

Connecticut Governance Committee Meeting

March 16, 2021

Desired Outcomes

- Review programmatic and fiscal criteria for EBPs
- Make recommendations to the Commissioner for Connecticut's Prevention Plan

Programmatic and fiscal criteria for decision-making

All final EBPs will be presented and compared across:

- 1. Programmatic criteria**, such as targeted age ranges, meeting the candidacy groups' needs, top positive outcomes, intensity, duration, service location, and provider credentials
- 2. Fiscal criteria**, such as cost per slot, funding streams, break-even points (caseloads and foster care) and CBA potential

FIRST COMPARISON:

Final evidence-based programs for
*children & adolescents with
referrals for identified treatment*

PROGRAMMATIC COMPARISON SUMMARY— CHILDREN & ADOLESCENTS WITH IDENTIFIED TREATMENT NEEDS

	PCIT (Tier 1)	MST (Tier 1)	BSFT (Tier 1) *not in CT	FFT (Tier 1)	MDFT (Tier 2)	TF-CBT (Tier 2)
Age Range	2-7	12-17	6-17	11-18	9-26	3-18
Description	2-7 year olds with problem behaviors (clinical) Office with 1-way mirror	Teens 12-18 with acting out behaviors; and/or substance misuse	(11-17 in CT) with conduct problems, early drug use, negative peers, co-morbid presentation of emotional and/or behavioral difficulties	11 – 18 y.o. with externalizing or internalizing clinical concerns and their families	Youth 9-26 with substance misuse and/or behavior problems	Children 4-18 with PTSD symptoms
Candidacy Groups Met	3	6	6	8	6	12
Top 3 Outcomes	<ul style="list-style-type: none"> Child well-being: Behavioral and emotional functioning Adult well being: Positive parenting practices Adult well being: Parent/caregiver mental or emotional health <i>No other positive outcomes</i> 	<ul style="list-style-type: none"> Child permanency: Out-of-home placement Child well-being: Delinquent behavior Adult well being: Parent/caregiver mental or emotional health <i>Positive outcomes on four other indicators</i> 	<ul style="list-style-type: none"> Child well-being: Delinquent behavior Adult well being: Family functioning <i>No other positive outcomes</i> 	<ul style="list-style-type: none"> Child well-being: Behavioral and emotional functioning Child well-being: Substance use Adult well being: Family functioning <i>Positive outcomes on one other indicator</i> 	<ul style="list-style-type: none"> Child well-being: Social functioning Child well-being: Substance use Child well-being: Educational achievement and attainment <i>Positive outcomes on two other indicators</i> 	<ul style="list-style-type: none"> Child well-being: Behavioral and emotional functioning Adult well being: Positive parenting practices Adult well being: Parent/caregiver mental or emotional health <i>Positive outcomes on one other indicator</i>

