

#### State of Connecticut Department of Emergency Services & Public Protection Commission on Fire Prevention and Control

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# 1. June School Classes 2016 Openings – Friday June 10<sup>th</sup>

Fire Chief 101 Oral Interviews – Promotional Thermal Imaging and Modern Fire Dynamics Standpipe Operations The Leader in You am and pm sessions Understanding Fireground Waterflow

The application period for June School 2016 is now open and available on our web

site <u>http://www.ct.gov/cfpc/cwp/view.asp?Q=579498&A=832</u>. This annual event will run from June 6<sup>th</sup>-11<sup>th</sup> on the main campus of the Connecticut Fire Academy. New class offerings this year are Active Assailant Response, Bomb Squad Outreach, and Fire Dynamics and the Fire Ground. As with each year it is our priority to exceed expectations for quality, value, and customer satisfaction. Applications are due on May  $26^{th}$ . Class registration is first come, first serve until a course is filled. Revised application is also attached.

For further information on specific classes or other June School related questions, please contact Program Manager Jason Decremer at 860-264-9242 or jason.decremer@ct.gov

Engine Company Operations # 16414 FullForcible Entry # 16422 FullScott Air Pack # 16461 FullRescue Skills # 16432 FullTruck Work # 16450 Full

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## 2. June Fire School New Offerings

To all progressive Fire Officers and Fire Fighters, do not underestimate or miss the opportunity to take these two totally brand new June Fire School classes:

## IT'S ALL ABOUT THE BRAIN: GAIN RESILIENCY AS A FIREFIGHTER

The valuable information in this presentation is significant for all first responders and especially those who are or may be in supervisory roles. The emphasis of this class is on developing a proactive goal of improving the future emotional and physical health of firefighters. Your brain usually processes these experiences in a highly effective manner and makes you good at what you do. However, what is now known, is that the Cumulative Stress Overload of the everyday calls, specifically the few that you always remember, creates physical changes in the brain. Specific strategies to create resiliency and to maintain a healthy brain over the long haul will be explained.

Course # 16401 Date: 6/8/2016 Time: 8:30-12:00 Fee: \$20 Class hours: 3.5

## STRESS FIRST AID FOR FIREFIGHTERS AND EMERGENCY SERVICES PERSONNEL

Stress First Aid (SFA) is a flexible set of tools used to care for stress reactions in firefighters and rescue personnel. Unlike other acute stress management procedures, SFA was designed specifically to support firefighters and rescue personnel. SFA is a toolkit that emphasizes the importance of continuously monitoring the stress of fi re and rescue personnel and to quickly recognize and appropriately help individuals who are reacting to stress and are in need of interventions to promote healing.

Course # 16445 Date: 6/6/2016 Time: 8:30-12:00 Fee: \$30 Class hours: 3.5

Course application is attached.

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#### 3. CFA Bookstore News

Need books for your fire department promotional exam. The CFA Bookstore has promotional exam list titles and support material in stock.!!!

IFSTA/FPP Fire and Emergency Services Company Officer, 5<sup>th</sup> edition (current edition) Fire Attack – Strategy & Tactics of Initial Company Response, 2<sup>nd</sup> edition Building Construction Related to the Fire Service, 3<sup>rd</sup> edition Fire and Emergency Services Instructor, 8<sup>th</sup> edition Hazardous Materials for the First Responder, 4<sup>th</sup> edition Chief Officer, 3<sup>rd</sup> edition Essentials of Fire Fighting, 6<sup>th</sup> edition Pumping and Aerial Apparatus Handbook, 3<sup>rd</sup> edition

ICMA Effective Supervisory Practices, 5<sup>th</sup> edition

Thanks, Pam and Karen CFA Bookstore 860-627-6363 ext. 271/244

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# 4. WFD Retirement - D/C Jay Knipple - 45 Years!

The South Windsor Fire Department will be celebrating the retirement of long time Deputy Chief JAY KNIPPLE (Car 16) after over 45 years of extreme dedication to the SWFD and SW Community. Please see the attached flyer...PLEASE forward, share, post to your membership.

