

State of Connecticut Department of Emergency Services & Public Protection Commission on Fire Prevention and Control

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1. Rescue Technician Core

A few seats remain for Rescue Technician Core at Stones Ranch in East Lyme. CT Fire Academy Calendar Class # 16293 Starting June 11, 2016 http://www.ct.gov/cfpc/cwp/view.asp?Q=574030&A=832

2. June Fire School New Offerings

To all progressive Fire Officers and Fire Fighters, do not underestimate or miss the opportunity to take these two totally brand new June Fire School classes:

IT'S ALL ABOUT THE BRAIN: GAIN RESILIENCY AS A FIREFIGHTER

The valuable information in this presentation is significant for all first responders and especially those who are or may be in supervisory roles. The emphasis of this class is on developing a proactive goal of improving the future emotional and physical health of firefighters. Your brain usually processes these experiences in a highly effective manner and makes you good at what you do. However, what is now known, is that the Cumulative Stress Overload of the everyday calls, specifically the few that you always remember, creates physical changes in the brain. Specific strategies to create resiliency and to maintain a healthy brain over the long haul will be explained.

Course # 16401 Date: 6/8/2016 Time: 8:30-12:00

Fee: \$20

Class hours: 3.5

STRESS FIRST AID FOR FIREFIGHTERS AND EMERGENCY SERVICES PERSONNEL

Stress First Aid (SFA) is a flexible set of tools used to care for stress reactions in firefighters and rescue personnel. Unlike other acute stress management procedures, SFA was designed specifically to support firefighters and rescue personnel. SFA is a toolkit that emphasizes the importance of continuously monitoring the stress of fi re and rescue personnel and to quickly recognize and appropriately help individuals who are reacting to stress and are in need of interventions to promote healing.

Course # 16445 Date: 6/6/2016 Time: 8:30-12:00

Fee: \$30

Class hours: 3.5

Course application is attached.

3. CT Fire Chiefs Association May Meeting Notice

The May meeting of the Connecticut Fire Chiefs Association will be held on May 24, 2016 at the Gallery Restaurant 141 New London Turnpike Glastonbury, CT. Social hour 6 p.m. with dinner and meeting to follow at 7 p.m. The educational program will be a presentation by Jeffrey Saltus from Connecticut OSHA. Jeffrey's presentation will provide an overview of CFR 1910.156 and will stress what you need to know as a Chief Officer. You must register by May 20, 2016 at 6:00, p.m. you may register online at connecticutfirechiefs.com or by calling Rich McDonough at 860-628-5964.

4. CT Statewide Honor Guard May 19th Meeting

The next meeting of the CT Statewide Honor Guard will be May 19th at 7PM at the East Hartford Fire HQ, 31 School Street. The training element for this meeting will be Color Team/Flag Posting. Anyone who has an interest in Honor Guard activities and would like to learn more about who we are and what we do is welcome and encouraged to join us on May 19th at 7PM. Additional you are encouraged to visit our website at www.cthg.org.

5. Fundraiser for 2 Year Old Hailey Pinard

One of our own firefighter/friend, Windsor, CT Volunteer Firefighter Chris Pinard's two year old daughter has been diagnosed with stage 4 Neuroblastoma two weeks ago. Hailey has already gone through one round of chemo. Her father Chris, not only risk his life to keep Windsor residents safe he also fights for our freedom in the Connecticut National Guard. I am writing today to ask for your help. The Hayden Station Fire Company will be holding a Pasta Dinner Benefit on June 3rd to help raise money for Hailey to pay for her increasing medical bills and for travel to and from the hospitals. We are also looking for financial

donations which will be placed in a fund that we have created for Hailey at Windsor Federal. We will also be doing a silent auction on the night of the benefit and we are looking for items to be donated towards the silent auction. Any way you can help will be more than appreciated. You can make financial donations via check to Hailey Pinard Fund or HPF, or you can make the check out to Hayden Station Fire Company (you can claim it on your taxes). See attached. Please send all financial donations and donated items for the auction to:

Attention HPF 9 Hampden Place Windsor, CT 06095

Thank you for your time. Now let's rally together to help Hailey. If you have any questions please feel free to email or call me at 860-655-5361 Best Regards, Mike Bigda

6. 2016 Fire Service Instructor Development Seminar – Hurry Time is Running Out

The Connecticut Fire Academy presents the 2016 Fire Service Instructor Development Seminar Saturday, May 21, 2016 8:30-4:30. The presentation is entitled Drill Ground Instructor Academy delivered by Deputy Fire Marshal Bill Hopson with the Ocean County, NJ Office of the Fire Marshal.

The Drill Ground Instructor Academy program specifically focuses on improving the individual participants overall capabilities in the following areas: Creating realistic blocks of Drill Ground Instruction; selecting credible instructors; ethics, integrity and certification and accepting the role of the Drill Ground Instructor.

The Drill Ground Instructor Academy, instructor development course is a highly interactive and fast paced presentation which is specifically designed to improve the overall efficiency and competency of the active Drill Ground Instructor.

The seminar is intended for fire department training officers, company training officers, and certified fire service instructors.

The presentation will be held at the Connecticut Fire Academy. The course number is 16273 and the course fee is \$40.00, with lunch included.

Please register early as seating is limited.

Click here to view and download a three fold flyer and student application

7. Employment Opportunity – Fire Chief – Cromwell Fire District

The Cromwell Fire District is accepting resumes for the position of Fire Chief.

Interested applicants can send their qualifications to: info@cromwellfd.com

or they can mail them to: Cromwell Fire District C/O Michael Dagostino, Executive Director 1 West Street Cromwell, CT 06416

The resumes and qualifications are due by the end of business June 1, 2016.

PLEASE DO NOT REPLY TO THIS EMAIL