

# Hops – a new specialty crop in Connecticut



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# Profile: Hops

- Family: *Cannabaceae*, hemp family
- Species: *Humulus lupulus*, *H. japonicas*, *H. yunnanensis*
- Monoculture
- Perennial climbing plant
- An average growth of 4 inches, up to 12 inches daily
- The height of the trellis system is 16 to 22 feet



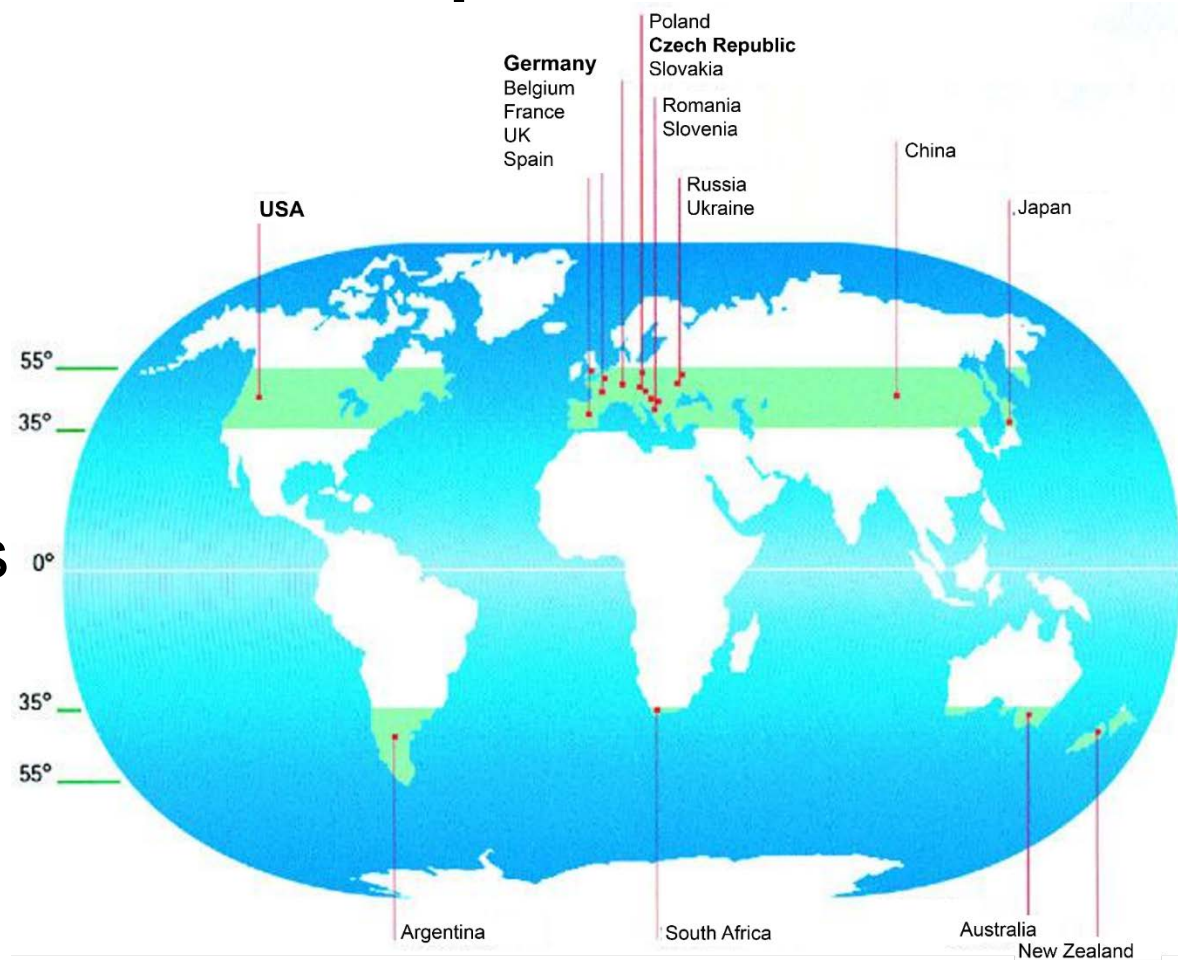
Cooper Engraving of *Humulus lupulus*  
from 1796 (Barth et al. 1994)

