

School Nurse Bulletin

...Keeping Connecticut School Nurses Informed and Involved!



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Special Points of Interest:

- *New School Nurse Workshop—2009*
- *Nursing Supervisor Conference—2009*



New School Nurse Workshop- May 4th and May 6th, 2009

This is a two day workshop which provides an overview of state laws and regulations regarding school health. The program addresses standards of practice for school nurses, competencies, and supervisory issues. Finally, the program will present an overview of the school nurse's role in student achievement, special education and Section 504.

Time: 8:30a.m. — 3:30p.m. at The Rensselaer, Hartford, Connecticut.

Register online by **April 24, 2009** at:

http://www.registereastconn.org/io/course_view3.php?id=6206

Nursing Supervisor Conference - April 30, 2009

This activity will provide school nurse supervisors with information on state initiatives and trends in the state. Additionally, school nurse supervisors will have the opportunity to network with colleagues.

Guest Speaker: Jay Sicklick, JD, Deputy Director CCA; Director, Medical-Legal Partnership Project

Topic: Teenage Confidentiality and Adolescent Health: A Primer for School Nurses

Time: 8:30a.m. — 3:30p.m. at The Crowne Plaza, Cromwell, Connecticut.

Register online by **April 30, 2009** at:

http://www.registereastconn.org/io/course_view3.php?id=6207



REMINDERS



SCHOOL HEALTH SERVICES PERSONNEL UPDATE—2009

Please complete the attached form with updated information on your district's school health services personnel in order to ensure timely updates and mailings from the State Department of Education. Please return a fully completed form by April 30, 2009.

http://www.sde.ct.gov/sde/LIB/sde/pdf/deps/Student/Health/School_Health_Services_Personnel_Form.pdf

ORDERING SCHOOL HEALTH RECORDS FOR 2009/2010

It is time to order Cumulative Health Records (CHR-1) and Health Assessment Records (HAR-3) for delivery in May and use in the 2009-2010 school year. Please complete the attached order form below for your district and return it to Glenda Stuckey. Order forms can be accessed at the following link:

http://www.sde.ct.gov/sde/LIB/sde/pdf/deps/Student/Health/Order_Request09.pdf

PROFESSIONAL DEVELOPMENT OPPORTUNITIES

2009 Statewide Asthma Conference

The Department of Public Health Asthma Education Conference is being held on May 5, 2009. Pre-registration is required for this event and payment must be received by April 24, 2009 in order to complete registration. Please access the following link for brochure and registration information: http://www.ct.gov/dph/lib/dph/hems/asthma/pdf/final_brochure.pdf.

Conversation & Breakfast at the Capital

The Food & Fitness Program is sponsoring two conferences over the next several months. Both conferences are designed to gather input from a full range of stakeholders—people directly involved in implementing this project as well as others in the wider community who are interested and working on childhood obesity prevention programs and research. The first of these conferences “Conversation & Breakfast at the Capital” took place on January 14, 2009, in the Private Dining Room of the Legislative Office Building in Hartford, CT. The second conference will be held on **June 4, 2009**, as a feature of the annual Weitzman Symposium, which the Community Health Center, Inc. is sponsoring at Wesleyan University in Middletown, CT. The Consultation Center at Yale is working collaboratively with school personnel, curriculum developers, and Community Health Center, Inc. staff on a participatory and collaborative evaluation process. Together we are gathering data that will inform judgments about the overall effectiveness of the Food & Fitness Program, the strengths and weaknesses of each of the four curricula, lessons learned and recommendations for future implementations. Since it is important to assess the effects of the program at multiple levels, a variety of data are being collected. Principals completed a school needs assessment, student physical activity levels at recess and in physical education classes have been observed, teachers who will be implementing the curricula rated how comfortable they were with teaching nutrition and physical activity classes, and children in all grades completed a survey of their everyday eating and physical activity habits. This data will be recollected at the conclusion of the implementation and examined for changes.

Thursday, June 4, 2009
WEITZMAN SYMPOSIUM
Wesleyan University, Middletown, CT

IN THE NEWS...

Public Schools Choice

The State Department of Education’s annual public school choice publication is now available online by accessing the following Web site: <http://www.sde.ct.gov/sde/lib/sde/pdf/equity/choice/choicebooklet0910.pdf>.

Public School Choice in Connecticut 2009-10: A Guide for Students and Their Families details specialized educational programs that enable students to take advantage of additional public school options. Connecticut’s public school choice programs are designed to create an educational environment that responds to students’ interests, celebrates cultural and ethnic diversity, fosters student achievement and prepares students for postsecondary education and careers in selected areas. These programs target specific educational themes, supplementing students’ educational experiences at all grade levels. Parents are encouraged to become actively involved in the educational choices available in Connecticut and determine the program most appropriate for the interests, needs and abilities of their children. This publication offers program and contact information for all of the state’s public school choice programs.

Parents or students in the Sheff v. O’Neill region who are interested in attending a magnet school, a technical high school or a regional agricultural science and technology education center in the region or the Open Choice program should contact the Regional School Choice Office at 860-757-6188 or visit their Web site at www.choiceeducation.org.

IN THE NEWS, CONT'D...

American Recovery and Reinvestment Act

The Commissioner of Education recently met with the Superintendents of Schools to provide an overview of the funds that Connecticut will receive through the American Recovery and Reinvestment Act (ARRA) stimulus package and shared the Connecticut State Department of Education's (CSDE) recommendations for the use of those funds.

The handouts from this meeting are available online at <http://www.sde.ct.gov/sde/cwp/view.asp?a=2683&O=322286> . You may also locate this information by going to CSDE's website www.ct.gov/sde and looking under "Commissioner's Update."

Please see the handout relative to funds disseminated under **Title IA Education of the Disadvantaged** under category "Increased Capacity." One of the CSDE's recommendations refers explicitly to "Implementing a Coordinated Approach to School Health in a Title I school-wide program that includes the implementation of the CSDE approved School Wellness Policies."

Your ideas regarding the use of these funds to support Coordinated School Health should be shared with your superintendent. If schools are already implementing a coordinated approach to school health, this is an opportunity to highlight policy implementation and programmatic successes to your local school district administrators. Submit a proposal to your superintendent to expand implementation of policy, programs and services. If a coordinated approach to school health has never been implemented, this is an opportunity to get started. CSDE's *Guidelines for a Coordinated Approach to School Health* may be downloaded at www.ct.gov/sde/healthyconneCTions for implementation recommendations. Within the next few weeks an application process will be issued by the Department. We will forward additional information as it becomes available.

School-Based Emergency Preparedness - A National Analysis and Recommended Protocol - AHRQ - March 11

Despite important advances in our country's ability to respond effectively to public health emergencies, there continues to be inadequate development of pediatric protocols that could be implemented by the local, State, and Federal agencies charged with preparation and consequence management. Children differ from adults in many ways that are of great importance in building public health emergency response plans. This publication describes to readers a practical approach to creating a school-based all-hazards emergency response plan from the national literature in combination with "lessons learned" in the field. Please access the following link to review this publication: <http://www.ahrq.gov/prep/schoolprep/>.

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**...Keeping CT School Nurses
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We're on the Web!

<http://www.sde.ct.gov/sde/cwp/view.asp?a=2678&q=320768>

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