

Health Matters

A day-long event for all firefighters & EMTs in New Hampshire
Thursday, October 13, 2016

Richard M. Flynn Fire Academy, 98 Smokey Bear Boulevard, Concord, NH 03301

Registration, Breakfast, Vendors: 8:00 to 8:30AM

Extinguishing Breast Cancer in the Fire Service (8:30AM to 11:30AM)

***BECAUSE too many women firefighters are facing breast cancer;
BECAUSE too many firefighters are facing any kind of cancer;
BECAUSE we can make a difference.***

Presented by **Karen Kerr Stone**, retired Lieutenant from the San Francisco Fire Department.

With breast cancer being used as a metaphor for all cancers and other chronic diseases, this seminar for both men and women will educate firefighters about the role of exposures in cancer, equip them with practical tools to protect themselves on and off the job, encourage the adoption of nationally recognized "best practices" for firefighting that reduce on-the-job exposures, and offer tools to advocate for their own health and the health of those around them through positive policy change.

AM Session Online Pre-Registration Link: [2317SM175](#)

Lunch (provided free of charge) and Vendors: 11:30AM to 1:00PM

Firefighter Behavioral Health (1:00PM to 5:00PM)

Presented by **Jeff Dill**, founder of Counseling Services for Firefighters (2009) and organizer of the Firefighter Behavioral Health Alliance (2011).

Topics for this session:

"Saving Those who Save Others"

This seminar is an in-depth FF/EMT suicide prevention/awareness course designed to educate attendees on warning signs/symptoms, communications, emotional, and physical behaviors.

"Behavioral Health Program Development"

This seminar is designed to assist fire departments and EMS organizations in creating procedures to develop a behavioral health program.



PM Session Online Pre-Registration Link: [2317SM174](#)

ALL SESSIONS ARE FREE OF CHARGE! ONLINE REGISTRATION ENDS MONDAY, OCTOBER 10, 2016.

Health & Wellness Vendors will be on site from 8AM to 1PM!