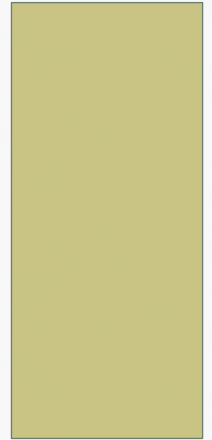




INFORMATION PACKET

HELP PEOPLE GET SUPPORT FROM PEOPLE THEY
TRUST "IF I CAN DO IT, SO CAN YOU!"



CONGRATULATIONS!

- You have qualified to be a Peer 2 Peer Support
- Packet will explain the job
- Packet will explain the responsibilities



YOU AS A PEER SUPPORT?

- You have shown you have experience in various life situations to share your personal strategies with other individuals
- You will share with another peer your experience
- You will assist the person on their “life journey”
- The person will **hire** you with their DDS funding
- This is a **short term** support based on a life goal from the person’s IP
- You can only work 2 hours a week up to 6 months for any one person
- You can work for more then one person at a time



PEER 2 PEER RESPONSIBILITIES

- You must show you have attended a Healthy Relationship Training/Series
- You are professional
- You need to dress for success
- You must document supports and interactions with the person – maintain a time sheet
- You must be reliable and take responsibility for the information you share
- You must maintain confidentiality
- You are in a professional working relationship – you work for the person that hires you (not the agency)
- You are paid by your employer that hires you

PEER 2 PEER RESPONSIBILITIES

- You will follow instructions given by the person hiring you – they are your boss!
- You need to work with the person to:
 - Find out what they want to learn
 - Know what their IP says they will learn from a Peer 2 Peer
 - Listen to what they have to say and figure out together what you will assist them to do
- You must develop goals with the person and document their progress
- You **MUST** maintain confidentiality
- You can be part of the person's PST if asked
- You must maintain a timesheet and turn it in to your employer

PEER SUPPORT DOCUMENTATION FORM

- What do I want to learn



WHY AND WHEN WOULD A PERSON ASK FOR A PEER TO SUPPORT THEM?



- They want advice about life choices such as:
 - Moving to a new home
 - Changing from a group home to a more independent living situation
 - Getting Real Work for Real Pay jobs
 - Learning how to live a self determined life
 - Learning how to find friends and get connected in their community
 - Figuring out what makes them happy
 - Supporting the person to develop a Circle of Support or a group of people who love and support them.
 - Move from a nursing home to their own home
 - Learning to budget to be more independent
 - How to hire and manage their own staff – being a boss



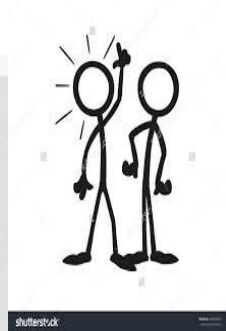
HOW DO PEOPLE FIND YOU AS A PEER SUPPORT ?

- Look on the DDS Advocates' Corner for contacts
- Contact the Peer Support through email
- Request the Peer Support's resume
- Interview the Peer Support and see if they think their experience and skills match the need
- Do they feel comfortable with the Peer Support?
- Contact the case manager to assist



OTHER QUALIFICATIONS CONSIDERED BY THE PERSON HIRING THE PEER 2 PEER SUPPORT?

- The Peer Support knows how to respond to fire and emergency situations
- The Peer Support follows directions and accepts supervision from the participant or the participant's conservator and or DDS depending on the Peer Support provided
- The Peer Support maintains accurate, complete and timely records that meet Medicaid requirements
- The Peer Support provides services in a respectful culturally competent manner



PEER SUPPORT – MESSAGE THIS IS A REAL JOB!



Peer Supports:

- Are professional
- Dress for success
- Need to document supports and interactions with the person – maintain a time sheet
- Have a responsibility and need to be reliable
- Maintain confidentiality
- Maintain a professional relationship – they work for the person that hires them (not the agency)
- Paid by the employer that hires them to be their Peer Support

PEER SUPPORT – THIS IS A REAL JOB!



- **Tips to being a professional Peer Support**
 - Have a personal email address
 - Create a resume
 - Have reliable transportation to do the job BUT not be responsible for their employer's transportation
 - Know how to track work time on a timesheet
 - **REMEMBER** - This is a short term job so make the best of the time with the person

