

## V.I.T.A.L. Logic Model

<b>VISION:</b> To activate potential in young adults to build success, justice, and lead change	<b>GOAL:</b> All transitional age youth (TAY) leverage the supports and pathways they need to succeed and thrive in adulthood			
<b>TARGET POPULATION</b>	<b>ACTIVITIES</b>	<b>ACTIVITIES (cont'd)</b>	<b>OUTPUTS</b>	<b>OUTCOMES AND PROCESS MEASURES</b>
<p>-Young adults (16-23 years) in care of the Department</p> <p>-Young adults at risk of launching from the Department without achieving full legal permanency</p> <p>-Young adults who have launched from the Department's care</p>	<p><b>PHASE I: Practice Transformation (6– 12 months)</b></p> <p><b>Preparation and Consensus Building:</b></p> <ul style="list-style-type: none"> <li>-Secure leadership commitment</li> <li>-Formation of teams</li> <li>-Surveys and mailbox</li> <li>-Stakeholder interviews and forums</li> <li>-3 focused deeper dives (i.e., TAY in TFC and FACT, TAY in congregate care, TAY launched during pandemic)</li> <li>-Review of 2019 Leans</li> <li>-National scan of literature/research for the framework</li> <li>-Collect baseline TAY outcome data</li> <li>-Share the V.I.T.A.L. "whys"</li> <li>-Leverage existing provider meetings</li> <li>-Planned mini Town Halls with draft V.I.T.A.L. model</li> </ul> <p><b>Preparing Foundational Materials:</b></p> <ul style="list-style-type: none"> <li>-Policy, Practice Guide, Tip Sheets</li> <li>-Write foundational briefs</li> <li>-Conduct stakeholders surveys and interviews</li> <li>-Revise specialty certification training with the AWD</li> <li>-Create OMEGA template</li> <li>-Create Mindshare template for outcomes</li> <li>-Create civic engagement series and health and wellness curriculum.</li> </ul> <p><b>Workforce Development:</b></p> <ul style="list-style-type: none"> <li>-Identify best practices and focus areas in serving TAY</li> <li>-Identify language changes that reinforce values</li> <li>-Utilize a learning collaborative approach to standardize and disseminate practice across the state</li> <li>- Ensure practice transformation is supported by staff, office leadership, senior managers, and executive level</li> <li>-Provide ongoing coaching to staff and providers on V.I.T.A.L. model values</li> <li>-Emphasize importance of teaching self-advocacy and system wide advocacy through the YAB and embed YAB participation as an expectation for adolescent teams</li> </ul>	<p><b>Highlight Challenges and Opportunities:</b></p> <ul style="list-style-type: none"> <li>-Limited accessible statewide data on TAY population</li> <li>-Competing demands and multiple efforts</li> <li>-Resource demands</li> <li>-Systemic factors that influence outcomes</li> <li>-TAY population has become increasingly complex</li> </ul> <p><b>Implementation and Practice Transformation:</b></p> <ul style="list-style-type: none"> <li>-Focus on enhancing 4 aspects of practice: functional assessment, case planning, coaching, and placement change</li> <li>-Identify regional and youth champions to support the work</li> <li>-Ensure TAY are represented in all leadership spaces and assist in shaping Department efforts and direction</li> <li>- Use OMEGA assessments at various touchpoints</li> <li>-Laser focus on relationship building through case planning</li> <li>-Include suggestions for contact with families post-TPR</li> <li>-Assess parental capability in young parents</li> <li>-Increased attention to housing planning/preparation</li> <li>-Heightened attention to building a sense of belonging, contribution, community involvement)</li> <li>-Require health literacy and financial literacy training</li> <li>-Enhanced access to free tutoring</li> <li>-Increased support for post-secondary education and planning</li> <li>-Peer review of case plans, annual review of 3 cases, youth satisfaction review</li> <li>- L.I.S.T handed in at age 16 with the case plan for a formal review</li> <li>-Increased diversion from the justice system</li> <li>-Increased focus on identity development</li> <li>-Disaggregated outcome data supports Department decision making</li> <li>-Improved planning for youth in D.O.C. and exiting D.O.C.