Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

Where and How to Refer Clients

TF-CBT is a clinic-based, short-term treatment (16 to 20 sessions) for children, ages 4 to 18 who have significant behavioral and emotional problems that are related to traumatic life events, even if they do not meet full diagnostic criteria for post traumatic stress disorder (PTDS). TF-CBT is an evidence-based model of psychotherapy that combines trauma-sensitive interventions with cognitive behavioral therapy. Individual sessions with the child and parent as well as joint parent-child sessions are provided. Treatment results in significant reduction in PTSD and depressive symptoms.

The clinics listed below have clinicians and supervisors who have completed the extensive training for TF-CBT through the TF-CBT Learning Collaborative, funded by the Connecticut Department of Children and Families and directed by the Connecticut Center for Effective Practice, in partnership with the National Child Traumatic Stress Network.

| Clinic Name/Address | Towns Served | How To Make An Initial Referral |
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| 1. BridgesA Community Support System 949 Bridgeport Avenue Milford, CT 06460 | Milford, West Haven, Orange and surrounding areas | Call the main number (203) 878-6365 and ask for the intake department Mon thru Thurs 8 AM to 8 PM Friday 8 AM to 5 PM If you do not reach a staff person in the intake department directly, leave a message and a staff will return your call within 24 hours, or the next business day All clients are screened for trauma history, although a caller may request a trauma assessment Be prepared to provide basic demographic and insurance information, and the reason for referral The standards for Enhanced Care Clinics are followed for timeliness in scheduling the first treatment appointment, i.e. 2 hours for emergent need; 2 days for urgent; and 2 weeks for routine need. |

| Clinic Name/Address | Towns Served | | How To Make An Initial Referral |
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| Charlotte Hungerford Hospital - Center for Youth and Families 1061 East Main Street Torrington, CT 06790 | Barkhamsted, Bethlehem, Canaan, Colebrook, Cornwall, Goshen, Falls Village, Harwinton, Kent, Morris, Litchfield, New Hartford, Norfolk, North Canaan, Salisbury, Sharon, Thomaston, Torrington, Warren, Watertown, Winchester, Woodbury. | • | Call (860) 489 -3391 to make a referral Monday and Wednesday: 8:30 a.m. – 9:00 p.m. Tuesday: 8:30 a.m. – 8:00 p.m. Thursday: 8:30 a.m. – 8:00 p.m. Friday: 8:30 a.m. – 5:00 p.m. Referrals must be made by parent, legal guardian, or DCF when committed. ECC standards are followed re: acuity and timeframes for appointments. An initial screening regarding trauma will be completed during the referral phone call. A TF-CBT Therapist will be assigned and will complete the comprehensive assessment. The appropriateness of the use of TF-CBT treatment for the client and family will be determined post assessment after review of the information. |

| 3. Child and Family Agency of | Groton & New | - | New London/Groton Offices |
|-------------------------------|------------------------|---|--|
| Southeastern Connecticut | London Offices | | Call 860 437-4550 and ask for the Inquiry Worker |
| 255 Hempstead Street | New London County | | Faxed Referrals and Walk-Ins are also accepted |
| New London, CT 06320 | including New London, | | Services are available for children and adolescents living in |
| | Groton, Waterford, | | New London County |
| | East Lyme, Old Lyme, | • | Essex Office |
| | Lyme, Stonington, N. | | 4 Call 860 767-0147 and ask for Inquiry Worker |
| | Stonington, Montville, | | Faxed Referrals and Walk-Ins are also accepted |
| | Pawcatuck, Ledyard, | | Services are available for children and adolescents living in |
| | and Salem | | Middlesex County |
| | | | Both Offices |
| | Essex Office | • | After hours requests for services will be directed to the agency's on- |
| | Chester, Clinton, Deep | | call clinician. |
| | River, Essex, | • | Trained intake workers will take basic referral information including |
| | Killingworth, Lyme, | | demographics, presenting problem, trauma history and insurance |
| | Old Lyme, Old | | information. |
| | Saybrook, Westbrook | - | Husky cases are seen within two weeks for non-urgent referrals; two |
| | | | days for urgent referrals and two hours for emergent referrals. |
| | | - | TF-CBT trained clinicians are available in New London, Groton and |
| | | | Essex offices. |