# Profile: Hops

- Distribution:

temperate climate

35th – 55th degrees  
of latitude



# Profile: Hops

- Application: beer, calmatives in medicine, cosmetics, additive to liquors
- Brewing: cones of female hops
- $\alpha$ -acids,  $\beta$ -acids, essential oils: produced in lupulin glands
- Bitterness, aroma, foam, flavor, stability, antimicrobial activity



# Profile: Hops



Female inflorescence or burr



Mature hop cones



# Profile: Hops

Male inflorescence



[http://www.aphotoflora.com/d\\_humulus\\_lupulus\\_hop.html](http://www.aphotoflora.com/d_humulus_lupulus_hop.html)

Fertilized cones



<http://www.lfl.bayern.de/ipz/hopfen/108626/index.php>

**Destroy male hops!  
Danger of wild hops!**

# History

Fossilized  
hops pollen

**Paleolithic times:**  
medicine

**5<sup>th</sup> century:**  
1<sup>st</sup> documented  
hop cultivation in  
Europe

**1880:**  
peak in NY

**1872:**  
moved to  
Washington  
State

**1920:**  
enactment of  
Prohibition

**1950s:**  
half of the world  
production in  
Pacific Northwest

**Today:**  
Germany and US are  
the biggest producers  
(ca. 30,800 t)

# How to start

- Location
  - Soil quality: soil texture, good drainage, pH 6 – 6.8
  - Sun exposure
  - Wind
- Size of the hop yard
- Design: high, low trellis system or hedgerow
- Choice of varieties:
  - 80 - 120 different varieties
  - Bittering, aroma, dual purpose
- Equipment



# Hop yard set up



<http://pages.et4.de/de/landkreis-pfaffenhofen/streaming/detail/POI/40245B47209BBEF6364058A705D671EF/hallertauer-lehrpfad>

# Hop yard set up

## Hedgerow



<https://twitter.com/stanhieronymus/status/470550224726155265>



<http://www.britishhops.org.uk/history-of-hops/>

# Hop yard set up

## Hobby hop yards



<http://www.homebrewtalk.com/showthread.php?t=309115>



# Hop yard set up

## Hobby hop yards



<http://www.growinghops.net/how-to-grow-hops/>



<http://www.hoptomology.com/2011/07/11/brewing-with-the-brewmaster-at-black-creek-historic-brewery/>

# Hop yard set up

Hobby hop yards



<http://bluebellhopyard.com/photos/hopyard-shots/>



<http://upknorth.com/blog/brew-your-own-beer-grow-your-own-hops>

# TO DO: Spring

- Prune the crowns (prevention of diseases, rejuvenation of the rootstock)
- Get the trellis system ready
- Train 2-3 bines per twine, 2-4 twine per plant
- Prune redundant shoots
- Re-train
- Fertilize
- Weed control



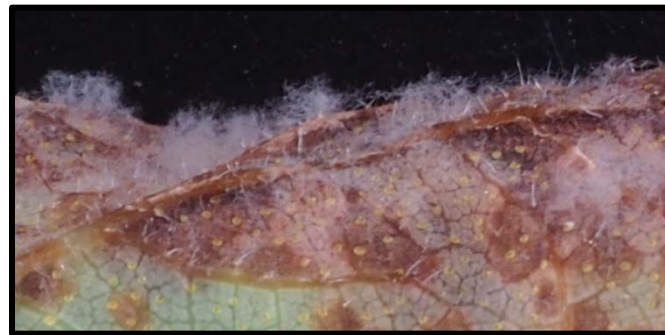
# Let it grow

- Check the hops weekly
- Scout for diseases and pests weekly
- Check the weather
- Fertilize
- Irrigate
- Weed control
- Strip off the lower leaves  
(control of diseases and pests)



# Diseases and Pests

- Diseases caused by fungi and mildews
  - Downy mildew, powdery mildew, Verticillium wilt...