PROGRAMMATIC COMPARISON SERVICE DETAIL— CHILDREN & ADOLESCENTS WITH IDENTIFIED TREATMENT NEEDS

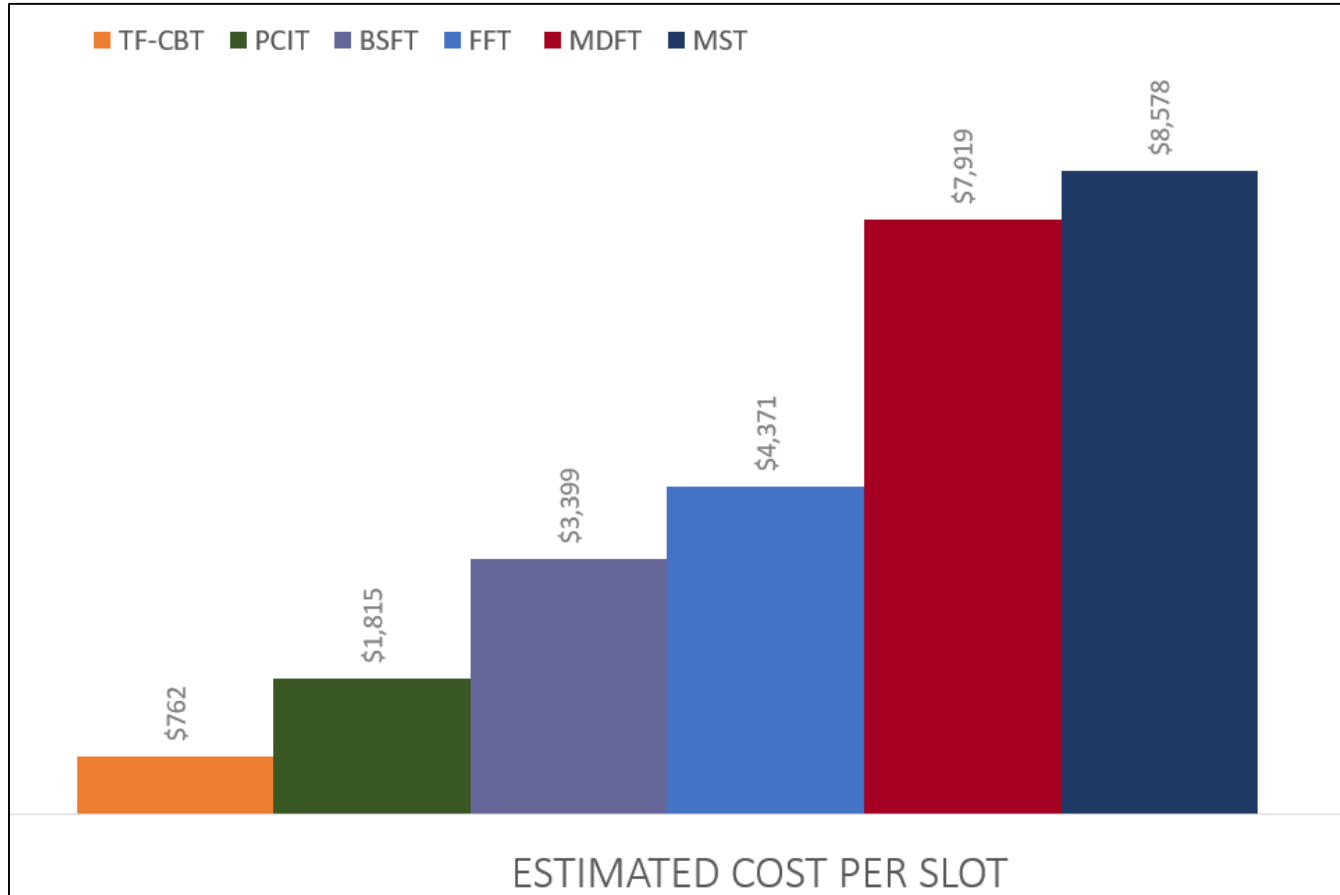
	PCIT (Tier 1)	MST (Tier 1)	BSFT (Tier 1) *not in CT	FFT (Tier 1)	MDFT (Tier 2)	TF-CBT (Tier 2)
DURATION	3-5 months	3-5 months	3–4-month period	3-6 months	3-6 months	12-16 weeks; up to 25 weeks
INTENSITY	1 session/week	Multiple sessions/week (average 3 session per week) 24/7 crisis availability	1 session/week (unless more needed)	1 sessions per week (unless more needed at critical juncture e.g. early on)	1-3 sessions per week, decrease over time 24/7 crisis availability	1 session/week
SERVICE LOCATION	Varies, but involves observation & wireless earphone	Varies, In-home	Varies, In-home	Varies, In-home	Varies, In-home	Varies, clinical office
PROVIDER CREDENTIALS	MA & 40 hours PCIT training with live coaching/review; CEU requirements to maintain therapist cert. every 2 years	MA & 1 wk initial training + ongoing wkly MST consultation & quarterly trning; ongoing fidelity monitoring of clinicians and site	MA & BSFT trng of 6-7 wrkshps over several months; 4-6 mos expert sup & tape review, ongoing fidelity review	MA & 5 two-day trngs in yr 1 with wkly consultation & case review for 12 mos), ongoing consltn & trainings to maintain site certification	MA and 4-6 mos MDFT-specific training and certification with tape review, annual re-certification	MA and TF-CBT training online + 2-day live, exam, and 6-12 mos consultation/or participation in approved learning collaborative

