



Connecticut Developmental
Services



An Evening to Overview the Healthy Relationships Series for Parents, Caregivers & Supports



Adults with intellectual disabilities want and deserve meaningful relationships and our Healthy Relationships Series is designed to teach them to have just that. This workshop now gives you, as a trusted person in their lives, the opportunity to join Planned Parenthood educators to learn about the Healthy Relationships Series offered in partnership with the CT Department of Developmental Services. After this workshop, we hope that you feel better equipped to help your loved one through the ups and downs of creating and/or maintaining a loving, healthy relationship.

During this presentation, you will hear an overview of each lesson in our Healthy Relationships Series and see some examples of activities participants will do while in the classes. Planned Parenthood educators will also share tips for navigating conversations about sexuality and answering questions.

This workshop is open to all parents, caregivers and supports, of individuals with disabilities, who are interested in learning about our Healthy Relationships Series.

Parent & Caregiver Virtual Session Dates:

1/5/26, 5:00p.m. – 6:30 p.m.

Click to Join:

<https://ppchn-org.zoom.us/j/93174852160?pwd=84K6W0TwhNJBbTlv18YF5lblkSbEHL.1>

For questions or concerns, contact

Edwin Anderson at Edwin.Anderson@ct.gov or by phone 860-263-2483