# Diseases and Pests

- Arthropod pests

- damson-hop aphids, two-spotted spider mites, leaf hoppers, Japanese beetles...



Potato leafhopper



Aphids



Spider mites

# Diseases and Pests



Hop mosaic virus

- Viruses and viroids
  - Carlavirus complex, Apple mosaic virus, Hop stunt viroid...



Apple mosaic virus

# Disease and Pest Management

- Knowledge of the diseases and pests
- Monitoring weekly (economic threshold)
- Biocontrol
- Chemical Application
- Resistant or tolerant cultivars
- Certified rhizomes
- Cultivation (tillage, pruning, stripping of the lower leaves, removing diseased leaves or plants...)
- Disinfection of the equipment
- Weed management
- Irrigation and fertilizer management
- Weather condition



Integrated Pest  
Management



# TO DO: Summer - Fall

- Harvest: cut the bines and separate the cones (21-27% dry matter)
- Mid August to mid September
- Dry the cones, eventually bale or/and vacuum pack, pelletize



# Harvest

## By hand

- 500 person hours / 1000 plants (1 acre) -> ca. 60 people for 8 hours
- < ¼ acre hop yard



## Harvester

- 120 – 1000 bines/hour
- \$5,000 – \$45,000



# Drying

- 8 - 10 % moisture
- 120 - 168°F for 4 - 10 hours

## Hop kiln



<http://www.washingtonbeerblog.com/2012-hop-harvest-pictures-words/>



# Storage and Pelletizing

- Compression of hops into bales, pellets or plugs



<http://www.fwarehouseing.com/brewery-needed-custom-cold-storage-solution-for-warehousing-hops/>



[http://djcoregon.com/files/2010/03/0308\\_indie\\_hops\\_hubbard\\_booco\\_1.jpg](http://djcoregon.com/files/2010/03/0308_indie_hops_hubbard_booco_1.jpg)



# Quality

- $\alpha$ - and  $\beta$ -acids
- Oil content
- Chem. compounds of volatile oil
- HSI (hop storage index)





# Pricing - Marketing - Selling

- ½ acre hops: home brewers or a small brewpub
- At least 1 (-10) acre for achieving profit
- \$6 – \$12 a pound for pelletized and leaf hops
- \$4 - \$8 a pound for wet (fresh) hops
  - > \$8,000 to \$16,200 per acre
- BUT: too early to predict the price for the East
- 10 acres = \$400,000 - \$500,000 investments
- Min. 5 years to repay the investment

# TO DO: Fall - Winter

- Cut the bines back after the first frost in November



# What's going on in CT?

- Smokedown Farm, Sharon, 9 acres (9 000 plants)
- Pioneer Hops of CT, South Farms, Morris, 5.5 acres (6 900 plants)
- DeFrancesco Farm, Northford
- CAES: Trial hop yards at the Valley Laboratory in Windsor and Lockwood Farm in Hamden
  
- Small scales:
  - Two Roads Brewing Co., Stratford
  - Black Hog Brewery, Oxford
  - Kent Falls Brewing Company, Kent
  
- Connecticut Hop Growers Association



# What's going on in CT?

- Pioneer Hops of CT, South Farms, Morris



# CAES hops

- Valley Laboratory, Windsor



# CAES hops

- Lockwood Farm, Hamden



# CAES hops

- 5 varieties: AlphaAroma, Cascade, Newport, Perle, Summit
- 10 more varieties at Windsor, ca. 50 varieties at Lockwood Farm
- Low and high trellis systems



# CAES hops

## ■ Aim

- Is it possible to grow hops successfully in CT?
- Evaluation of yields, growing characteristics, susceptibility to diseases and pests

## ■ Results

- Best varieties: Cascade (high trellis), Summit (low trellis)
- High trellis system
- Perle: smallest growth and lowest yield
- Diseases: downy mildew (AlphAroma)
- Pests: potato leafhoppers, spider mites, aphids

## ■ Conclusion

- We have proven the feasibility of hop production in CT.



