



Connecticut Developmental  
Services

Planned Parenthood

## Spring – 2026 Healthy Relationship Series

**REGISTER NOW!!**



In these classes, you will learn about yourself and how to have healthy relationships with others! Topics include basics about your body, pregnancy, birth control, sexually transmitted infections, and how to protect yourself. We will also talk about different types of relationships

and how to have healthy relationships by learning about and practicing communication skills and consent.

### Virtual Classes

will be held on the following dates from 4:00 p.m.–5:30 p.m.:

**3/17, 3/19, 3/24, 3/26, 3/31, 4/2, 4/7, 4/9, 4/14, 4/16, 4/21**  
Makeup date: 4/23

**The expectation is to attend all 11 classes to earn a certificate of completion.**

Consent and Communication, Healthy Relationships, Anatomy: Public and Private Places, Activities, & Body Parts, Pregnancy and Birth Control Methods, Sexually Transmitted Infections.

**Please complete the Referral Form (link below) to register:**

[https://forms.office.com/Pages/ResponsePage.aspx?id=-nyLEd2juUiwJjH\\_abtzi9fvBM7dHt5KmlRHuDwEa11UQIJLTVJBWkw1V1IJSzRYSVFUMkVBMFRNRy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=-nyLEd2juUiwJjH_abtzi9fvBM7dHt5KmlRHuDwEa11UQIJLTVJBWkw1V1IJSzRYSVFUMkVBMFRNRy4u)

Edwin Anderson at [edwin.anderson@ct.gov](mailto:edwin.anderson@ct.gov) or by phone 860-263-2483