



Connecticut Developmental  
Services



## 2025 Healthy Relationships Series

### Real Life/Real Talk Sessions for Parents & Caregivers

#### Communicating about Relationships and Sexuality



Adults with intellectual disabilities want and deserve meaningful relationships. As the trusted person in their lives, you are the best person to help them through the ups and downs of love and relationships.

This workshop is open to all parents, siblings and caregivers supporting individuals with intellectual disabilities. This workshop will focus on learning new ways to support people with having healthy and fulfilling relationships.

### Parent & Caregiver Virtual Session Dates:

10/30/25, 5:00p.m. – 6:30 p.m.

**Click to Register:**

<https://ppchn-org.zoom.us/meeting/register/1xklqfj-QJi01ghI5bj1PQ>

*After registering, you will receive a confirmation email containing information about joining the meeting.*

**For questions or concerns, contact**

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