



**State of Connecticut  
Department of Emergency Services & Public Protection  
Commission on Fire Prevention and Control**

- 1. Ask Your U.S. Representative and Senators to Cosponsor the Firefighter Cancer Registry Act!**
- 2. Support Sought for TFC Walter Greene**
- 3. Lt. & CW5 Philip Reeves Wake & Funeral Arrangements**
- 4. NLFMA Presents Driving Vehicle Fire Investigation Forward**
- 5. Firefighter Near Miss Report of the Week**
- 6. CT EMS Awards**
- 7. NIOSH Study Examines Relationship Between Lifting and Low Back Pain**

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**1. Ask Your U.S. Representative and Senators to Cosponsor the Firefighter Cancer Registry Act!**

The Firefighter Cancer Registry Act (H.R. 931/S. 382) establishes a national registry to collect data that will give the fire service, the public and researchers much better information regarding the relationship between firefighters' duty-related exposures and the increased risk for several major cancers. Specifically, the Firefighter Cancer Registry Act would:

- Establish a firefighter registry through the Centers for Disease Control and Prevention (CDC) containing relevant history, such as occupational information, years of service, number of fire incidents responded to, and additional risk factors
- Link data from the firefighter registry to data already being collected through existing State Cancer Registries
- Make de-identified data available to public health researchers to provide them with robust and comprehensive datasets to expand groundbreaking research
- Improve our understanding of firefighter cancer incidences by requiring the CDC to consult regularly with public health experts, clinicians, and firefighters

Use the [NVFC's Legislative Action Center](#) to contact your U.S. Representative and Senators today and ask them to cosponsor the Firefighter Cancer Registry Act!

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**2. Support Sought for TFC Walter Greene**

“TFC Walter Greene has been a Connecticut State Trooper for approximately 27 years and has dedicated 4 years to the United States Marines as a Scout Sniper. He has trained many state and local police officers to become certified police motorcycle operators. He has always gone the extra mile to support and train any motor cop who was looking to fulfill their dreams. Walter

is an active, talented rider and well respected in the police motorcycle community at both state and local levels. He has helped organize many charity rides, assisted other agencies with their motorcycle needs, and has been an important part of Special Olympics. Walter has always stepped up to the plate.

Currently Walter is in need of our moral, spiritual and financial support. Please help pay it forward and support Walter in his time of need. Walter is a proud United States Marine and State Trooper, who will not give up without a fight. Let's step up and show our appreciation and support to our military veteran and law enforcement brother. Oohrah!

Any donation, large or small, would be greatly appreciated.” – Go Fundme page

<https://www.gofundme.com/walters-medical-support-fund>

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### **3. Lt. & CW5 Philip Reeves Wake & Funeral Arrangements**

Philip Reeves lost his battle with cancer on February 7, 2017. Born in Cleveland, Ohio, he moved to Wilton in 1962 and remained there for most of his life. As a member of the Wilton Volunteer Fire Department, Phil found his lifelong passion, becoming a firefighter with the Westport Department in 1980, where he remained for six years, at which point he joined the United States Army, to earn his wings as an Army Aviator. After completing his active obligation, which included a tour in the Republic of Korea, Phil transferred to the Massachusetts National Guard, where he remained until his death, achieving the rank of Chief Warrant Officer 5 as the State Aviation Safety Officer. Phil served two tours in Iraq as a MEDEVAC helicopter pilot. In 1994, Phil joined the Bridgeport Fire Department, earning promotions to Pumper Engineer and Fire Lieutenant, retiring in 2016. Phil served the Bridgeport Fire Department as Firefighter, Engineer, Training Officer, Safety Officer, and Battalion Chief's Aide. Arrangements, logistics and contact information related to his wake and funeral are attached.

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### **4. NLFMA Presents Driving Vehicle Fire Investigation Forward**

The New London County Fire Marshal's Association is hosting their Annual Scholarship Fund Raising Seminar on Wednesday, June 7, 2017 in Old Saybrook. This year the association will be hosting engineers from General Motors as they present "Driving Vehicle Fire Investigations Forward." The seminar is pre-approved for eight hours of continuing fire marshal credits by OEDM. See attached flyer for additional details and registration information.

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### **5. Firefighter Near Miss Report of the Week**

**Firefighter Experiences Syncopal Episode After Fighting a Garage Fire**

## **SUMMARY**

A firefighter got dizzy and experienced a syncopal episode while picking up hose after a garage fire.