| 4. Child and Family Guidance | Bridgeport, Stratford, | • | Call the main number (203) 394-6529 and ask for the intake |
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| Center | Fairfield, Easton, | | department or Ext. 3084. |
| 180 Fairfield Avenue | Monroe, Trumbull | | Mon 8 AM to 6 PM |
| Bridgeport, CT 06604 | | | Tues, Weds & Thurs 8 AM to 8 PM |
| | | | Friday 8 AM to 5 PM |
| | | - | If you do not reach a staff person in the intake department directly, |
| | | | leave a message and a staff will return your call on the same day. |
| | | - | All clients are screened for trauma history, although a caller may |
| | | | request a trauma assessment |
| | | - | Be prepared to provide basic demographic and insurance information, |
| | | | and the reason for referral |
| | | - | The standards for Enhanced Care Clinics are followed for timeliness |
| | | | in scheduling the first treatment appointment, i.e. 2 hours for emergent |
| | | | need; 2 days for urgent; and 14 days for routine need. |

| 5. Child Guidance Center of Mid-Fairfield County 100 East Avenue | Norwalk, Westport, Weston, Wilton, Darien, New Canaan | Call (203) 299-1315 or walk-in and ask to speak with the intake coordinator: Monday, Tuesday, Wednesday, Thursday 9am to 8:30pm |
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| Norwalk, CT 06851 | | Friday 9am to 5pm Referrals must be made by parent, legal guardian, or DCF when committed. If the intake is initiated by someone other than those above (e.g.; EMS, hospital, DCF non-committed), the parent/guardian must call to complete the intake process. |
| | | • The initial appointment will be scheduled based on clinical information provided during the intake and the ECC access requirements (emergent within 2 hours; urgent within 2 days; and routine within 2 weeks). |
| | | The second appointment will be scheduled within 2 weeks of the initial appointment. |
| | | Clients complete a "trauma screening" as part of the initial intake – if indicated, a full trauma screening is done with the clinician. |
| | | If criteria for the TF-CBT program are met, clients are referred to Yohanna Cifuentes, LCSW for assignment to the TF-CBT team. |

| 6. Child Guidance Clinic for | Primarily Meriden, | • Call (203) 235-5767 to make a referral |
|------------------------------|------------------------------|--|
| Central Connecticut | Wallingford * | Mon through Thurs 8 AM to 7:30 PM |
| | w annigioid | Fri 9 AM to 5 PM |
| 384 Pratt Street | *Will accept referrals from | |
| Meriden, CT 06450 | other communities in Central | Sat 9 AM to 1 PM |
| | Connecticut | Bilingual clinicians (Spanish/English) are available |
| | | Parent/legal guardian is required to call to make the request and |
| | | schedule an appointment. |
| | | Basic identifying information as well as insurance/HUSKY |
| | | membership numbers and address/telephone numbers for the child and |
| | | parent/guardian are obtained. |
| | | Provide the reason(s) for request (i.e. presenting problem/duration). |
| | | Sufficient information is gathered to determine the urgency of |
| | | response. |
| | | • <u>For DCF Staff</u> : Referrals specifically targeted for trauma assessment: |
| | | call Alejandra Godaire at ext. 3302 or Joyce Hidler, LMFT at ext |
| | | 3309 |
| 7. Child Guidance Center of | Stamford, Greenwich, | • Call (203) 324-6127 or walk-in and ask for a clinician who takes |
| Southern Connecticut | Darien, New Canaan | requests for services |
| 196 Grey Rock Place | | Mon 9 AM to 6 PM |
| Stamford, CT 06902 | | 4 Tues and Wed 9 AM to 8 PM |
| | | Harris 9Am to 7 PM |
| | | Fri 9 AM to 5 PM |
| | | • The clinician taking the request will provide guidance and discuss a |
| | | case, however, the parent/legal guardian is required to call to complete |
| | | the request and schedule an appointment. |
| | | Basic identifying information as well as insurance/HUSKY |
| | | membership numbers and address/telephone numbers for the child and |
| | | parent/guardian are obtained. |
| | | 1 0 |
| | | Provide the reason(s) for request (i.e. presenting problem/duration). Sufficient information is actioned to determine the uncompared of |
| | | Sufficient information is gathered to determine the urgency of |
| | | response. |