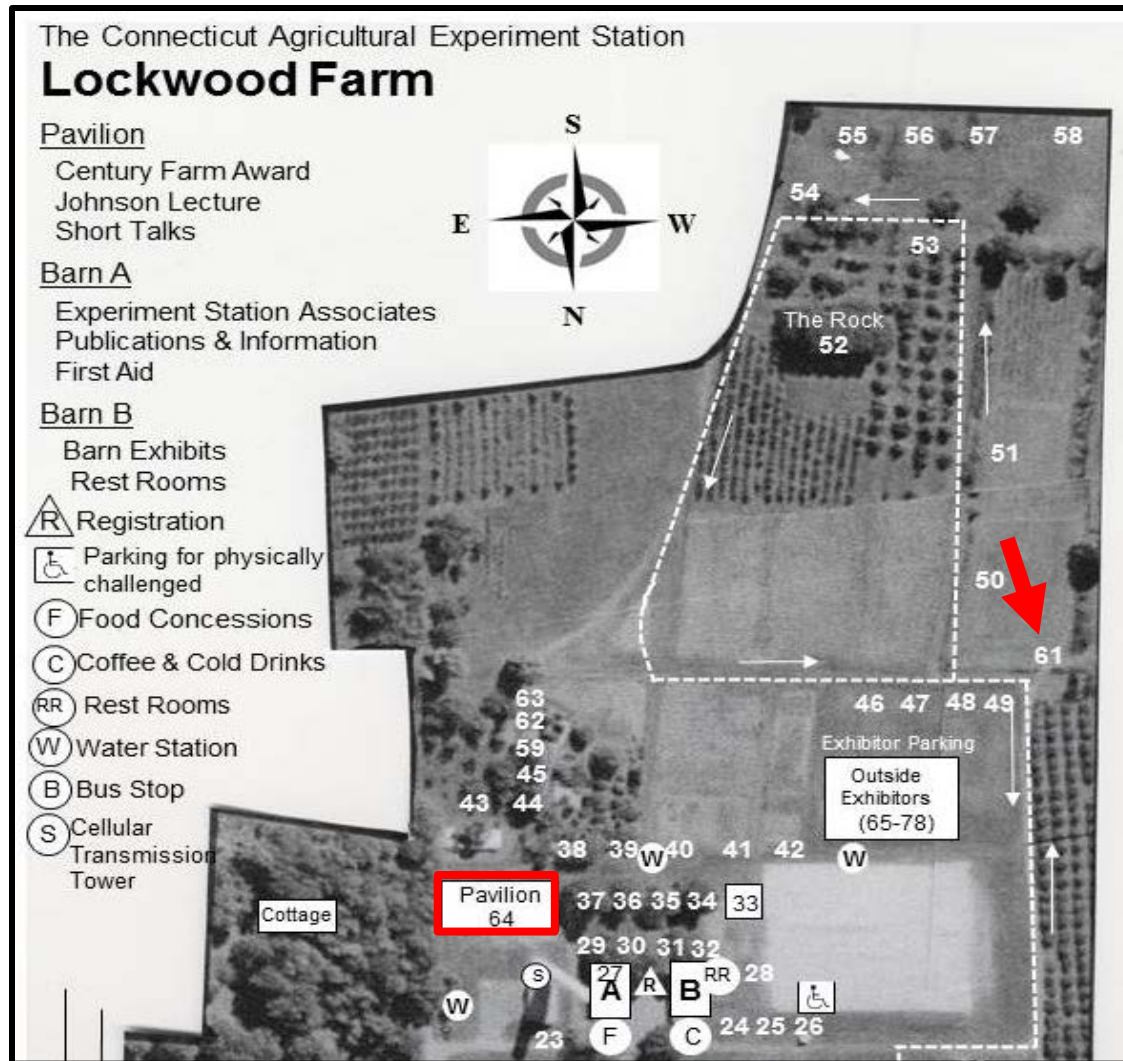
# Thanks to:

- Dr. James LaMondia & team
- James Preste & team
- Richard Cecarelli & team
- American Dwarf Hop Association
- The CT Dept. of Agriculture



The CT Dept. of Agriculture

# Where do you find our hops?



# Questions?





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