## **EVENT DESCRIPTION**

My department was dispatched to assist a neighboring fire on a garage fire. My engine arrived as the third engine. We were tasked to assist interior crews with overhaul, opening up the building and fire suppression. After we completed our assigned tasks, I adjourned to the warm zone and took off my SCBA, helmet and turnout coat.

After helping with the clean-up of the 5" supply line, I took a seat on the bumper of an engine. I began to feel dizzy and get a bad case of the spins for several minutes. The next thing I remember was lying on the ground while my fellow firefighters began patient care. I asked if I had passed out and they said yes, for about a minute. I was transferred to an ALS crew, who transported me to a local hospital for more treatment.

View the Report: [Firefighter experiences syncopal episode after fighting garage fire](#)

## **TAKE-AWAYS**

Firefighting exposes our bodies to extreme levels of stress from periods of often intense physical and even mental activity. Our sympathetic nervous systems dump adrenaline into our bodies to prepare us for a fight-or-flight response. This can create incredible demands on our muscles and cardiovascular system.

Once the threat is reduced, the parasympathetic nervous system (slowing the heart rate and dilating blood vessels) takes over to help us rest and repair our bodies. At this point, our energy reserve and hydration level may already be depleted. This combination of dehydration and increased parasympathetic tone causes our blood pressure to drop sufficiently to cause a syncopal episode.

This phenomenon is one of the many reasons it's important to maintain a high state of readiness at all times. We can do this through proper nutrition and regular strength and cardiovascular training.

We should also understand the importance of monitoring our firefighter's workloads during these periods of intense activity and ensure we provide adequate rehabilitation for all members on the fireground.

## **DISCUSSION**

- What do you do to prepare for the daily rigors of your job as a firefighter?
- What does your department do to promote and encourage you to maintain a high level of readiness?
- Does your training prepare you for the rigors of the job?
- Does your organization routinely utilize rehab during strenuous emergency incidents?
- What are your department's rehab policies?
- How can you lead by example, regardless of your rank or time on the job?

## **LEADING PRACTICES**

It's a surprise to no one that we have a job that requires us to be ready to respond to any emergency, from the mundane to the extreme, at a moment's notice. Our bodies can be expected to go from a state of rest, or even from sleep, to a high level of physical activity and stress in a matter of minutes.

Our level of physical activity can be comparable to that of a professional athlete, but unlike the athlete, we don't have the luxury of gradually warming up our cardiovascular system and stretching our muscles to prepare for the intense workload. This has been proven to place incredible demands on our muscular and cardiovascular systems and increase the risks of injury and disease.

For these reasons, it's imperative that we prepare ourselves by eating a healthy balanced diet, maintaining our level of hydration, getting adequate rest and engaging in physical activity that keeps our bodies in shape and ready for the challenging demands of our jobs. This should be supplemented with regular annual physicals to identify and mitigate potential health problems we may be unaware of.

It's also important to monitor ourselves and our fellow firefighters during and after these periods of strenuous work by allowing adequate rehab at the emergency scene.

We have a dangerous job, but we can help to avoid or at least reduce some of the dangers we face by being aware and being prepared for the extremes we encounter during our careers.

### **RELATED NEAR MISS REPORTS**

- [Heat Stress Overcomes FF](#)
- [Staffing and Fatigue Almost Cause Injury to FF](#)
- [Fatigue Leads to Poor Decision Making](#)

### **ADDITIONAL RESOURCES**

- [NVFC: Heart-Healthy Firefighter Program](#)
- [USFA: Firefighter Health, Wellness and Fitness](#)
- [IAFF: Rehab Presentation \(PowerPoint\)](#)

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## **6. CT EMS Awards**

Nomination applications are now being accepted for the 2017 CT EMS Awards  
Deadline for submissions is April 22<sup>nd</sup>

Please click on the link to visit the website and nominate an individual <http://ctemscouncils.org/ct-ems-awards/>

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## **7. NIOSH Study Examines Relationship Between Lifting and Low Back Pain**

In manufacturing and other industries where lifting is part of the job, disorders that affect the muscles and bones are a common problem. In fact, musculoskeletal disorders cause one-third of work-related injuries resulting in missed workdays, costing about \$45 to \$54 billion annually in lost productivity and treatment, according to estimates from the National Research Council and the Institute of Medicine.