| | | | - | At the intake appointment all clients are pre-screened for potential trauma symptoms; those that meet criteria for the program are referred to Dana Vera, Clinical Administrator of the TF-CBT program, and then assigned to a TF-CBT trained clinician for a comprehensive screening and treatment. For specific information regarding the TF-CBT program please call Dana at (203) 517-3311. She is available on Wednesdays and Thursdays for consultation. |
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| 8. | Clifford W. Beers Clinic 93 Edwards Street New Haven, CT 06511 | New Haven, North Haven, West Haven, East Haven, Hamden, Branford, North Branford, Clinton, Guilford, Madison, Woodbridge, Orange, Milford, and Ansonia | • | Call (203) 777-8648 (Press 4 for Triage) Mon thru Fri 9 AM to 5 PM If you would like consultation first to discuss the appropriateness of a referral, you may call Lauren Weibrecht at (203) 777-1270 X 239 Parent/legal guardian must make the referral Child must have HUSKY or Anthem insurance (If commercial or no insurance, case-specific discussion occurs) Child must live in Greater New Haven catchment area (See list of towns in previous column) Referral is for assessment to determine if services are appropriate; it is not a guarantee for treatment Intake interviews are usually scheduled Tuesday through Friday at various times |
| | | | | |
| 9. | Community Child Guidance Clinic 317 N. Main St. Manchester, CT 06042 | Andover, Bolton, Columbia, Coventry, East Hartford, Ellington, Glastonbury, Hebron, Manchester, Marlborough, South | | To make a referral for their child, parent/guardian must call the clinic at (860) 643-2101. If the family is involved with DCF, the DCF worker will also inform the agency that he/she has referred the family for treatment. After the family has completed the clinic's intake process, the child will be assessed to determine if TF-CBT is an appropriate fit. Children whose needs do not fit the TF-CBT approach |

| 10. Community Health Center (CHC) Locations Providing TF-CBT Clinton 860 664-0787 Danbury 203 797-8330 Enfield Middle and High Schools 860 253-5447 Meriden 203 237-2229 or call Becky Wilson 203 634-1397 Middletown 860 347-6971 | Windsor, Stafford/Stafford Springs, Tolland, Vernon-Rockville. Middlesex County | aregivers who ha mily Dart-Robbi all (860) 347-69 Mon, Wed Tues and T or specific inform 47-6971 X 3902 eceptionist obtai ferral, verifies in lients are screene ssigned to a TF-C arent/legal guard | , and Fri 8:30 to 5 PM Thurs 8:30 AM to 7 PM nation regarding TF-CBT, call Daisy Abbott (860) ns basic demographic information, reason for nsurance, and schedules intake appointment ed for trauma histories/treatment needs and will be CBT clinician ian must attend first appointment to sign paperwork |
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| Middletown 860 347-6971 New Britain 860 224-3642 New London School ISACC 860 447-1003 X129 Norwalk 203 854-9292 Stamford School Domus, Trailblazers Academy 203 324-4277 Waterbury 203 574-4000 Waterford Dual Language & Arts, Magnet Middle School 860 443-0461 | | nd Meriden outpa rough the Schoo nd Meriden schoo | 3T model e trained in TF-CBT are available in the Middletown atient clinics, and clinicians are also available l-Based Health Centers at Middletown High School ols. For school based clients, direct inquiries may IC School Based Health Center Clinician. |
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| 11. Community Health Resources 47 Palomba Drive Enfield, CT 06082 | Andover, Ashford, Bloomfield, Bolton, Brooklyn, Canterbury, | lanchester, and E | for clinics located in Enfield, Mansfield, Bloomfield: Call the CHR Assessment Center 0) 683-8068; or |

