

## YAB YOUTH SUMMIT on 12/16/20 "STILL RISING IN 2020"

## December 8, 2020

This year's Youth Advisory Board's Summit will speak to how we -- as young people involved with DCF -- are managing our health and well-being during the 2020 pandemic. We will share our life experiences as a way to help others. We will discuss opportunities and provide suggestions to improve the health care profession. You will leave this Summit with tools for positive mental wellness, strategies for coping through these challenging times, and resources to reach out and connect beyond the Summit. We look forward to you accompanying us on this journey as we "Rise in 2020."

Register Here: https://www.eventbrite.com/e/still-rising-in-2020-young-adult-summit-registration-131263750411

