

## DCF COVID-19 Daily Update Supporting Children, Families and Staff

**MARCH 30, 2020** 

## CONNECTICUT VALLEY HOSPITAL EMPLOYEE AND 2 DCF WORKERS TEST POSITIVE

by Lisa Backus and Christine Stuart

A staff member at Connecticut Valley Hospital in Middletown and two Department of Children and Families workers have tested positive for COVID-19, according to state officials.



Read the Article: Connecticut Valley Hospital Employee and 2 DCF Workers Test Positive

## **HELP WITH DEPRESSION**

Needing help with stress or depression is very understandable at this time and even when times are "normal." Here is a website that help you find online or virtual counseling: <a href="https://www.counseling.video/home-ct">https://www.counseling.video/home-ct</a>

## **TAKE PRECAUTIONS**

Knowing who is at higher risk for contracting the coronavirus known as COVID-19 is important so that they and their loved ones take extra precautions. Learn more here:

https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/high-risk-complications.html