



STATE OF CONNECTICUT

COUNCIL ON DEVELOPMENTAL DISABILITIES



In Connecticut, you have rights!

The Constitution of the State of Connecticut declares that “No person shall be denied the equal protection of the law nor be subjected to segregation or discrimination in the exercise or enjoyment of his or her civil or political rights because of religion, race, color, ancestry, national origin, sex or physical or mental disability.” Connecticut General Statutes, Sections 3-129g, and 46a-51 through 46a-104, among others, authorize the State to enforce individual rights to public accommodations, employment, housing, education, and other human rights and opportunities.

→ If you feel that you have been denied your right to **public accommodations, employment, housing, education**, or other **human rights or opportunities**, including the right to reasonable accommodations for your disability, then contact the nearest regional office of the State Commission on Human Rights and Opportunities (CHRO) listed here:

<https://portal.ct.gov/chro/commission/commission/contact-us>.

You must file your claim within three hundred (300) days of the alleged discriminatory act.

→ Section 10-76d-1 of the Regulations of Connecticut State Agencies requires each board of education to provide **special education and related services** for each child with a disability. If you disagree with your child’s program, you may file a request for due process or for mediation, or you may file a state complaint, through the State Department of Education. Your rights are explained here: https://portal.ct.gov/-/media/sde/special-education/parents_guide_se.pdf.

→ Contact the Office of the Healthcare Advocate (OHA) at <https://portal.ct.gov/oha> when you have challenges accessing affordable **healthcare insurance or services** for you or a loved one. OHA offers assistance with Medicaid, Medicare, Access Health CT, Employer-Sponsored Health Insurance, and other coverages.

→ If you feel that you are the victim of a **hate crime**, then report it to your local police department and contact the Hate Crimes Investigative Unit of the Connecticut State Police at hate.crimes@ct.gov. Hate crimes are criminal offenses motivated by bias against race, color, religion, national origin, sexual orientation, gender, gender identity, or disability.