

Connecticut's Fall Prevention Coalition
December 10, 2024

AGENDA

- Falls Free CT Survey Results
- New Falls Prevention Program Guide
- Steering Committee Member Introductions
- Steps to Safety Presentation
- March 2025 Steps to Safety Training
- Title III-D Funding Opportunity

INTRODUCTION

 The Falls Free CT coalition brings together falls prevention champions to take action to decrease the incidence of falls among older adults in Connecticut





SURVEY RESULTS

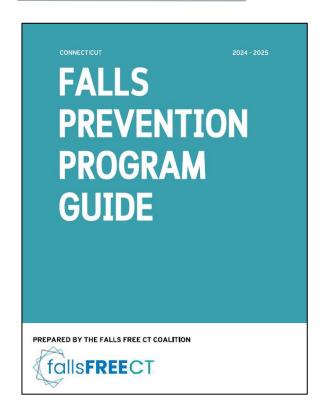
65 survey respondents

- Information provided was used to:
 - Develop working group topics
 - Create new program guide
 - Select steering committee members

WORKING GROUPS

- Community-Based Programming & Screenings
- Community Awareness & Education
- Data Collection & Surveillance
- Home Safety Modifications & Falls Prevention Technology
- Workforce Development & Training

PROGRAM GUIDE





NORTH CENTRAL CONNECTICUT NORTH CENTRAL CONNECTICUT A Matter of Balance The goal of this program is to reduce the fear of falling and improve physical activity levels among older adults. A Matter of Balance consists of eight two-Days and times TBD Central Connecticut Health District 2080 Silas Deane Highway Rocky Hill, CT 06067 Contact: Amy Emanuel, aemanuel@ccthd.org A free fall prevention program for adults 60+ years, but open to anyone. The Farmington Valley Health District partners with senior centers and libraries to offer multiple classes throughout our 10 towns. Classes last for 2 hours Schedule varies Monday - Thursday afternoons Farmington Valley Health District 95 River Road Canton, CT 06019 Contact: Amanda Hubbard, ahubbard@fvhd.org or 860-352-2333



STEERING COMMITTEE MEMBERS

- Robin Crogan-Ganley, Stamford Health
- Amy Emanuel, Central Connecticut Health District
- Debra Neeb, Danbury Hospital
- Eva Ng'ongolo, Johnson Memorial Hospital
- Nancy Perrotta, Hartford HealthCare Rehabilitation Network
- Odali Rodriguez, Wallingford Health Department
- Christy Ross, University of Hartford
- Renee King, Day Kimball Health
- Susan Yurasevecz, Connecticut Department of Public Health

STEPS TO SAFETY

Patrick Tourville, Simsbury Fire Department



FREE STEPS TO SAFETY TRAINING

Wednesday, March 19, 2025

9:00am – 3:00pm

55 Farmington Avenue, Hartford Registration link coming soon!

TITLE III-D FUNDING

 Funding for evidence-based health promotion programs is available through your local Area Agency on Aging

Area Agencies on Aging:

https://portal.ct.gov/aginganddisability/content-pages/topics-a-z/area-agencies-on-aging

Title III D Information:

https://acl.gov/programs/health-wellness/disease-prevention

2025 QUARTERLY MEETINGS

- Monday, March 10 at 1:00pm
- Tuesday, June 10 at 11:00am
- Monday, September 8 at 1:00pm
- Tuesday, December 9 at 11:00am



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THANK YOU!