprocessing (EMDR)	Potential FFPSA					X								X					
EMERGE													X						
EVOLVE																			
EXPLORE																			
Families Facing the Future/FFF	FFPSA													X					
Family Check-Up	Potential FFPSA																		
Father for Change	Other	X	X											X					
Family Based Recovery (FBR)	Other	X		X										X					X
FFT	FFPSA	X	X		X			X	X	X			X		X		X		X

LET'S REMEMBER OUR GOAL!

Our current matching focus:

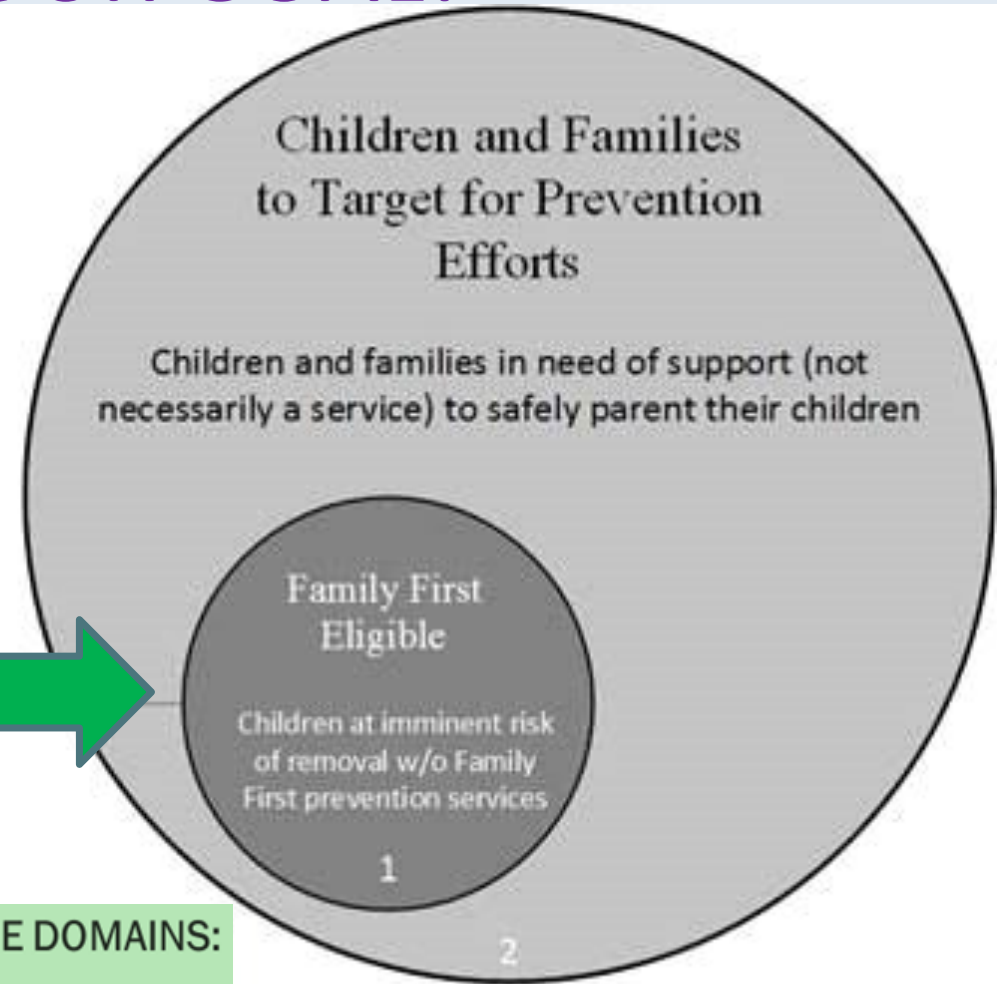
What programs or services do we have or need to reduce risk of child removal from families in our candidacy groups that have a level of research support that could potentially qualify for consideration for Title IV-E reimbursement?

AREAS OF FOCUS:

- MENTAL HEALTH PREVENTION AND TREATMENT
- SUBSTANCE ABUSE PREVENTION AND TREATMENT
- IN-HOME PARENT SKILL-BASED PROGRAMS AND SERVICES

REQUIRED OUTCOME DOMAINS:

- CHILD SAFETY
- CHILD PERMANENCY
- CHILD WELL-BEING
- ADULT WELL-BEING



Strengthening Connecticut's Families Through Systems of Prevention & Support



OCTOBER 2020: What's next? Slicing and Dicing

PROGRAM AND SERVICE ARRAY "TOP TIERS" FOR CONSIDERATION TO GUIDE MODEL SELECTION FOR SMALL TITLE IV-E POTENTIAL FUNDING

<p><u>MODELS THAT MEET NEEDS ACROSS MULTIPLE CANDIDACY GROUPS</u></p> <p>Mental Health (parent or youth) Substance use (parent or youth) Parenting Skill</p>
<p><u>MODELS THAT ADDRESS NEEDS MOST ASSOCIATED WITH CHILD REMOVAL</u> <u>(that are "matchable" to a research supported program or service)</u></p> <p>Parenting Skill Deficits resulting in neglect/abuse Parent Substance Use Disorder / Mental Health Condition impacting Parenting Capacity Highly Disruptive Child Behavior Housing instability for families</p>
<p><u>MODELS THAT ADDRESS NEEDS THAT ARE OFTEN EXCLUSIONARY FROM OTHER PROGRAMS OR SERVICES OR</u> <u>WHERE THERE IS A CURRENT GAP THAT PLACES FAMILIES AT RISK OF CHILD REMOVAL</u> <u>IF THERE IS RESEARCH-SUPPORTED MODEL ADDRESSING SPECIALIZED NEED</u></p> <p>Trafficked youth Housing Insecurity Behavioral Health Needs of and Parenting Skills for children with special needs (health, DD, ID) Family strengthening where parent incarcerated(CG)</p>
<p><u>EBPS THAT COULD PROVIDE CROSS-SYSTEM SUPPORT</u></p> <p>Motivational interviewing (model for care coordination) Broad-based Parenting Program(?)</p>

WHERE WE ARE PICKING UP:

- Review expanded list of models classified on FFPSA Clearinghouse
- Finalize review of all models identified by workgroup in Phase 1
- Reduce potential programs and services list to models that meet, or likely to meet, FFPSA Clearinghouse criteria
- Workgroup to match reduced list of models to candidacy group needs and select models to recommend to governance body and fiscal workgroup for inclusion in FFPSA plan for Title IV-E reimbursement
 - ✓ Looking at current services that meet criteria, gaps in current service array, models that meet multiple Candidacy Group needs
 - ✓ May require interim guidance from fiscal workgroup leads and/or governance committee
 - ✓ **Candidacy plan must focus on models that meet FFPSA level of empirical support**

NEXT STEPS FOR PSAWG:

- Orientation session for new members – 10/15/2020 via Zoom
- Review/update charter with new meeting dates
- Continue to review service mapping by Candidacy Group