Discussion

Initial Thoughts on Programmatic Comparison for Children & Adolescents with Identified Treatment Needs

FISCAL COMPARISON—

CHILDREN & ADOLESCENTS WITH IDENTIFIED TREATMENT NEEDS



Alternative Funding Streams	
PCIT	None
MST	Medicaid (minimal)
BSFT	<i>Not in CT</i>
MDFT	Medicaid (minimal)
FFT	Medicaid (minimal)
TF-CBT	Medicaid (significant)

Discussion

Initial Thoughts on Fiscal Comparison Children & Adolescent with Treatment Needs

SECOND COMPARISON:

Final evidence-based programs
for *adults with identified treatment
needs*

PROGRAMMATIC COMPARISON SUMMARY— IDENTIFIED ADULT TREATMENT NEEDS

	Motivational Interviewing (Tier 1)	Methadone Maintenance Therapy (Tier 2)
Age Range	Unspecified	18+
Description	Adults with substance use (as approved on FFPSA clearinghouse) – not treatment, but approach to increase motivation for change to increase active participation in treatment for SU	Adults with opiate addiction
Candidacy Groups Met	3	3
Top 3 Outcomes*	<ul style="list-style-type: none"> • Adult well being: Parent/caregiver substance use • <i>No other positive outcomes</i> 	<ul style="list-style-type: none"> • Adult well-being: Parent/caregiver substance use • <i>No other positive outcomes</i>