Please see 2<sup>nd</sup> attachment for details should you wish to include in media or proclamation or award...

In addition to our Secretary, Irma, having tickets, I do as well. Any questions, please contact either Irma or I any time.

Hope to see many of you there!

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## 5. Cromwell FD/Knights of Columbus – Knights of Fire Golf Tournament

The Cromwell Fire Department / Knights of Columbus - Knights of Fire Golf Tournament 2016 will be held on June 18, 2016 at Hunter Golf Club 688 Westfield Road in Meriden. See the attached flyer and sponsorship opportunities.

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#### 6. One Innocent Life Newsletter Link – Beat the Heat 5K – June 18th

As you may have already heard, One Innocent Life is putting on Beat the Heat 5k - Family Friendly run | walk to continue our fundraising efforts and honor the lives of those lost due to fire related incidents. With this being a family-friendly event we will continue to advocate fire safety awareness through fun, family-friendly activities, live music, local food trucks, and our featured-event the 5k run | walk.

Newsletter link - <u>http://eepurl.com/bZB9UT</u> - Please share with your (firefighters, colleagues, etc.). Whether you print it out and put it on your bulletin board or blast it through your email every effort is appreciated.

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# 7. 2016 Go Bald For A Brother Event Sponsored by the Professional Firefighters & Paramedics of the Mohegan Tribe

This year we are sponsoring Maria Tompkins daughter of City of Groton Fire Department Captain Dan Tompkins. Here is a little about Maria and her battle that was sent to us by her father.

Maria Tompkins is the daughter of Captain Dan Tompkins of the City of Groton Fire Department. She has two sisters, Christina 19 and Haley 14. She is a full time student at the University of Connecticut majoring in Micro Cell Biology. Between her Junior and Senior year, and just a few months before turning 21, she was diagnosed with Leukemia (Acute Lymphocytic Leukemia or ALL). As devastating as this diagnosis would be for anyone, it was more profound and numbing for Maria and her family because it is the same disease that took her mother's life 17 years earlier and afflicted her step sister 10 years ago.

Although the news was devastating, Maria quickly processed it and decided that this disease had met its match. She had plans to graduate and go to Graduate school and this thing was trying to screw those plans up. She was determined not to let that happen. They may have to be delayed but she will get back to those plans.

Maria has always been very driven and if someone or something tells her she can't do something, she is Determined to prove them wrong.

The initial prognosis was positive. She would be in intense treatment for a few months and then less intense for another two years but she should respond fine and be able to get back to school after missing only one semester. Well, the disease didn't respond as the Doctors had hoped or expected. The disease was resistant to standard treatment and failed to go into remission. The need for a Bone Marrow Transplant quickly became a reality.

An international search was initiated for a Donor. Many Donor Drives were conducted in Maria's name through "Be The Match". A perfect match has not been found but the Doctors have identified a close match that they will use. In the meantime, the disease has continued to resist standard treatment and so the doctors looked at alternative options. Maria was enrolled in an experimental trial at Children's Hospital of Philadelphia (CHOP) called CAR T Cell Therapy. Over the course of two months and several visits, Maria's T Cells (part of the immune system) were harvested, grown in a lab, genetically reprogramed to identify and attack the Leukemic cells, and re-transfused into her body. The hope is that this treatment will put her into a good remission and prepare her for a successful transplant. Maria will undergo her Transplant in April.

Through this, Maria has made many new friends. Although technically an adult, she is being treated by a pediatric medical staff. Maria serves as a big sister to many of the younger patients. She goes out of her way to make them feel special. Visiting with them and sending little gifts to brighten their day. They all look forward to seeing her.

She also has had a change in vision and when she returns to school she will be pursuing a degree in Nursing specializing in Pediatric Oncology.

If there were one word I would use to describe Maria it would be **DETERMINATION**.

2016 Go Bald For A Brother Saturday June 11, 2016 12:00pm Mohegan Vol Fire Co. (Route 32 - Uncasville CT) Live Music, Great Food, Raffles and Plenty of Head-shaving

PLEASE DO NOT REPLY TO THIS EMAIL