CHOICES



CHOICES helps Connecticut's older adults and persons with disabilities with Medicare understand their Medicare coverage and healthcare options.

Certified counselors across the State provide objective, free person-centered assistance so Medicare recipients can make informed choices about their benefits. CHOICES also provides community outreach, application assistance, and information and referral services on a variety of topics including long term care services and support.

CHOICES is managed by the State Department on Aging through a partnership with the Center for Medicare Advocacy and Connecticut's Area Agencies on Aging, with funding from the State of Connecticut and the Administration for Community Living.

Who is Eligible for Assistance?

- Older adults
- Persons with disabilities
- CT residents becoming eligible for Medicare
- Medicare beneficiaries of all ages
- Providers and caregivers seeking information and help



- Growing Older Together -

1-866-218-6631 www.ct.gov/aging

OTHER REFERRALS OR RESOURCES

- Medicare benefits: www.medicare.gov
- Enrollment into Medicare: www.ssa.gov
- Benefits Checkup: www.benefitscheckup.org
- CT Association of Area Agencies on Aging: www.ctagenciesonaging.org
- Medicare appeals: www.medicareadvocacy.org
- CT Insurance: www.ct.gov/cid





CHOICES toll free within CT 1-800-994-9422

Eastern, Middlesex & Shoreline areas of CT

860-887-3561

North Central areas of CT 860-724-6443 Medicare

1-800-633-4227

South Central areas of CT

203-785-8533

Southwestern areas of CT

203-333-9288

Western areas of CT

203-757-5449



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