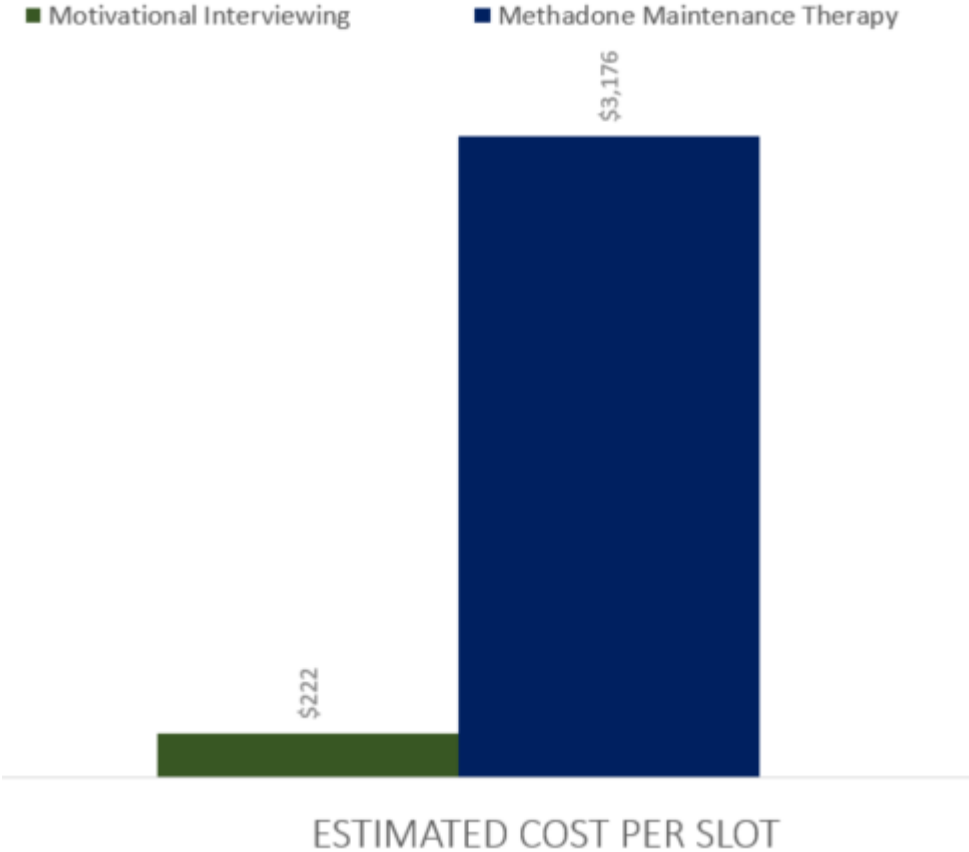
PROGRAMMATIC COMPARISON SERVICE DETAIL— IDENTIFIED ADULT TREATMENT NEEDS

	Motivational Interviewing (Tier 1)	Methadone Maintenance Therapy (Tier 2)
DURATION	1-3 sessions	Varies, typically 1 year
INTENSITY	Varies	1x/day
SERVICE LOCATION	Community agencies, clinical office settings, care facilities, or hospitals	Hospital/Medical Center
PROVIDER CREDENTIALS	No minimum qualifications	Substance abuse counselors, nurses, or physicians

Discussion

Initial Thoughts on Programmatic Comparison for Identified Adult Treatment Needs

FISCAL COMPARISON—IDENTIFIED ADULT TREATMENT NEEDS



Alternative Funding Streams	
Motivational Interviewing	Title IV-E (75% on training)
Methadone Maintenance Therapy	Medicaid (almost all)

Discussion

Initial Thoughts on Fiscal Comparison for Identified Adult Treatment Needs

THIRD COMPARISON:

Final evidence-based programs
for *adults with specific parenting
needs*

PROGRAMMATIC COMPARISON SUMMARY—ADULT PARENTING NEEDS

	HFA (Tier 1) Not statewide in CT	NFP (Tier 1)	PAT (Tier 1)	Triple P (Tier 2)
Age Range	Prenatal-2	First time, low income mothers; prenatal-2	Prenatal-5	Families with children 0-12
Description	Pregnant women and caregivers of children birth to 5 where high risk for abuse/neglect (not clinical) In home	Pregnant women/caregivers birth to 2	Pregnant women/caregivers of children birth to Kindergarten (not clinical)	Caregivers of children ages birth to 12 who report some challenges managing child behavior (not clinical)
Candidacy Groups Met	5	4	5	4
Top 3 Outcomes	<ul style="list-style-type: none"> Child safety: Self-reports of maltreatment Child well-being: Delinquent behavior Child well-being: Educational achievement and attainment <i>Positive outcomes on seven other indicators</i> 	<ul style="list-style-type: none"> Child well-being: Cognitive functions and abilities Child well-being: Physical development and health Adult well-being: Economic and housing stability <i>No other positive outcomes</i> 	<ul style="list-style-type: none"> Child well-being: Social functioning Child well-being: Cognitive functions and abilities <i>No other positive outcomes</i> 	<ul style="list-style-type: none"> Child well-being: Behavioral and emotional functioning Adult well-being: Positive parenting practices Adult well-being Parent/caregiver mental or emotional health <i>No other positive outcomes</i>

