

**DCF Psychotropic Medication Advisory Committee
Monthly Meeting Notes**

March 4, 2011 1:00PM

Riverview Hospital for Children and Youth
Middletown, CT.

PRESENT: See enclosed attendance record.

1. Call to order: the meeting was called to order at 1:12 pm by Dr. Siegel.
2. Next Meeting: Will be April 1, 2011 from 1:30pm – 2:30pm; RHCY AB conference room.
3. The minutes of the February 2011 PMAC meeting were reviewed and approved with minor corrections. The minutes will be posted on the website.
4. DSS: No report from DSS. There is an effort underway to enhance methodologies regarding the exchange of information between DSS and DCF. These methodologies are being finalized.
5. Report by PandT Consulting regarding standards for adding and deleting medications to/from the Approved Medication List.
 - The current DCF procedure was distributed, reviewed and discussed in detail. The following recommendations were made and approved.
 - Under #1 of the procedure: Requests must include rationale.
 - Under #3: change “a DCF health care professional” to “a health care professional”.
 - Under #3; 6th bullet: Pharmacokinetic properties to include various dosage forms (PO, IM, IV, Etc) as well as information regarding titrations as applicable.
 - Add as standing agenda items for each PMAC meeting:
 1. Review of a class of drugs on the Drug Use Guidelines: the review will include proposed changes to the guidelines, formulary status, and dosing guidelines.
6. New Items: DCF Update: Provided by Dr. Siegel.
 - For news view the Commissioner’s column on the internet via Google.
 - The new administrative plan will be to flatten the organization chart, eliminate current bureaus, have the 5 area directors report directly to the Commissioner, and hopefully end the consent decree. in the hope of eliminating "silos".
 - A copy of a draft organizational chart was distributed, described and discussed.
 - Services will be more de-centralized.
 - PMAC probably will not have any major changes.
 - CMCU may or may not have some or all services de-centralized.

- Process is intended to be much more open, inclusive and transparent.
 - Noted that 2 other consent decrees (W.R.; Emily J) have ended.
7. Article Review: An article was distributed prior to the meeting titled: "Psychotropic medications for youth in Georgia in Foster Care- Who Decides?". Discussion was lead by Dr. Rudin who provided views on several key points in the article.
- Parent prejudice regarding the use of psych medications noted and discussed. Education would be a good intervention.
 - Religious/cultural issues discussed.
 - Recommend that the Commissioner be given this (and other) publications to show how CT fits into the national picture. Other PMAC activities should also be shared.
8. Adjournment: The meeting was adjourned at 2:26pm.

Respectfully Submitted:

David S. Aresco