At the [National Institute for Occupational Safety and Health \(NIOSH\)](#), scientists study the causes and prevention of these prevalent disorders, including low back pain. Unlike some exposures, however, exposures related to low back pain may be more difficult to measure. In a study published in the journal [Safety and Health at Work](#), NIOSH scientists adapted risk assessment methods typically used in chemical risk assessment to assess workers' accounts and the revised NIOSH Lifting Equation to identify specific factors related to low back pain among a group of manufacturing workers. This equation calculates a composite lifting index, which is the ratio of the load lifted to the recommended weight limit for multiple lifting tasks performed consecutively.

The study participants included 138 manufacturing workers. Most were male, their average age was 38 years, and all reported that they were free of low back pain at the beginning of the study. Follow-up was 1 year. Statistical analysis showed that workers in this study who reported more lifts per work shift were more likely to report instances of low back pain than other workers. Factors associated with fewer instances of self-reported low back pain in this study were non-work-related activities involving bending and twisting of the back, more overtime-work hours, and more years of overall employment. It is important to note that this study only identifies a relationship and does not prove that more lifts per work shift cause low back pain. Similarly, it does not prove that bending and twisting of the back and the other factors examined were unrelated to low back pain. Further development of these risk assessment methods and research is necessary to confirm the study's results and their possible application to identifying the causes of other work-related musculoskeletal disorders.

**More information is available:**

- [Non-chemical Risk Assessment for Lifting and Low Back Pain Based on Bayesian Threshold Models](#)
- [NIOSH Ergonomics and Musculoskeletal Disorders\(https://www.cdc.gov/niosh/topics/ergonomics\)](https://www.cdc.gov/niosh/topics/ergonomics)
- [NIOSH Education and Information Division\(https://www.cdc.gov/niosh/contact/im-eid.html\)](https://www.cdc.gov/niosh/contact/im-eid.html)

**PLEASE DO NOT REPLY TO THIS EMAIL**

New London County Fire Marshal's Association Presents:

## Driving Vehicle Fire Investigation Forward

8 hours of OEDM Continuing Education Units

With one out of every four fires investigated being an automobile, so exists the need to further educate investigators in dynamics of vehicle origin and cause investigations. This year's one day seminar welcomes Dr. Santrock and his team from General Motors as they present aspects of instruction they are able to provide at the Michigan State Police Vehicle Fire Investigation School. The instruction will cover from the basics of vehicle fire investigation to thermodynamics and thermometry as it pertains to NFPA1033. The course will provide investigators with a more solid foundation of vehicle fire investigation skills. A variety of methods and resources will be utilized to facilitate learning, including classroom lecture and demonstrations.

Instructor: Jeffrey Santrock, Ph.D.  
Senior Technical Expert Engineering Analysis  
Global Product Development General Motors, LLC.

**Date:** Wednesday June 7, 2017

**Time:** 0730 – 1630 hours

**Location:** Clarke Memorial Banquet Facility, 210 Elm Street, Old Saybrook

Please submit registration no later than May 31st to NLFMA to:

c/o East Lyme Fire Marshal's Office

171 Boston Post Road East Lyme, CT 06333

Cost: \$50.00

Cost includes morning refreshments and lunch.

Please direct any payment inquiries to Treasurer Chris Taylor at [taylorq83@gmail.com](mailto:taylorq83@gmail.com) or (860) 739-2420.

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Make checks payable to: NLCFMA

A registration confirmation will be sent via email.

Please Print Legibly Name: \_\_\_\_\_

Email: \_\_\_\_\_

Agency: \_\_\_\_\_

All proceeds to benefit NLCFMA Don Barry Scholarship Fund.

**Phillip Reeves  
Wake & Funeral Service**

**Schedule 4.0**

Wake:

Friday February 17, 2017 1600 – 2000 hours

1530 hours Shuttle Bus service starts – Norwalk City Hall – 125 East Avenue

Collins Funeral Home  
92 East Ave, Norwalk, CT 06851

*See following page for directions & parking*

Uniform: Class A's with badge mourning band, white gloves, Bell Cap

Funeral:

Saturday February 18, 2017. 1100 hours

St Matthews Church, Wilton.  
36 New Canaan Rd, Wilton, CT 06897

All Uniformed personnel shall assemble for the funeral procession at 0900 hours  
at Miller-Driscoll School