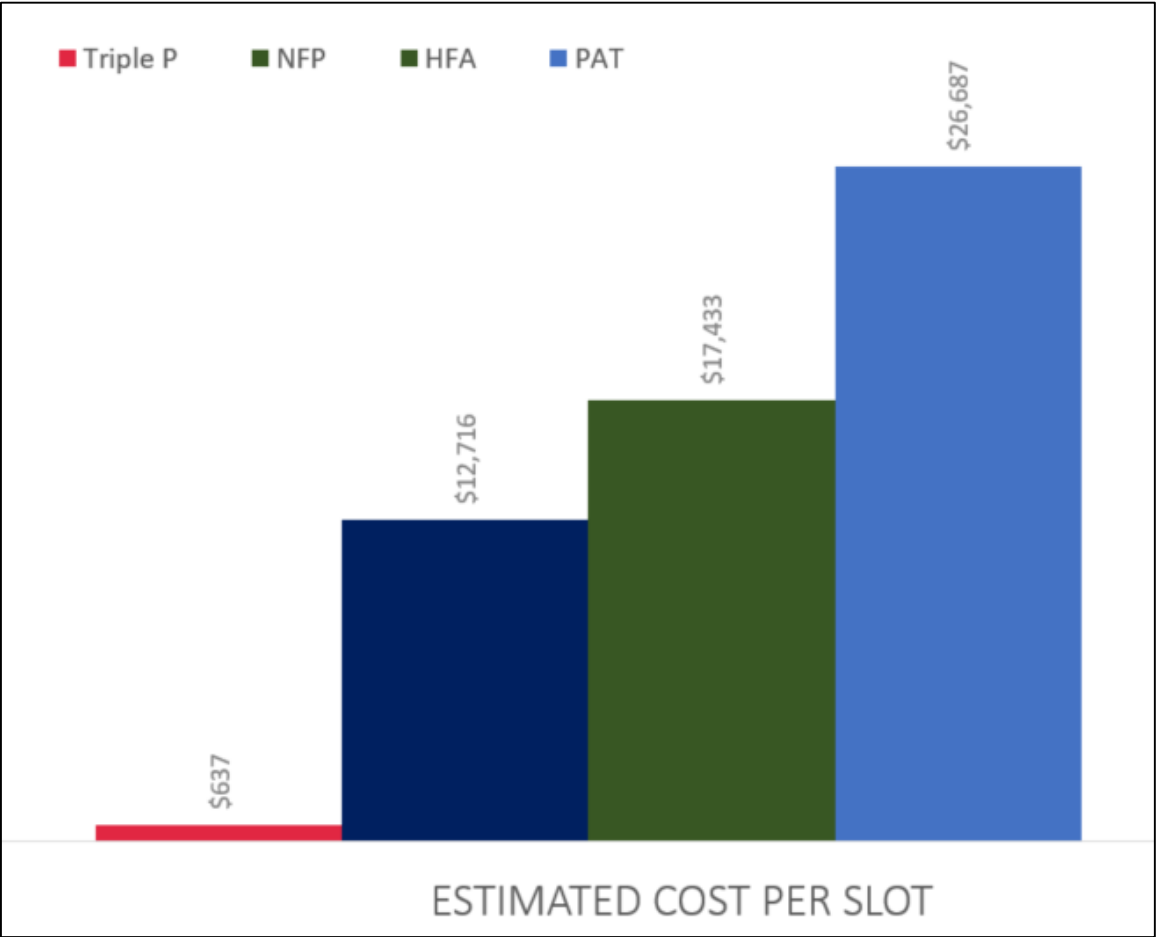
PROGRAMMATIC COMPARISON SERVICE DETAIL—ADULT PARENTING NEEDS

	HFA (Tier 1) Not statewide in CT	NFP (Tier 1)	PAT (Tier 1)	Triple P (Tier 2)
DURATION	3 years	2.5 years	At least 2 years	10 weeks
INTENSITY	First 6 mos after birth 1x/week; after 6 mos biweekly or monthly	Between weekly- biweekly	Monthly to family with 0-1 stressors, 2x a month for families with 2+ stressors; monthly group connections annually	1 session/week
SERVICE LOCATION	In-home and in-community	In-home and in- community	In-home and in- community	Varies, In-home
PROVIDER CREDENTIALS	High school diploma or equivalent; experience working with children and families; knowledge of infants and child development	Nursing degree and NFP training	High school diploma or equivalency and two years previous supervised work with youth children and/or parents; 7 days of training	None specified , 3 day training, accreditation workshops, written exam

Discussion

Initial Thoughts on Programmatic Comparison for Adult Parenting Needs

FISCAL COMPARISON—ADULT PARENTING NEEDS



Alternative Funding Streams	
HFA	MIECHV
NFP	MIECHV
Triple P	None
PAT	MIECHV

Discussion

Initial Thoughts on Fiscal Comparison for Adult Parenting Needs

Next Steps

- Is there anything else Governance needs to make recommendations to the Commissioner?
- Prevention Plan Submission
 - Dependent on EBP selection and CQI plan development
 - Timeline Goal: Governance reviews Prevention Plan 4/13-4/27
- Ongoing analysis of EBPs by PSAWG for next iterations of the plan