

# Spring - 2024 Virtual Healthy Relationship Series



**\*15 participants maximum registered for each class.**

**Classes are from 4-5:30 p.m.**

In these classes, you will learn about yourself and how to have healthy relationships with others! Topics include basics about your body, pregnancy, birth control, sexually transmitted infections, and how to protect yourself.

We will also talk about different types of relationships and how to have healthy relationships by learning about and practicing communication skills and consent.

**4/30:** Consent and Communication

**5/2:** Healthy Relationships

**5/7:** Anatomy: Public and Private Places, Activities, & Body Parts

**5/9:** Pregnancy and Birth Control Methods

**5/14:** Sexually Transmitted Infections

**Makeup day: 5/16/2024**

**Please complete the Referral Form to register:**

[https://forms.office.com/Pages/ResponsePage.aspx?id=-nyLEd2juUiwjJH\\_abtzi9fvBM7dHt5KmIRHuDwEa11UQIJLTVJBWkw1V1IJSzRYSVFUMkVBMFRNRy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=-nyLEd2juUiwjJH_abtzi9fvBM7dHt5KmIRHuDwEa11UQIJLTVJBWkw1V1IJSzRYSVFUMkVBMFRNRy4u)

**For questions or concerns, contact Kim at [Kimberley.Butts@ct.gov](mailto:Kimberley.Butts@ct.gov), or by cell, 860-942-6948**