*See following page for directions & parking*

Uniform: Class A's with badge mourning band, white gloves, Bell Cap

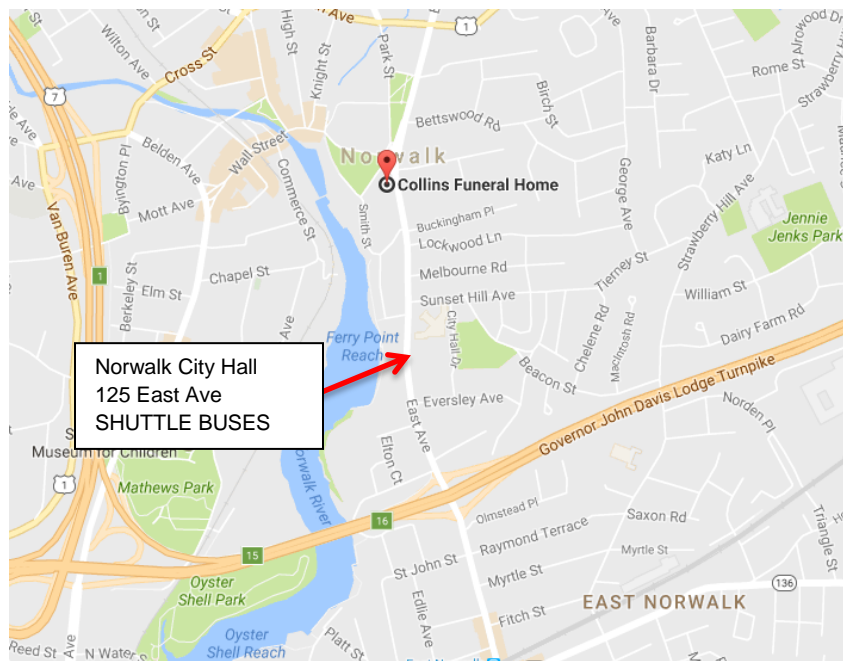
# Phillip Reeves Wake & Funeral Service Logistics

Important Information: Due to the number of mourners expected at both the wake and funeral service, parking at the venues will be limited to family members and close friends.

Uniformed personnel are requested to use the Norwalk City Hall parking lot (125 East Ave.) and shuttle buses to attend the events. Buses will run from 1530 – 2030 hours

Regretfully, due to extremely tight parking, no “outside” off-duty apparatus can be accommodated. On-duty apparatus with their on-shift crews paying their respects are welcome and advised to clear their parking location with on-site supervisors before setting their brakes

## Wake: Collins Funeral Home 2/17/17 1600-2000 hours



Designated Parking Area: Norwalk City Hall Parking Lot



## **Directions to the Parking Area:**

**From I-95 Southbound** - Exit 16 (East Avenue) Turn right at end of exit Ramp onto East Avenue follow approximately one half mile (North) to Norwalk City Hall 125 East Avenue on right side of Road.

**From I-95 Northbound** - Exit 16 (East Avenue) Turn left at end of exit Ramp onto East Avenue follow approximately one half mile (North) to Norwalk City Hall 125 East Avenue on right side of Road.

**From the Merritt Parkway Northbound** - Exit 40A, (7 South) turn right onto Main Ave. Follow Main Ave. to U.S.1, cross over U.S. 1. At this point Main Ave. becomes Main St, follow Main St. to downtown Norwalk at end of Main St. make left turn onto Wall St. Follow Wall St. to top of hill, turn right onto East Av, travel past funeral home approximately 0.4 mile to Norwalk City Hall on left.

