

THE SCHOOL NURSE BULLETIN



VOLUME 14 ISSUE 1
April 2010

Stephanie G. Knutson, MSN, RN School Nurse Consultant



Special Points of Interest:

- 2009-10 Asthma Reporting Form
- CHR-1 and HAR-3 2010-11 Orders
- 2009-10 School Health Services Information Survey

STATE OF CONNECTICUT DEPARTMENT OF PUBLIC HEALTH

April 2010

Dear School Nurse Supervisor:

As the school year approaches its finish, I would like to take this opportunity to remind you of the deadlines for submitting your *Asthma Reporting Forms* for the current (2009-2010) school year.

Connecticut General Statute (CGS§ 10-206) requires that schools report to the Connecticut Department of Public Health on an annual basis, information on students with asthma. The deadline for individual school nurses to return their school's *Asthma Reporting Form: 2009-2010* to you is **September 15, 2010**. You should then complete the *Asthma Reporting Summary Form* and return it, along with each of the individual school *Asthma Reporting Forms*, to the Connecticut Department of Public Health by **September 30, 2010**. **Please note that while the deadline is September 30, 2010, nursing supervisors can submit the district's forms as soon as they are complete. We strongly encourage school districts to complete and submit their forms by the end of the 2009-2010 school year (June 2010).** The forms can be downloaded from our website <http://www.ct.gov/dph/asthma>. Click on Schools near the bottom of the page and then click on Asthma Reporting Forms.

We are sending you a reminder now because several school nurses mentioned the difficulty in filling out the forms in September with regards to accessing records from the previous school year. Therefore, we encourage you to remind your school nurses to fill out the forms and for you to submit these forms to the Department of Public Health by the end of the current school year.

Who and What to Report:

- Report only students for whom Health Assessments are required for the 2009-2010 school year (K or pre-K, grade 6 or 7, and grade 9 or 10). This was changed per 2008 Supplement to the General Statutes of Connecticut.
- Report any student in these grades whom you know to have asthma.
- The optional fields on the far right of the reporting form ("Part 1 #2: Child has asthma" and "Part 1 #7: Child has wheezing or coughing") refer to information reported by the parent on side one of the HAR-3.
- You DO NOT have to report transfer students in grades other than K or pre-K, 6 or 7, or 9 or 10.

Thank you for your cooperation in this important effort. If you have any questions or concerns, please do not hesitate to email me at Kimberly.nguyen@ct.gov or call (860) 509-8251.

Sincerely,
Kimberly Nguyen
Kimberly Nguyen, MS, MPH
Asthma Program





Ordering School Health Records for 2010-11

It is time to order Cumulative Health Records (CHR-1) and Health Assessment Records (HAR-3) for delivery in May and use in the 2010-11 school year. Each district must determine the number of CHR-1 and HAR-3 forms needed based on its student population and number of forms currently in stock. **Please order sufficient numbers to share with charter, private and parochial schools served by your district and with all health care provider offices in your community.** The Connecticut State Department of Education (CSDE) only distributes CHR and HAR forms to **public school districts.** **You are responsible for providing the health care providers in your community with forms.**

Please complete the order form below for your district and return it to Glenda Stuckey **before April 10, 2010.** **Please note:** We do not stock an excess of extra forms at the CSDE, therefore please order enough to cover your needs for one year. **Please remember your district needs to share its supply with appropriate medical practitioners and other schools in its community.** Orders will be sent to the school district at the end of May 2010.

Please print or type clearly and return by **April 10, 2010**, to Glenda Stuckey, Connecticut State Department of Education, 25 Industrial Park Road, Middletown, Connecticut, 06457 or by fax to 860-807-2127 or by e-mail to glenda.stuckey@ct.gov.

Contact Name: _____

District: _____

Mailing Address: _____

CHR-1 folders (Number of packets): _____
(50 folders per packet)

HAR-3 blue forms (Number of pads): _____
(100 blue forms per pad)



2009-10 School Health Services Information Survey

The Connecticut State Department of Education would again like to request your participation in the School Health Services Information Survey. Data collection for the 2009-10 academic year should be conducted during February and March. All surveys **MUST** be completed by June 30, 2010, to allow adequate time for data analysis.

All information needed to complete the survey may be found on the EDUCATION CONNECTION Web site at www.educationconnection.org. On the homepage you will see a list of links. The first link in the list is entitled "Professional Development and School Improvement." Please click that link. On the left side of the next page you will see a list of services provided. Follow the link to "Survey Services." At the bottom of the next page you will see a section entitled "Current Surveys." The survey listed is called the "SDE Health Services Survey." Please click that link and enter the SDE School Health Services Web page.