</li> <li>-Increase fatherhood engagement and parental capacity</li> <li>-Re-centralize re-entry to reduce wait time</li> <li>-Increase hiring of young adults with lived experience</li> <li>- Revise 800 process and develop tracking system</li> <li>-Banking commission to help remove barriers to open accounts</li> </ul> <p><b>Data Collection and Reporting:</b></p> <ul style="list-style-type: none"> <li>-Revised L.I.S.T instrument -Mindshare build</li> <li>-Electronic Omega -Temporary SharePoint dashboards</li> </ul>	<p><b>Outputs reported out by race/ethnicity and gender:</b></p> <p><b>Data and Information gathered through:</b></p> <ul style="list-style-type: none"> <li>-SharePoint reports based on SPM tools</li> <li>-LINK data</li> <li>-Survey data</li> <li>-NYTD</li> </ul> <p><b>Regional Workforce Adaptive Change:</b></p> <ul style="list-style-type: none"> <li>- % of youth satisfied with team at launch</li> <li>-# of youth who feel like they have equal or more say in decisions</li> <li>-% of demonstrating skills needed for success</li> <li>-# of peer reviews and annual team reviews of TAY cohort</li> </ul> <p><b>Provider Practice Transformation:</b></p> <ul style="list-style-type: none"> <li>-Develop clear expectations for meaningful authentic youth engagement</li> <li>-Develop standardized training in positive youth development</li> <li>-Develop a consistent approach to working with youth within the context of the family system</li> <li>-Develop a focus on helping TAY build and sustain safe &amp; secure relationships within natural networks</li> <li>-Develop a standard approach to improving tangible life skills and 'soft skills' in young adults</li> <li>-Support anti-racist lens through all work</li> <li>-Enhance L.I.S.T through consultation with the SWRJ group</li> <li>-STAR scope adjustment for rapid triaging of family and strengths</li> </ul> <p><b>Interagency Development:</b></p> <ul style="list-style-type: none"> <li>-Explore multi-state agency partnership to prioritize hiring TAY into the workforce - Explore a multi-agency data partnership to share information on education, health, employment measures</li> </ul>	<p><b>Phase 1 (6-12 months):</b></p> <ul style="list-style-type: none"> <li>-Increase the % of TAY who graduate H.S.- Increase in the % of TAY employed or enrolled in P.S.E.</li> <li>-Increase in youth who exit care to secure and stable housing -Increase the % of TAY who have at least 1 non-paid positive adult in his/her/their life</li> <li>-Increase in family engagement for TAY during life of young adult case</li> <li>-Increase the % of TAY living with families</li> <li>-Increase the number of youth satisfied with treatment team -Increase the % of TAY completing a LIST</li> </ul> <p><b>Phase 2 (12+ months):</b></p> <ul style="list-style-type: none"> <li>-Increase the % of TAY who graduate H.S. in four years-Increase the % of TAY completing post-secondary education-Increase the % of TAY enrolled in vocational training when needed-Increase the % of TAY who sustain full or part time employment for three months by age 23-Increase the % of TAY who are satisfied with their team upon launch-Increase the % of youth who have a bank account with at least \$500-Increase the % of TAY who have a driver's license-Increase the % of TAY who complete health literacy course - Increase the % of TAY who are active in at least one community activity</li> <li>-Increase the number of youth who are not incarcerated at launch and at 3 months post launch -Increase the number of TAY who re-enter the Department within one week of their request-Increase % of TAY with high self- confidence -Increase cross agency collaboration for special populations of TAY</li> </ul>
<b>Inputs (Resources)</b>				
<ul style="list-style-type: none"> <li>-Policy and practice guide</li> <li>-V.I.T.A.L. Tip Sheets</li> <li>-V.I.T.A.L. resources website</li> <li>-V.I.T.A.L. caregiver site section</li> <li>-Snapshot of TAY outcomes</li> <li>-Leadership commitment</li> <li>-Foundational briefs</li> <li>-Provider consortium</li> </ul> <p>-Feedback from: Regional staff, Legal, Providers, YABs, Advocates, Strategic Planning, OCR, Education, ACs, Executive Team, AWD, Fiscal</p>				

<p><b>Assumptions:</b> Phase I will solidify metrics, and collect baseline data on core practice elements and standards. Phase I establishes the system necessary to pilot a model for one year. The logic model assumes that a Phase II of V.I.T.A.L. would further refine measurement standards specific to developmental age groups with measures taken at different timeframes. Phase II results in CT Kind Build.</p>	<p><b>External Factors:</b> The V.I.T.A.L. model is dependent on internal resources in DCF and in Connecticut. Elements of the model may also be influenced by stakeholders in the legislature, the Court Monitor, or in the Judicial Branch. It may also be influenced by federal priorities and requirements.</p>
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