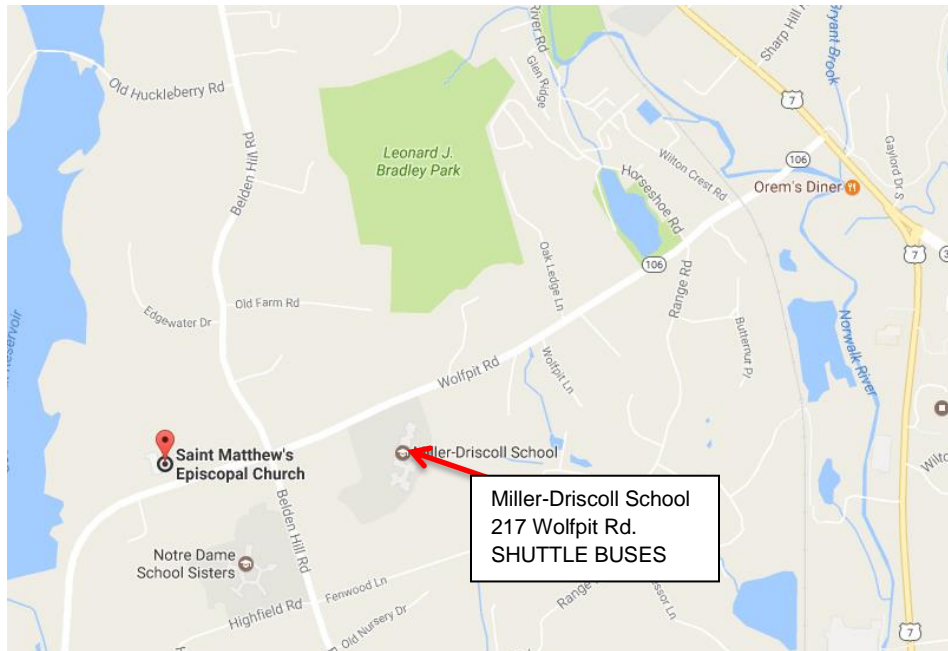
**From Merritt Parkway Southbound** - Exit 40A, (7 South) turn right onto Main Ave. Follow Main Ave. to U.S.1, cross over U.S. 1. Main Ave. becomes Main St, follow Main St. to downtown Norwalk at end of Main St. make left turn onto Wall St. Follow Wall St. to top of hill turn right onto East Av, travel past funeral home approximately 0.4 mile to Norwalk City Hall 125 East Av on left.

**From Wilton, CT (from the WEST locally)** - Take old RT 7 SOUTH which becomes MAIN ST. in Norwalk. Follow it to the end. Turn LEFT onto EAST WALL ST. and follow for 0.2 miles up the hill. Take old Rt. 7 which becomes Main St. in Norwalk. Follow Main St. to downtown Norwalk at end of Main St. make left turn onto Wall St. Follow Wall St. to top of hill, turn right onto East Av travel past funeral home approximately 0.4 mile to Norwalk City Hall 125 East Av on left.

**Buses will make pick-ups and drop-offs at the City Hall lot from 1530 - 2030 hours**

**Funeral: St Matthew's Church Wilton 2/18/17 1100 hours**

**All uniformed personnel shall assemble at 0900 hours at Miller-Driscoll School**



Designated Parking Area: Miller-Driscoll School, 217 Wolfpit Rd, Wilton, CT 06897

Directions to the Parking Area: **After traveling to CT Route 7 your 'best way', then:**

**From Route 7 North (Danbury) -** Travel south on Rt. 7 past the center of Wilton (pass Rt.33). Continue south on 7 and make a right onto Wolfpit Road (Rt. 106). Wolfpit will be on the right after Orem's Lane. The School will be on your left just past Greenbrier Lane. Cadets will direct you into the parking area where the shuttle buses are.

**From Route 7 South (Norwalk) –** Travel north on Rt. 7 and enter the town of Wilton. Bear left, staying on Rt. 7, at the light/junction with Rt.33. Approx. 1000 feet after the light, turn left onto Wolfpit Road (Rt. 106) – just past Orem's Diner. The School will be on your left just past Greenbrier Lane. Cadets will direct you into the parking area where the shuttle buses are.

**Buses will make pick-ups and drop-offs at the lot at Miller-Driscoll School beginning at 0830 hours and at the close of the reception.**

**Honor Guards:**

Bridgeport Fire and the U.S. Military will be providing the only honor guards for this event.

**Reception:**

Following the funeral, a “grab and go” take-out lunch will be provided at the Church community hall.

**Non-Departmental Fire Apparatus:**

Regretfully, due to extremely tight parking, no “outside” off-duty apparatus can be accommodated. On-duty apparatus with their on-shift crews paying their respects are welcome and advised to clear their parking location with on-site supervisors before setting their brakes

**GENERAL EVENT QUESTIONS:**

Contact Wilton Fire Department at 203-834-6246

**PRESS & PUBLICITY QUESTIONS:**

Contact Nate Gibbons at 203-856-2907

**Phillip Walker Reeves**  
**July 15, 1959 – February 7, 2017**  
**Obituary**

. Phillip Reeves lost his battle with cancer on February 7, 2017. Born in Cleveland, Ohio on July 15, 1959 to the late Courtney H. Reeves Jr. and Sarah S. Reeves. He moved to Wilton in 1962 and remained there for most of his life, attending Wilton Public Schools. As a member of the Wilton Volunteer Fire department, Phil found his lifelong passion, becoming a firefighter with the Westport Department in 1980, where he remained for six years, at which point he joined the United States Army, to earn his wings as an Army Aviator.

