



Connecticut's Response to the Opioid Crisis Amidst COVID-19

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Resources, recommendations and risks regarding the intersection of opioids & COVID-19.



Despite physical distancing guidelines, if you're going to use, **don't use alone**. It's recommended to have someone present who can administer naloxone, if necessary.



During the COVID-19 pandemic, SAMHSA recommends that **first responders continue to administer Naloxone** in the event of an opioid overdose.



SAMHSA has advised opioid **treatment programs to provide take-home medication more flexibly** during the pandemic.



COVID-19 affects the respiratory system, which could **increase the risk of opioid overdose** related to hypoxemia.



At-home **prescription drug disposal kits** can be ordered for free on [drugfreect.org](https://www.drugfreect.org).



For substance use treatment, **call 1(800)563-4086**.



Virtual recovery meetings are available through [smartrecoveryct.org](https://www.smartrecoveryct.org), [turningpointct.org](https://www.turningpointct.org) and [ctna.org](https://www.ctna.org).



If you would like information on **mental health assistance**, call **211**.

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For more information on preventing substance misuse in Connecticut, please visit

[drugfreeCT.org](https://www.drugfreeCT.org)