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| | Chaplin, Columbia, | Toll Free (877) 884-3571 |
| | Coventry, Danielson, | Mon, Tues, and Wed 8 AM to 8 PM |
| | Eastford, East Hartford, | Thurs and Fri 8 AM to 5 PM |
| | East Granby, East | Child-specific information will be requested and clients are screened |
| | Windsor, Ellington, | for trauma history. |
| | Enfield, Glastonbury, | |
| | Granby, Hampton, | |
| | Hebron, Killingly, | |
| | Manchester, Mansfield, | |
| | Marlborough, | |
| | Plainfield, Pomfret, | |
| | Putnam, Scotland, | |
| | Somers, South | |
| | Windsor, Stafford, | |
| | Sterling, Suffield, | |
| | Thompson, Tolland, | |
| | Union, Vernon, | |
| | Willington, Windham, | |
| | Windsor, Windsor | |
| | Locks and Woodstock. | |
| | | |
| 12. Community Mental Health | New Britain, Bristol, | • Call Main Number at (860) 223-2778 for the New Britain Child |
| Affiliates | Berlin, Plainville, | Guidance Clinic location or (860) 482-8561 for Northwest Center |
| New Britain Site | Southington, | Torrington location site specific hours of operation. |
| 860 223-2778 | Newington | Hours of operation for New Britain Child Guidance Clinic are as |
| 26 Russell Street | | follows: Mon-Thurs 8 AM to 8 PM; Fri 8 AM-6 PM |
| New Britain, CT 06051 | | Hours of operation for Northwest Center Torrington are as follows: |
| | | Mon 8 AM to 8 PM; Tues-Thurs 8 AM to 6 PM; Fri 8 Am to 5 PM. |
| | | An initial screening regarding trauma will be completed during the |
| | | referral phone call. |
| Northwest Center | Torrington, Litchfield, | The receptionist obtains basic demographic information, verifies |

| 860 482-8561 100 Commercial Avenue Torrington, CT 06790 13. Family & Children's Aid 75 West Street Danbury, CT 06810 | Waterbury Danbury, Bethel, Redding, Ridgefield, Brookfield, New Town, New Fairfield, New Milford, Bridgewater, Sherman | insurance, and schedules intake appointment. Parent/legal guardian must attend first appointment to sign paperwork and discuss TF-CBT model. All potential TF-CBT clients are screened for trauma history using a battery of assessment instruments TF-CBT clinicians will typically assess the client at intake. Intake appointments generally occur on Monday through Friday 9 AM to 4 PM. Call Main Number at (203) 748-5689 Mon thru Thurs 8:30 AM to 7 PM Fri 8:30 AM to 4:30 PM Receptionist obtains basic demographic information, verifies insurance, and schedules intake appointment Briefly explain why seeking treatment, and if TF-CBT is sought All clients are screened for trauma histories/treatment needs using a battery of assessment instruments Assigned to TF-CBT clinicians, as appropriate Intake appointments generally occur during the weekdays, Monday through Friday, 8:30 AM to 4 PM. |
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| 14. Family Services of Greater Waterbury 34 Murray Street Waterbury, CT 06710 | Waterbury, Wolcott, Naugatuck, Cheshire, Prospect, Oxford, Southbury, Middlebury, Watertown, Bethlehem, Morris, and Litchfield.No restrictions to serve other towns if clients provide transportation. | Call Veronica Rosario, Intake Worker at (203) 756-8317 X 3039 Mon, Wed and Fri: 8 AM to 1:30 PM Tues 8 AM to 4:30 PM Thurs 11:30 AM to 8 PM Requests for intake services during other hours will be taken by the receptionist who will ask a few screening questions and inform the caller that the intake worker will call back within 48 hours (workdays) Only legal guardian must initiate referral Have insurance information and social security number available Provide list of current medications and dosages, if applicable Clients may be seen at Waterbury or Naugatuck office sites |