On that Web page, you will see instructions to complete the survey, a sample form for data collection by school nurses at the building level, the 2010 School Health Services Information Survey, and reports from the last years of data collection including the summary reports tracking trends over time. A list of all school districts in Connecticut and their school codes is also posted for your convenience.

Each School Nurse Coordinator/Supervisor will need to gather some of the data from each building and compile the information. As the coordinator/supervisor, you will be entering only the totals for your district into the School Health Services Information Survey.

I would like to thank you in advance for your participation in this important project. This annual report will be distributed to each school district and will provide useful information from a state and regional perspective. Please feel free to contact me at 860-807-2108 or Stephanie.Knutson@ct.gov if you have any questions.



Professional Development Opportunities

School Nurse Supervisor Conference: What Does Health Have to Do with Secondary Transition? Tuesday, June 8, 2010, at 8:00 a.m. to 3:30 p.m. Courtyard Marriott, Cromwell, Connecticut

Health impacts all aspects of life and therefore is a topic that should be addressed in planning for a student's transition from high school to adult life, including work, college, and independent living. Success in the classroom, within the community, and on the job requires that young people, especially youth with special health care needs (YSHCN), stay healthy. In order to do this, young people need to understand their health and how it impacts them as they transition to adult life, and to be able to participate in making decisions about their health care. At this workshop, school nurses and nursing supervisors will learn about the connection between health care and secondary transition and the role of school nurses in transition planning for YSHCN and youth with disabilities.

As a result of attending this conference, participants will:

- become familiar with the Medical Home Model, health literacy, and relevant legislation;
- gain additional knowledge about the transition needs of YSHCN and the health care needs of all transition students with IEPs and/or 504 Plans;
- become familiar with new initiatives and trends in the state; and
- network with other nursing supervisors.

Registration information is located on the State Education Resource Center (SERC) Web site at www.ctserc.org. Please direct questions regarding registration to Yolanta Garcia, Project Assistant, SERC at 860-632-1485, ext. 264, or gar-cia@ctserc.org.

Free Seminar on: Self Injurious Behaviors

When: April 14, 2010

Time: 4 p.m. - 6 p.m.

Where: Granby Board of Education, 15B North Granby Road, Granby, Connecticut 06035

Contact: Terri LeDuc at 860-844-3048 or nursewells@granby.k12.ct.us

STEPHANIE G. KNUTSON, MSN, RN SCHOOL NURSE CONSULTANT

Connecticut State Department of Education
Bureau of Health/Nutrition, Family Services
and Adult Education
25 Industrial Park Road, Middletown, CT

Phone: 860-807-2108

E-mail: stephanie.knutson@ct.gov

**...Keeping CT School Nurses
Informed and Involved!**

NASN 42nd Annual Conference Vision, Voice, Visibility: Charting the Course for A Health Future

The National Association of School Nurses (NASN) 42nd annual conference will be held in Chicago from June 29, 2010, to July 3, 2010. As usual, the NASN staff and leadership have brought together a terrific program of informative sessions and inspiring plenary speakers. What's more, this NASN 2010, will have brand-new features, such as the Opening Evening Welcome Ceremony, followed by an Exhibitors Reception.

Another exciting new addition to the Conference is the NASN 2010 Conference Online Web site. Registrants will be able to plan their days, make contact with other registrants via social networking, download conference abstracts and handouts, and obtain updated information up to, during, and even after the conference. Additional information about this event can be accessed at the NASN Web site at <http://www.nasn.org/Default.aspx?tabid=109>.

Conference Goals:

Through attending NASN 2010, as a school nurse you will be able to:

1. summarize the current research and evidence for school nursing practice;
2. describe ongoing efforts to promote health, prevent disease or disability in the school community;
3. suggest achievable partnerships to support healthy policies and programs; and
4. expand your professional network.

Nondiscrimination Statement

The State of Connecticut Department of Education is committed to a policy of equal opportunity/affirmative action for all qualified persons and does not discriminate in any employment practice, education program, or educational activity on the basis of race, color, national origin, sex, disability, age, religion or any other basis prohibited by Connecticut state and/or federal nondiscrimination laws. Inquiries regarding the Department of Education's nondiscrimination policies should be directed to the Affirmative Action Administrator, State of Connecticut Department of Education, 25 Industrial Park Road, Middletown, CT 06457-1543, 860-807-2071.