

Your Body, Your Choice: Consent Basics

2021 Healthy Relationships Series

*****15 participants maximum registered for each class**



This class is the third part of the Virtual Healthy Relationships Series.

Learning about consent and boundaries is a necessary building block of healthy relationships and personal safety. In this class we will learn about the difference between public and private places, body parts, conversations, and behaviors. We will identify what consent is, how to tell when someone gives consent or not, and we will practice asking and giving or not giving consent.

Describe different types of relationships and the roles they play in people's lives:

- ✓ Describe the difference between public and private spaces and body parts
- ✓ Define consent and identify situations where there is and isn't consent present
- ✓ Practice giving/not giving consent, and asking for consent
- ✓ Be able to identify one's personal rights, specifically bodily autonomy

2021 Session Dates

Please select either Session 1 or Session 2 to attend.

Session 1

Monday, April 5, 2-3:30 p.m.

Thursday, April 8, 2-3:30 p.m.

Monday, April 12, 2-3:30 p.m.

Session 2

Tuesday, May 18, 4-5:30 p.m.

Thursday, May 20, 4-5:30 p.m.

Tuesday, May 25, 4-5:30 p.m.

Please complete the Referral Form to register:

https://forms.office.com/Pages/ResponsePage.aspx?id=-nyLEd2juUiwJjH_abtzi9fvBM7dHt5KmIRHuDwEa11UQJLTVJBWkw1V1IJSzRYSVFUMkVBMFRNRy4u

For questions or concerns, contact Sandi at Sandi.Geer@ct.gov, or by cell, 203-509-478