| 15. Cornell Scott - Hill Health Center Dixwell Children's Services 226 Dixwell Avenue New Haven, CT 06511 400 - 428 Columbus Ave New Haven, CT 06519 | New Haven | You may call either office (Call (203) 503-3458 for the Dixwell Avenue clinic or Call (203) 503-3055 for the Columbus Ave clinic and request a referral for services; or Or you may Walk-In to the Dixwell Avenue clinic office Mon, Wed, and Thurs 8:30 AM - 7:00 PM Tues 8:30 AM - 6:30 PM Fri 8:30 AM - 5:00 PM Or you may Walk-In to the Columbus Ave clinic office Mon, Tues, and Thurs 8:30 AM - 8:30 PM Wed 8:30 AM - 6:00 PM Fri 8:30 AM - 5:00 PM Sat 8:30 AM - 5:00 PM Sat 8:30 AM - 1:00 PM Case will as reasons for referral and a brief trauma history screen Case will be assigned to a clinician; the legal guardian will be contacted to schedule an initial evaluation. |
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| 16. Klingberg Family Centers 157 Charter Oak Avenue Hartford, CT 06106 (Main entrance on Huyshope Avenue) Klingberg Family Centers Outpatient Clinic/Family Therapy Institute 370 Linwood Street New Britain, CT 06051 | All towns in Hartford County | Call (860) 243-4416 Outpatient Clinic Office Mon thru Thurs 9 AM to 8 PM Friday 9 AM to 5 PM Provide insurance information and basic demographics to the receptionist Call will then be transferred to trained intake receptionist to determine urgency of need for access with a brief trauma history screen. ECC standards are followed, acuity and timeframes for appointments. Intake interviews are scheduled with a TF-CBT trained Clinician during the same hours as listed in the first bullet Spanish Speaking TF-CBT trained clinicians available at both locations |

| Klingberg Family Centers Child Abuse Treatment Services (CATS) 157 Charter Oak Avenue Hartford, CT 06106 (Main entrance on Huyshope Avenue) Klingberg Family Centers CATS 370 Linwood Street New Britain, CT 06052 | | For referrals to <u>Child Abuse Treatment Services (CATS)</u>: Call Mary Dineen Elovich at (860) 243-4416 Ext 258 Mon thru Thursday 9 AM to 7 PM Friday 9 AM to 5 PM To be eligible for services there must be a disclosure of physical abuse, sexual abuse, or witness to domestic violence Children/Adolescents, ages 4 to 17 are served No fee for services provided to victims and families - Services are grant funded by the Office of Victim Services TF-CBT trained clinician obtains basic demographics information, nature of presenting problem and a brief trauma history screen Intake appointments occur within 72 hours, Mon - Fri 9 AM to 5 PM Spanish speaking TF-CBT trained clinicians available at both locations |
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| 17. Lower Naugatuck Valley | Ansonia, Derby, | Call Main Number at (203) 954-0543 |
| Parent and Child Resource Center 30 Elizabeth St. Derby, CT 06418 | Shelton, and Seymour. *Will accept referrals from other communities if families are willing to travel to the clinic | Mon and Thursday 9 AM to 7 PM Tuesday and Wednesday 9 AM to 8 PM Fri 9 AM to 5 PM Client can press 0 to speak with front office and request to make an inquiry or they can press 121 and leave a message with Sarah Beard, LCSW, Inquiry Coordinator/Rapid Response Clinician. If situation is urgent, use the front office as the client can be immediately connected to an available staff member. Only legal guardian can initiate referral Cases are reviewed by Inquiry Coordinator and/or Director of Clinical Services (or Assistant Director of Clinical Services) to determine urgency. |

