

CHRO Mission

The Commission on Human Rights and Opportunities:

Enforces human rights laws that ban illegal discrimination in employment, housing, public accommodations, and credit transactions

Monitors compliance with state contract compliance laws and with laws requiring affirmative action in state agency personnel practices

Establishes equal opportunity and justice for all persons in Connecticut through education and outreach activities.

Want to learn more about the CHRO? See more of our brochures by scanning the QR code!



Contact Information

Connecticut Commission on
Human Rights and Opportunities
Business Training Institute
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Hartford, CT 06103
(860) 541-3400
CHRO.Training@ct.gov



For more information, visit our website
at: www.ct.gov/CHRO

Follow our Social Media at
www.facebook.com/CTCHRO
www.twitter.com/CT_CHRO

Commission on Human Rights & Opportunities



Business Training Institute



Trainings in
antidiscrimination law for
Connecticut businesses

Tel: (860) 541-3400
Tel: (800) 477-5737
www.ct.gov/CHRO

CHRO attorneys are available to provide free training on the following topics

Housing discrimination law

Lawful source of income discrimination law

Employment discrimination law

Workplace harassment law

Sexual harassment law

Disability discrimination law

Reasonable accommodation law

Transgender law

Credit transaction discrimination law

Public accommodation discrimination law

Contract compliance law

CHRO processes and procedures

Individualized curriculum may be accommodated upon request.

Contact the CHRO today to sign up for one of our regular trainings or to request a training for your organization.

The CHRO Business Training Institute

Connecticut law prohibits discrimination in employment, housing, public accommodations, and credit transactions. The most effective way to eliminate discrimination is to ensure it does not happen in the first place. To that end, the CHRO is dedicated to helping businesses comply with the law by providing free trainings for employers and housing providers as resources permit. By learning what the law entails and the best practices to ensure an equal, fair, and inclusive environment, businesses can become more inclusive and rid society of discrimination.

Experience that Matters

The Business Training Institute grants employers and housing providers access to experienced CHRO attorneys who can provide training on a wide range of topics related to antidiscrimination law. As Connecticut's antidiscrimination enforcement agency, our attorneys are experts on what the law entails, how it applies to businesses, and how employers and housing providers can ensure they comply with the law.

Training that Counts

Connecticut anti-discrimination law aims at establishing equal opportunity and justice for all persons within the state. Ensuring compliance with that law requires an understanding of what the law covers, doesn't cover, and how to set up a workplace that meets all legal obligations. The attorneys of the CHRO can provide trainings to ensure that you get the information you need to provide equal opportunity for your employees and clients.

Services Free of Charge

There is no fee for this service. Donations are, however, welcome. Any donations received go towards funding our youth outreach and student internship programs. Requests for speaking engagements will be accommodated as resources are available.

Recorded Trainings Available

A number of recorded trainings are available at our website, www.ct.gov/CHRO. Visit us to find our Sexual Harassment Prevention training, Domestic Violence Prevention and Legal Protections training, and more.

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(860) 541-3400
CHRO.Trainings@ct.gov