

Positive Youth Development Sustainability Scale-Modified

The following are conversation prompts covering positive youth development domains. The prompts may be helpful in guiding plans for the young adult.

What are the young adults' **connections** like? (For example):

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| • Does the young adult have different types of friends? | Yes | No |
| • Does the young adult feel connected to persons identified as family? | Yes | No |
| • Does the young adult feel that friends care about him/her/them? | Yes | No |
| • Is the youth connected to teachers? | Yes | No |
| • Does the young adult admire anyone? | Yes | No |
| • Does youth care about friends and family member feelings? | Yes | No |

What is the young adult's **competence and self-confidence**? (For example):

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|---|-----|----|
| • Does the youth have goals in life? | Yes | No |
| • Does the youth believe they are worth something to others? | Yes | No |
| • Does the youth believe he/she/they can accomplish what they want to do? | Yes | No |
| • Does the young person believe he/she/they can offer things to others? | Yes | No |
| • Does the youth like to learn new things? | Yes | No |

Where and how does the youth **contribute**? (For example):

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| • Does the youth take active role in community through school, faith community, community activities, sports, clubs, art? | Yes | No |
| • Does the youth give to benefit others? (eg., community service) | Yes | No |
| • Does the youth enjoys working to solve problems? | Yes | No |
| • Does youth believe he/she/they have things to offer others? | Yes | No |

How important is it for the young adult to make a difference in the world?

Assess the concept of **caring for others**

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| • Does the youth help others in need? | Yes | No |
| • Does the youth know how to tell how others may be feeling? | Yes | No |
| • Does the youth care about the feelings of others? | Yes | No |

Discuss **Character**

If the youth promises to do something, can he/she/they be counted on to do it?	Yes	No
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How important is it for the young adult to do the right thing?

How well can young adult manage emotions?