| Intake appointments are scheduled during the same hours as cited above All clients receive a trauma screening, and clinicians at all Village locations are trained in TF-CBT United Community and Family Services East Lyme, Franklin, Griswold, Groton, Lebanon, Ledyard, Lisbon, Montville, New London, North Stonington, Norwich, Preston, Salem, Sprague, Stonington, Voluntown, Waterford Clinicians who are trained in TF-CBT are available at the Norwich and Jewett City offices Intake appointments are scheduled during the same hours as cited above All clients receive a trauma screening, and clinicians at all Village locations are trained in TF-CBT Call Centralized Intake at (860) 892-7042 ext 733 Mon thru Thurs 8 AM to 8 PM Fri 9 AM to 5 PM For questions about TF-CBT or the process, call Lily Gill, LMFT at (860) 822-4309 Clinicians who are trained in TF-CBT are available at the Norwich and Jewett City offices Intake appointments may occur on the following days/times: Mon thru Thurs 8:30 AM through 7:00 PM Fri 8:30 AM to 4:00 PM | 18. The Village for Families and Children 1680 Albany Avenue Hartford, CT 06105 | Hartford, West Hartford, and Bloomfield | All clients are screened for trauma histories/treatment needs using a battery of assessment instruments Assigned to TF-CBT clinicians, as appropriate, or other clinicians or master level interns. Urgent cases may be accommodated on the same day or within 24 hrs. Contact the Call Center at (860) 236-4511 Mon thru Thurs 8 AM to 7 PM Fri 8 AM to 5 PM Sat 9 AM to 2 PM A trained intake worker will obtain information regarding reason for referral, basic demographics, insurance information and urgency of need for service |
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| InterferenceInterference19. United Community and Family Services 34 East Town Road Norwich, CT 06360Bozrah, Colchester, East Lyme, Franklin, Griswold, Groton, Lebanon, Ledyard, Lisbon, Montville, New London, North Stonington, Norwich, Preston, Salem, Sprague, Stonington, Voluntown, Waterford• Call Centralized Intake at (860) 892-7042 ext 733 | | | |
| Family Services 34 East Town Road Norwich, CT 06360East Lyme, Franklin, Griswold, Groton, Lebanon, Ledyard, Lisbon, Montville, New London, North Stonington, Norwich, Preston, Salem, Sprague, Stonington, Voluntown, WaterfordIsat Lyme, Franklin, Griswold, Groton, For questions about TF-CBT or the process, call Lily Gill, LMFT at (860) 822-4309Image: Clinicians who are trained in TF-CBT are available at the Norwich Preston, Salem, Sprague, Stonington, Voluntown, WaterfordImage: Clinicians who are trained in TF-CBT are available at the Norwich and Jewett City officesImage: Clinicians who are trained in TF-CBT are available at the Norwich Arreston Salem, Sprague, Stonington, Voluntown, WaterfordImage: Clinicians who are trained in TF-CBT are available at the Norwich and Jewett City officesImage: Clinicians who are trained in TF-CBT are available at the Norwich Arreston Salem, Sprague, Stonington, Voluntown, WaterfordImage: Clinicians who are trained in TF-CBT are available at the Norwich and Jewett City officesImage: Clinicians who are trained in TF-CBT are available at the Norwich Arreston Salem, Sprague, Stonington, Voluntown, WaterfordImage: Clinicians who are trained in TF-CBT are available at the Norwich and Jewett City officesImage: Clinicians who are trained in TF-CBT are available at the Norwich and Jewett City officesImage: Clinicians who are trained in TF-CBT are available at the Norwich and Jewett City officesImage: Clinicians who are trained in TF-CBT are available at the Norwich and Jewett City officesImage: Clinicians who are trained in TF-CBT are available at the Norwich and Jewett City officesImage: Clinicians who are trained in TF-CBT are available at the Norwich are trai | | | |
| Family Services 34 East Town Road Norwich, CT 06360East Lyme, Franklin, Griswold, Groton, Lebanon, Ledyard, Lisbon, Montville, New London, North Stonington, Norwich, Preston, Salem, Sprague, Stonington, Voluntown, WaterfordIsat Lyme, Franklin, Griswold, Groton, For questions about TF-CBT or the process, call Lily Gill, LMFT at (860) 822-4309Image: Clinicians who are trained in TF-CBT are available at the Norwich Preston, Salem, Sprague, Stonington, Voluntown, WaterfordImage: Clinicians who are trained in TF-CBT are available at the Norwich and Jewett City officesImage: Clinicians who are trained in TF-CBT are available at the Norwich Arreston Salem, Sprague, Stonington, Voluntown, WaterfordImage: Clinicians who are trained in TF-CBT are available at the Norwich and Jewett City officesImage: Clinicians who are trained in TF-CBT are available at the Norwich Arreston Salem, Sprague, Stonington, Voluntown, WaterfordImage: Clinicians who are trained in TF-CBT are available at the Norwich and Jewett City officesImage: Clinicians who are trained in TF-CBT are available at the Norwich Arreston Salem, Sprague, Stonington, Voluntown, WaterfordImage: Clinicians who are trained in TF-CBT are available at the Norwich and Jewett City officesImage: Clinicians who are trained in TF-CBT are available at the Norwich and Jewett City officesImage: Clinicians who are trained in TF-CBT are available at the Norwich and Jewett City officesImage: Clinicians who are trained in TF-CBT are available at the Norwich and Jewett City officesImage: Clinicians who are trained in TF-CBT are available at the Norwich and Jewett City officesImage: Clinicians who are trained in TF-CBT are available at the Norwich are trai | | | |
| 20. United Services. Inc. Abington, Ashford. Parents can call (860) 774-2020 and request an intake. | Family Services 34 East Town Road | East Lyme, Franklin, Griswold, Groton, Lebanon, Ledyard, Lisbon, Montville, New London, North Stonington, Norwich, Preston, Salem, Sprague, Stonington, | Mon thru Thurs 8 AM to 8 PM Fri 9 AM to 5 PM For questions about TF-CBT or the process, call Lily Gill, LMFT at (860) 822-4309 Clinicians who are trained in TF-CBT are available at the Norwich and Jewett City offices Intake appointments may occur on the following days/times: Mon thru Thurs 8:30 AM through 7:00 PM |
| | 20. United Services, Inc. | Abington, Ashford. | Parents can call (860) 774-2020 and request an intake. |