After completing his active obligation, which included a tour in the Republic of Korea, Phil transferred to the Massachusetts National Guard, where he remained until his death, achieving the rank of Chief Warrant Officer 5 as the State Aviation Safety Officer. Phil served two tours in Iraq as a MEDEVAC helicopter pilot. In 1994, Phil joined the Bridgeport Fire Department, earning promotions to Pumper Engineer and Fire Lieutenant, retiring in 2016. Phil served the Bridgeport Fire Department as Firefighter, Engineer, Training Officer, Safety Officer, and Battalion Chief's Aide. Phil earned a Bachelor's of Science in History and a Masters in Homeland Security and Disaster Management.

Phil married the light of his life and soulmate, Robyn Hapke in 1994, who survives him. Also surviving him are his daughter Rebecca of Keene, New Hampshire and son Isaac of Wilton. He is survived by his mother Sarah, of Walpole New Hampshire, sister Leslie Kanerva of Springfield, Vermont; sister Cynthia and her partner Ray Ruseckas of Walpole, NH; and brother Ted, of Springfield, Vermont.

As a proud veteran, Phil was a life member of the VFW, the United States Army Warrant Officer Association, the National Guard Association of the United States and the Army Aviation Association of America. Phil was also a proud member of Bridgeport Firefighter's Local 834. In lieu of flowers, contributions can be made to the Bridgeport Fallen Firefighters Foundation, the USO, or the veteran's service organization of your choice.

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**Phillip Reeves**  
**Wake & Funeral Service -- Contact List**

<b>Command</b>	<b>Phone</b>	<b>Email</b>
David Chaloux	203-943-9688	dchaloux@wiltonfirefighters.org
Kevin Czarnecki	203-856-1796	kc2233@aol.com
<b>Communications</b> Dysenroth	203-948-3548	matthew.deysenroth@bridgeportct.gov
<b>Wake</b> Denis McCarthy Fred Baker	203-667-4388 203-858-1392	<a href="mailto:dmccarthy@fairfieldct.org">dmccarthy@fairfieldct.org</a> fred.baker@newcanaanct.gov
<b>Procession</b> Blake –Norwalk PD	203-515-1877	tblake@norwalkct.org
Brennan- Wilton PD Bisenius	203-650-7536 860-307-0443	<a href="mailto:stephen.brennan@wiltonct.org">stephen.brennan@wiltonct.org</a> jbisenius45@charter.net
<b>Funeral</b>		
D'Onofrio	203-767-7198	miami77@sbcglobal.net
Kepchar	203-913-8397	bkepchar@westportct.gov
Amatrudo (inside)	203-623-7146	mark.amatrudo@wiltonct.org
<b>Bridgeport FD</b> Chief Thode	203-257-5876	richard.thode@bridgeportct.gov
<b>Family Liason</b> Ralph Nathanson	203-313-6039	lexiscastle@comcast.net
<b>Reception</b> Cassin Carlson	203-948-9103 203-885-8686	<a href="mailto:cfpdmngr@aol.com">cfpdmngr@aol.com</a> fdnyone@aol.com
<b>US Military</b> Hallinan- Inside Funeral Holmes – Family liason	857-636-0149 860-209-1710	<a href="mailto:bhallinan@plymouthrock.com">bhallinan@plymouthrock.com</a> corey.holmes78@gmail.com
<b>Local 834</b> Whitbread	203-339-5088	robff336@aol.com
<b>Wilton FD</b> Kanterman	908-487-0200	ronald.kanterman@wiltonct.org
<b>Finance/Wilton VFD</b> Nachbar	203-943-1535	aaron@findorak.com
<b>Wilton VAC</b> Vogric	203-803-5782	vogric@optonline.net
<b>Westport L1081</b> Marsan	203-945-8713	nickmarsan@gmail.com
<b>Am. Legion</b> Moore	203-918-3767	tommoorearmy@gmail.com
<b>Cert</b> Majesky	203-762-0691	jdmaj@sbcglobal.net
<b>PIO</b> Gibbons	203-856-2907	ngibbons@westportct.gov

<b>Funeral Home</b> Collins Funeral Home/A. Skidd	203-866-0747	adskidd@gmail.com
<b>St. Matthews's Church</b> A.White, Pastor	914-525-5924 cell	203-762-7400 office

