

In-Person Visitation: How to Minimize Risk

Brought to you by the DCF
Health & Wellness Division

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How to Minimize Risk of Transmitting COVID -19

- While in-person visitation is occurring, there are steps you can take to minimize the risk of transmitting COVID-19.
- These slides will provide guidance on measures to take PRIOR to visits and DURING visits in order to help protect all participants.

Minimizing Risk of Transmitting COVID-19

Pre-Visit Screening

- All participants should be asked this set of questions on the day of but PRIOR to the actual visit. If the answer to any of this set of questions is “Yes”, the participant should not attend the visit.
 - All participants are encouraged to take their temperature prior to the visit.
1. Have you in the last 14 days experienced any of the following symptoms?
 - Fever over 100.4 or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea/vomiting or diarrhea
 2. In the last 14 days have you had any close contact with a person who has tested positive for COVID-19? (for instance, someone you share a households with or provide hands on care to)
 3. In the last 14 days have you travelled out of the state of Connecticut?

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During Visits

- Prior to the visit beginning, everyone should wash their hands for 20 seconds with soap and water. If a sink is not available, everyone should use hand sanitizer over the entire surface of their hands. Carefully monitor hand sanitizer with children who are at risk for ingestion.
 - Repeat as necessary during the visit.
- Do not spray disinfectant directly on children.
- Visits should occur outdoors when possible.
- Maintain 6 feet physical distancing whenever possible.

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During Visits

- Everyone at the visit over the age of 2 years old and who is capable of removing their own mask should wear a cloth face mask.
- Discourage food and drinks during the visit because masks cannot be worn while the wearer is eating and drinking.
 - Encourage social distancing of greater than 6 feet (3 arm's length) when masks are off for quick drinks if needed.
- The person supervising the visit should maintain social distance throughout the visit if possible and wear a mask for the duration of the visit.

Minimizing Risk of Transmitting COVID-19 Hugging & Kissing During Visits

- Face away from each other when hugging.
- Kiss the back of the infant/child's head – avoid kissing on the face or hands.



Graphics Source:
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