

FAB Topics by Month FY 21



<u>August</u> – Nutrition/Maintaining Good Health	
<u>September</u> – How to Live My Life	Self Direction
	Self Determination
	Having a Job – Employment
<u>October</u> - Politics	Voting
	Working with Your Legislature
	Understanding Legislation
<u>November</u> – Rights and Diversity	Interacting with Law Enforcement
	Human Rights
	Understanding Diversity
<u>December</u> & <u>January</u> – Maintain Good Mental Health	Positive Things to Do During the Pandemic
	Positive Things to Do in General to Maintain Positive Attitude
	Understanding and Identifying Mental Health Challenges
	Resources
<u>February</u> – Building Relationships	How to Make Friends/Connections
	Moving through Different Steps in Relationships
	Virtual Relationships
	Understanding All of Our Abilities
<u>March</u> – Disability History – Building Self Advocacy	
<u>April</u> – Home Life	Housing
	Bullying – Cyber Bullying
<u>May</u> - Aging	Telehealth
<u>June</u> – Budgeting	Money Management
	Identity Theft – ABLE Accounts
<u>July</u> – Building Relationships	How to Make Friends/Connections
	Moving through Different Steps in Relationships
	Virtual Relationships
	Understanding All of Our Abilities
	PRIDE – LGBTQAI+
	Parenting as a Person with Various Abilities