



THE SCHOOL NURSE BULLETIN

NOVEMBER 2019

Stephanie Knutson, Ed.D, MSN, RN
School Health Administration
School Nursing and School Health



Connecticut State Department of Education (CSDE)

presents

New School Nurse Workshop

Tuesday, December 3, 2019

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Wednesday, December 4, 2019

8:30 a.m. – 2:30 p.m.

Red Lion Hotel, Cromwell

100 Berlin Road, Cromwell, CT 06416

Presented by: Dr. Stephanie Knutson, Education Consultant, CSDE & Other CT School Nurses

This professional learning opportunity, designed specifically for school nurses, will provide an overview of legal requirements, standards of practice and competencies for school nurses, supervisory issues, and the school nurse's role in student achievement, special education, and academic success.

Participants will learn state laws and regulations regarding school health; state mandates for immunizations, health assessments, and screenings; documentation in school health services; special education and Section 504; and academic achievement issues related to school health.

Audience: School nurses, school nurse supervisors, directors of special education/pupil services, school medical advisors, and other school staff

Cost: \$250.00 per person (Includes light breakfast and lunch)

!! Register Here !!

<https://ctnurses.org/event-3561298>

Questions: Please call 203-238-1207 x 1 or email Virginia@ctnurses.org



Connecticut Nurses' Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation

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Seasonal Influenza (Flu)

What is the Flu?

Influenza (the Flu) is a contagious respiratory illness caused by the influenza viruses that infect the nose, throat, and sometimes the lungs. It can cause mild to severe illness, and at times can lead to death.

How Do I Get the Flu?

The first and most important step in preventing flu is to get a flu vaccine each year! Most experts believe that flu viruses spread mainly by tiny droplets made when people with flu cough, sneeze or talk. These droplets can land in the mouths or noses of people who are nearby. Less often, a person might get flu by touching a surface or object that has flu virus on it and then touching their own mouth, nose or possibly their eyes.

To protect yourself, and others, from the flu it's important to:

- Cover your coughs and sneezes with a tissue (be sure to throw away any used tissues)
- Cough or sneeze into your elbow
- Wash your hands often

For additional information regarding the flu, please go to the State Department of Public Health's website at <https://portal.ct.gov/DPH/Communications/Pandemic-Influenza/Seasonal-Flu> or the Centers for Disease Control and Prevention website at <https://www.cdc.gov/flu/about/index.html>

Oral Health Assessments

State Law:

State law requires that each local board of education request that an oral health assessment be conducted prior to public school enrollment, in either grade six or grade seven, and in either grade nine or grade ten (Public Act No. 18-168). The specific grade levels will be determined by the local board of education. The oral health assessment shall include a dental examination by a dentist or a visual screening and risk assessment for oral health conditions by a dental hygienist, or by a legally qualified practitioner of medicine, physician assistant or advanced practice registered nurse who has been trained in conducting an oral health assessment as part of a training program approved by the Commissioner of Public Health.

Training Curriculum:

The Commissioner of Public Health's approved training program is listed below. The courses are available online, at no cost, and continuing education credit is available.

Smiles for Life Program:

- Course 1: Oral to Systemic Health
- Course 2: Child Oral Health
- Course 6: Caries Risk Assessment, Fluoride Varnish and Counseling
- Course 7: The Oral Examination

These courses may be accessed on the [Smiles for Life](https://www.smilesforlifeoralhealth.org/buildcontent.aspx?tut=555&pagekey=62948&cbreceipt=0) website at <https://www.smilesforlifeoralhealth.org/buildcontent.aspx?tut=555&pagekey=62948&cbreceipt=0>

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