

## EXHIBIT C-3

Shenipsit Trail End-to-End Run - Shenipsit Striders

Petition No. 1609

RS/DS

# Shenipsit Striders

The Shenipsit Striders trail running club was started in 1975 by a small group of friends in northcentral Connecticut that wanted to get together for weekly runs in the woods. Today the club has grown to include members from all corners of Connecticut and the New England region, with all abilities represented from new runners to experienced ultramarathoners.

Our races serve to give back to the trail community by donating to Connecticut trail stewardship and land use programs. As a nonprofit club, our membership helps further support our goals to give back to the trail community - we would love to have you join us as a member.

We host regular group and social runs at various locations around Connecticut, showing off some of our great local trail systems. We welcome everyone to our runs and races, the only requirement is that you love to run and love the outdoors!

## We run everywhere!

Come join us on a run

### Strider Calendar

Today ◀ ▶ **May 2024** ▼ Print Week Month Agenda ▼

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	May 1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19 9am Soapst	20	21	22	23	24	25
26	27	28	29	30	31	Jun 1

Events shown in time zone: Eastern Time - New York + [Google Calendar](#)



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# Shenipsit Trail End-to-End

The Shenipsit Trail End-to-End is the annual run on the entirety of the blue-blazed Shenipsit Trail.

## Date

Sunday, December 1 2024

## Description

The Shenipsit End-to-End run - our infamous yearly trip down the length of the Shenipsit trail. We welcome all who love trail running to join us, members and non-members alike. Many will run part of the trail, and a few hearty souls will complete the whole distance. This is a group run, not a race, and we will try to stay together or regroup as necessary. We may split into two groups this year.

This year we will be running south to north, starting in East Hampton at the Shenipsit Trails southern trail head and covering the approximately 42miles to Stafford, CT. We expect the entire run to take around 13 hours.

Runners should dress appropriately for cold temperatures, be prepared for fueling and hydration needs during the run, and bring a headlamp for the start and finish.

More detail to come as we finalize the logistics, aid stations and distance options , posted to the Shenipsit Striders Facebook group.

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