

Building Meaningful Relationships

2020 - 2021 Healthy Relationships Series

***15 participants maximum registered for each class



This class is the first part of the Virtual Healthy Relationships Series.

In this class we will learn about different types of relationships, including romantic relationships. We will learn ways to make friends, and how people begin dating. We will also learn ways to stay safe when online.

Describe different types of relationships and the roles they play in people's lives:

- ✓ Assess whether a person is someone it's ok to have a romantic relationship with
- ✓ Discuss how to build trust within a relationship and what it takes to move from friends to romantic
- ✓ Discuss safe and appropriate online relationships partners
- ✓ Practice appropriate social conversations that help build friendships

Session Dates

Please select either Session 1 or Session 2 to attend.

Session 1

Monday, December 14, 2-3:30 p.m.

Tuesday, December 15, 2-3:30 p.m.

Thursday, December 17, 2-3:30 p.m.

Session 2

Thursday, January 21, 10-11:30 a.m.

Friday, January 22, 10-11:30 a.m.

Monday, January 25, 10-11:30 a.m.

Please complete the Referral Form to register.

Contact Sandi Geer at Sandi.Geer@ct.gov, or by cell, 203-509-4783, for more information.