| 1007 N. Main Street Dayville, CT 06241 | Canterbury, Columbia, Chaplin, Killingly, Mansfield, Coventry, Danielson, Dayville, Eastford, Grosvernordale, Hampton, Plainfield, Pomfret, Putnam, Scotland, Sterling, Storrs, Thompson, Union, Wauregan, Willingotn, Willimantic, Windham, Woodstock | They will be asked if it is an emergency. If yes, they will be transferred to Emergency Services within the agency. If no, they will be transferred to the Client Access Team Specialists. The Client Access Team Specialists will obtain demographics, insurance information, and an initial basic screen. Parents will be asked to briefly explain why they are seeking treatment and if TF-CBT is sought. The Client Access Team Specialists will assign intakes to the appropriate clinician or if additional information is needed the referral will go to Child Guidance Program Ann-Elizabeth Grabowski, LCSW for further screening. ECC guidelines will be followed in regards to emergent, urgent and routine intakes. Intake hours are: Monday through Thursday 8:30 AM - 5:30 PM Friday 8:30 AM - 5:00 PM After hours emergent calls will be handled by Emergency Services or the agency's after hours call-in service - ProtoCall. |
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| 21. Wellmore 70 Pine Street Waterbury, CT 06710 | Beacon Falls, Bethlehem, Cheshire, Middlebury, Naugatuck, Oxford, Oakville, Prospect, Roxbury, Southbury, Thomaston, Washington, Waterbury, Watertown, Wolcott, Woodbury | Routine after hours calls are transferred to the Client Access Team voice mail system and returned within 24 hours. Call the Main Number - (203) 756-7287 and Dial 0 to speak with an operator Mon thru Thurs 9 AM to 8 PM Fri 9 AM to 5 PM Ask to speak with a triage case manager in order to schedule a date for orientation Once orientation has been attended by the parent/guardian, an intake date will be scheduled for the parent/guardian and client with an outpatient clinician TF-CBT clinicians are assigned, as necessary The treatment appointment will be scheduled for the child and |

| | | • | parent/guardian based on clinical information and the Enhanced Care Clinic requirements for timeframes for this appointment, i.e. emergent within 2 hours; urgent within 2 days; and routine within 2 weeks. Basic demographic and insurance information will be requested The parent/guardian must attend first appointment and sign paperwork DCF social workers may sign and fax paperwork for those clients under DCF guardianship, if needed |
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| 22. Wheeler Clinic 91 Northwest Drive Plainville, CT 06062 | Plainville, Bristol, Southington, New Britain, Plymouth, Terryville, Burlington, Farmington, Simsbury, Wethersfield, Rocky Hill, Kensington, Simsbury, Avon, Wethersfield | • | Call the ACCESS Center at (860) 793-3588 Mon thru Thurs 8 AM to 9 PM Fri 9 AM to 5 PM Intake slots available Monday thru Friday: 10 AM thru 4 PM Later appointments may be available due to special needs Caller may request trauma screening to alert clinician, but all clients are screened for trauma history Clients may be seen at the Plainville, Bristol and Hartford offices |